

  Premiership		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	11	25	0	24	0	25	0	25	21	25	0	25	25	0	25	25	25	0	175
2	James Henderson	9	0	0	23	0	0	0	0	24	24	0	24	24	24	24	24	24	0	168
3	Shane Reading	10	0	24	0	0	24	25	24	23	24	0	22	0	23	23	23	0	0	167
4	Brett Spivey	17	20	21	16	24	22	24	23	19	22	24	21	23	22	22	22	23	25	166
5	William Wall	8	0	0	22	0	24	0	0	25	0	25	15	0	20	0	21	17	0	154
6	Chris Tattersall	7	23	23	20	23	21	0	0	18	20	0	0	0	0	0	0	0	0	148
7	Andrew Rogers	7	22	0	21	0	0	0	0	20	0	0	20	22	21	0	20	0	0	146
8	Luke Lawson-Healey	6	24	25	25	25	0	0	0	0	0	0	0	0	25	0	18	0	0	142
8	Bernard Goodwin	12	0	17	13	19	20	23	0	15	19	21	17	0	16	0	12	0	23	142
10	Wesley Henshaw	7	19	0	19	22	0	0	0	17	21	23	0	0	0	0	17	0	0	138
11	Adrian Brown	10	17	19	14	18	19	0	0	0	0	22	18	0	17	0	13	0	24	137
12	Maisie Wainwright	7	21	22	17	0	0	0	0	0	0	0	0	0	18	21	16	20	0	135
13	Francois Clavaud	7	18	20	15	0	18	0	0	16	0	0	0	0	0	0	19	21	0	127
14	James Moulton	8	15	18	12	20	0	0	0	0	0	0	16	0	19	0	14	18	0	120
15	Martin Thompson	5	0	0	18	21	0	0	0	22	0	0	23	0	0	0	0	22	0	106
16	Jack Millar	3	0	0	0	0	0	0	0	0	0	0	19	0	0	0	15	19	0	53
17	Sarah Tomassi	3	16	16	0	0	17	0	0	0	0	0	0	0	0	0	0	0	0	49
18	Jarrold Gritt	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Mark Duncan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Denwentwater 10 Mile	Total (Best 7 Races To Count)
1	Elliot Stone	17	25	24	25	25	24	25	25	19	24	25	25	25	25	25	25	25	25	175
2	Barry Greaves	8	0	21	0	0	23	24	24	0	25	0	19	0	24	24	0	0	0	165
3	Lee Earnshaw	7	22	0	0	0	22	23	0	0	0	0	24	24	23	0	0	0	24	162
3	Neil Brock	12	23	0	23	16	20	22	23	0	22	23	23	0	22	23	24	0	0	162
5	Andrew Ingham	14	21	18	21	22	20	21	0	24	23	22	22	23	21	0	23	24	0	161
6	Edward Grimley	7	24	25	0	0	25	0	0	25	0	24	0	0	15	0	0	20	0	158
7	John Fay	11	0	19	22	20	17	0	0	23	20	21	0	0	19	0	21	19	20	147
8	Mark Phelan	8	0	0	0	21	16	0	0	22	21	20	20	0	0	0	20	21	0	145
9	Dave Peart	12	18	17	0	18	0	0	22	21	19	18	18	22	16	20	0	18	0	140
10	Andy Hall	8	0	20	0	14	0	0	0	0	0	0	17	0	20	22	22	17	21	139
11	Oliver Pozegic	6	0	22	0	19	21	0	0	0	0	0	21	0	0	0	0	22	22	127
12	Adam Stirling	5	20	0	0	23	18	0	0	0	0	0	0	0	17	21	0	0	0	99
13	Mark Baxendale	4	19	0	0	17	0	0	0	0	0	0	0	0	18	0	0	0	19	73
14	Carl O'Callaghan	3	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	23	23	70
15	Ryan Frost	3	0	23	24	0	0	0	0	20	0	0	0	0	0	0	0	0	0	67
16	Janet Jobey	2	0	0	0	15	0	0	0	0	0	0	0	0	0	0	0	16	0	31
17	David Emanuel	1	0	0	0	0	0	0	0	0	0	19	0	0	0	0	0	0	0	19
18	Anthony Rogers	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	16	0	16

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 1

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rochelle Reading	10	0	24	0	0	24	25	25	25	25	0	24	0	24	25	25	0	0	174
2	Gail Shaw	11	24	0	25	25	25	24	24	0	24	25	23	0	0	24	24	0	0	172
3	Gary Smith	13	0	22	22	0	0	22	22	22	23	21	20	23	21	23	0	25	24	162
4	Mark Heaney	7	0	0	0	0	0	23	0	0	22	24	22	0	23	0	22	0	25	161
5	Jonathan Green	7	23	0	23	0	23	0	0	24	0	0	21	24	22	0	0	0	0	160
6	Bernard Cassidy	8	22	23	0	0	21	21	23	21	0	0	19	0	0	0	0	0	23	154
7	Trish Callan	6	25	25	0	0	0	0	0	23	0	23	0	25	0	0	23	0	0	144
8	Simon Howard	2	0	0	0	0	22	0	0	0	0	22	0	0	0	0	0	0	0	44
9	Bryan Lawton	1	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	0	0	25
9	Damien Finn	1	0	0	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	25
11	Bryony Rogers	1	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
11	Colin Green	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
13	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

  Group 2		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Warren Siddall	9	0	25	25	25	25	0	25	25	25	25	25	0	0	0	0	0	0	175
2	Suzanne Darke	11	25	24	0	24	24	25	0	24	0	24	24	25	0	0	25	0	25	173
3	Gareth McCaffery	7	0	0	0	23	0	24	0	21	0	23	22	0	0	25	24	0	0	162
4	Matthew Cartner	4	24	0	0	0	0	0	0	22	24	0	21	0	0	0	0	0	0	91
5	Kirsty Agnew	3	23	0	0	0	23	0	0	0	0	0	0	0	0	0	0	24	0	70
6	Richard Dowd	2	0	0	0	0	0	0	0	23	0	0	23	0	0	0	0	0	0	46
7	Chris Nicholson	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	0	25
8	Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Jason Keast	13	24	0	0	25	24	25	0	25	25	24	20	25	23	25	24	0	21	174
2	Andy Chadwick	7	0	0	0	0	0	0	0	19	0	23	23	0	24	24	25	0	25	163
3	Stephen Rogowskyj	11	18	24	0	0	23	0	0	23	24	21	21	0	22	22	23	0	22	161
4	Nicky Hall	10	0	23	0	0	21	0	0	18	23	0	19	0	21	19	22	24	20	154
5	Dave Watt	6	22	0	0	24	25	0	0	0	0	25	25	0	25	0	0	0	0	146
6	Owen Flage	5	19	0	0	0	22	0	0	20	0	22	0	0	0	18	0	0	0	101
7	Anne Marie Lord	4	0	0	0	0	0	0	0	21	0	0	22	0	0	23	0	25	0	91
8	James Wright	4	20	0	0	0	0	0	0	22	0	0	0	0	0	21	0	0	24	87
9	Karen Price	3	21	0	25	0	0	0	0	0	0	20	0	0	0	0	0	0	0	66
10	Ray Williams	2	0	0	0	0	0	0	0	24	0	0	24	0	0	0	0	0	0	48
10	Mark Foran	2	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23	48
12	Katherine Brierley	2	0	0	0	0	0	0	0	17	0	0	0	0	0	21	0	0	0	38
13	Jillian Hickson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
14	Andrew Naismith	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
15	Kevin Hutchings	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

[illegible]

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 5

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Dave Bardsley	12	19	24	23	0	25	0	0	25	25	0	0	20	25	25	24	25	24	174
1	Martina Naismith	14	23	25	0	25	0	25	25	23	24	24	25	25	24	24	0	24	23	174
3	Rachel Chadwick	8	24	0	0	0	0	21	23	24	0	25	0	24	0	0	25	0	25	170
4	Sharon Dracup	7	25	0	0	0	0	0	0	0	23	24	23	21	23	23	0	0	0	162
5	Billie Chamberlain	11	21	0	0	24	23	24	24	22	0	22	0	22	22	0	22	0	22	161
6	Howard Mills	8	20	0	25	0	24	22	22	20	0	0	0	0	23	0	0	23	0	159
7	Elaine Brown	8	22	0	24	22	22	23	21	0	0	21	0	0	0	0	21	0	0	155
8	Karen Jones	5	0	23	22	23	0	0	0	0	0	0	0	21	0	0	20	0	0	109
9	Susan Heaney	4	0	0	0	0	0	0	0	23	20	22	0	0	0	0	0	0	21	86
10	Paul Cooke	3	0	0	0	0	21	0	0	21	0	0	23	0	0	0	0	0	0	65
11	Joanne Lawton	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
12	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 6

		No of Races Completed	England Athletics																	
			Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Angela Rogowskyj	10	23	22	0	0	24	0	0	24	25	24	25	0	0	25	25	0	23	172
2	Natali Brown	7	24	25	25	20	0	0	0	0	22	0	0	0	0	24	0	25	165	
3	Bernadette Ball	8	0	20	0	0	0	24	0	22	24	20	24	0	0	24	0	0	24	162
4	Samantha Tattersall	8	21	21	0	24	0	0	0	23	22	22	0	0	23	0	0	25	0	160
5	David Phillips	6	0	0	0	25	25	25	25	25	0	0	0	0	24	0	0	0	0	149
6	Lisa Wilson	6	0	24	0	22	0	0	24	0	23	23	23	0	0	0	0	0	0	139
7	Ronnie Quinn	6	22	23	0	19	22	0	0	0	0	19	0	0	22	0	0	0	0	127
8	Alison Royle	4	25	0	0	0	23	0	0	0	0	25	0	0	25	0	0	0	0	98
9	Liz Phillips-Rennie	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
10	Peter Boulton	1	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21
11	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 7

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	June Allingan	9	25	25	0	0	24	0	0	23	24	23	24	0	0	0	0	25	25	172
2	Stacey Douglas	8	24	25	0	25	23	25	0	24	0	0	0	0	24	0	24	0	0	171
3	Sharon Leach	6	0	0	0	0	25	0	0	25	25	25	0	0	25	0	25	0	0	150
4	Sarah Fitton	1	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	0	0	25
5	Nikki Forster	1	0	0	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	24
6	Dave Leyland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group TBC

No of Races Completed

3	Darren Gallagher	1
3	Annabelle Murphy	1
2	Richard Douglas	2
5	Chris Eavers	1
7	Alison Parkinson	0
1	Andrew Schofield	3
5	James Bowling	1
7	Neil Ogden	0
7	Rob Griffin	0
7	Steve Goddard	0



		No of Races Completed	Ladies																	Total (Best 7 Races To Count)
			Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	
1	Maisie Wainwright	7	50	50	50	0	0	0	0	0	0	0	0	0	50	50	50	50	0	350
2	Rochelle Reading	10	0	47	0	0	48	50	50	50	50	0	50	0	49	49	49	0	0	348
3	Gail Shaw	11	47	0	49	50	49	49	49	0	49	50	49	0	0	48	48	0	0	345
4	Suzanne Darke	11	46	46	0	49	47	48	0	48	0	48	48	49	0	0	46	0	50	340
5	Claire Timms	14	43	0	46	48	45	0	48	45	48	47	46	47	48	44	37	0	43	332
6	Martina Naismith	14	39	43	0	46	0	47	47	42	47	43	43	46	45	43	0	47	46	326
7	Sam Wright	7	0	0	0	0	0	0	0	46	0	44	45	48	47	45	0	0	49	324
8	Amanda Richardson	12	42	44	45	0	44	0	0	0	46	42	44	44	46	41	44	0	47	316
9	Rachel Chadwick	8	40	0	0	0	0	43	45	44	0	45	0	45	0	0	45	0	48	315
10	Billie Chamberlain	11	37	0	0	45	43	46	46	41	0	40	0	41	43	0	41	0	41	305
10	Nicky Hall	10	0	42	0	0	42	0	0	43	45	0	42	0	41	40	38	46	45	305
12	Sharon Dracup	7	41	0	0	0	0	0	0	0	0	41	41	43	42	42	42	0	0	292
13	Elaine Brown	8	38	0	43	41	41	44	44	0	0	39	0	0	0	0	39	0	0	291
13	Trish Callan	6	48	48	0	0	0	0	0	49	0	49	0	50	0	0	47	0	0	291
15	Diane Johnson	7	0	0	0	42	40	0	0	0	0	35	40	42	44	0	0	0	44	287
16	Angela Rogowskyj	10	34	39	0	0	39	0	0	37	43	37	39	0	0	39	36	0	38	274
17	Bernadette Ball	8	0	36	0	0	0	42	0	35	41	29	36	0	0	38	0	0	39	267
18	Samantha Tattersall	8	32	37	0	40	0	0	0	36	39	31	0	0	38	0	0	44	0	266
19	Natali Brown	7	35	41	42	37	0	0	0	0	0	31	0	0	0	0	34	0	42	262
20	June Allingan	9	31	35	0	0	36	0	0	33	38	28	34	0	0	0	0	43	37	256
21	Bryony Jones	6	0	0	44	44	0	45	0	39	0	0	0	40	0	0	40	0	0	252
22	Stacey Douglas	8	30	35	0	36	35	41	0	34	0	0	0	0	37	0	33	0	0	251
23	Sharon Leach	6	0	0	0	0	37	0	0	38	44	36	0	0	39	0	43	0	0	237
24	Lisa Wilson	6	0	40	0	38	0	0	43	0	40	33	35	0	0	0	0	0	0	229
25	Karen Jones	5	0	38	41	44	0	0	0	0	0	0	0	39	0	0	35	0	0	197
26	Anne Marie Lord	4	0	0	0	0	0	0	0	47	0	0	47	0	0	47	0	49	0	190
27	Alison Royle	4	36	0	0	0	38													

30	Karen Price	3	45	0	47	0	0	0	0	0	0	0	46	0	0	0	0	0	0	138
31	Kirsty Agnew	3	44	0	0	0	46	0	0	0	0	0	0	0	0	0	0	46	0	136
32	Janet Jobey	2	0	0	0	47	0	0	0	0	0	0	0	0	0	0	0	48	0	95
33	Katherine Brierley	2	0	0	0	0	0	0	0	40	0	0	0	0	0	46	0	0	0	86
34	Bryony Rogers	1	0	0	48	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
35	Jillian Hickson	1	0	45	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
36	Liz Phillips-Rennie	1	0	0	0	39	0	0	0	0	0	0	0	0	0	0	0	0	0	39
37	Sarah Fitton	1	0	0	0	0	0	0	0	0	0	0	38	0	0	0	0	0	0	38
38	Nikki Forster	1	0	0	0	0	0	0	0	0	0	34	0	0	0	0	0	0	0	34
39	Joanne Lawton	1	33	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	33
40	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
40	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

																				
<u>Male over 35's</u>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	11	25	0	25	0	25	0	25	25	25	0	25	25	0	25	25	25	0	175
2	Wesley Henshaw	7	24	0	24	25	0	0	0	24	24	25	0	0	0	0	24	0	0	170
3	Andrew Ingham	14	22	24	23	23	23	25	0	22	23	23	24	24	25	0	23	24	0	169
4	Edward Grimley	7	23	25	0	0	24	0	0	23	0	24	0	0	22	0	0	23	0	164
5	Andy Chadwick	7	0	0	0	0	0	0	0	21	0	22	23	0	23	23	22	0	25	159
6	Adam Stirling	5	21	0	0	24	22	0	0	0	0	0	0	0	24	24	0	0	0	115
7	Matthew Cartner	4	20	0	0	0	0	0	0	20	22	0	22	0	0	0	0	0	0	84

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 40's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow 5K	Great Manchester Half	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Brett Spivey	17	24	24	23	25	25	25	25	24	25	25	24	25	25	25	25	25	25	175
2	Chris Tattersall	7	25	25	25	24	24	0	0	23	24	0	0	0	0	0	0	0	0	170
3	Adrian Brown	10	23	23	22	22	23	0	0	0	0	24	23	0	24	0	24	0	24	165
4	John Fay	11	0	22	21	21	22	0	0	22	23	23	0	0	23	0	23	23	23	160
5	Gareth McCaffery	7	0	0	0	20	0	24	0	21	0	22	22	0	0	24	22	0	0	155
6	Martin Thompson	5	0	0	24	23	0	0	0	25	0	0	25	0	0	0	0	24	0	121

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	James Henderson	9	0	0	25	0	0	0	0	24	25	0	25	25	25	25	25	25	0	175
2	William Wall	8	0	0	24	0	25	0	0	25	0	25	23	0	24	0	24	24	0	171
3	Dave Bardsley	12	23	25	22	0	22	0	0	22	24	0	0	23	21	24	23	22	25	167
4	Jonathan Green	7	25	0	23	0	24	0	0	23	0	0	24	24	22	0	0	0	0	165
5	Dave Watt	6	24	0	0	25	23	0	0	0	0	24	22	0	23	0	0	0	0	141
6	Richard Douglas	2	0	0	0	0	0	0	0	0	0	0	0	0	20	0	22	0	0	42
7	Chris Nicholson	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23	0	23
8	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Mark Duncan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Male over 50's																	
			Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Shane Reading	10	0	25	0	0	25	25	25	25	25	0	25	0	25	25	25	0	0	175
2	Elliot Stone	17	24	24	24	25	24	24	24	23	24	25	23	24	23	24	23	25	25	172
3	Andrew Rogers	7	25	0	25	0	0	0	0	24	0	0	24	25	24	0	24	0	0	171
4	Lee Earnshaw	7	23	0	0	0	22	23	0	0	0	0	22	23	22	0	0	0	24	159
5	Andy Hall	8	0	23	0	21	0	0	0	0	0	0	20	0	21	23	22	23	22	155
6	Owen Flage	5	18	0	0	0	20	0	0	20	0	23	0	0	0	21	0	0	0	102
7	Mark Baxendale	4	22	0	0	22	0	0	0	0	0	0	0	0	20	0	0	0	21	85
8	James Wright	4	19	0	0	0	0	0	0	22	0	0	0	0	0	22	0	0	20	83
9	Carl O'Callaghan	3	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	24	23	71
10	Simon Howard	2	0	0	0	0	21	0	0	0	0	24	0	0	0	0	0	0	0	45
11	Richard Dowd	2	0	0	0	0	0	0	0	21	0	0	21	0	0	0	0	0	0	42
12	Mark Foran	2	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19	40
13	Darren Gallagher	1	0	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	23
13	Colin Green	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
15	Anthony Rogers	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22	0	22
16	Andrew Naismith	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernard Goodwin	12	0	25	25	25	25	25	0	25	25	25	25	0	25	0	24	0	25	175
2	Mark Phelan	8	0	0	0	24	24	0	0	24	23	24	24	0	0	0	25	25	0	170
3	Dave Peart	12	25	23	0	23	0	0	24	21	21	22	21	25	23	25	0	24	0	169
4	Warren Siddall	9	0	24	24	22	23	0	25	23	22	23	22	0	0	0	0	0	0	164
4	Jason Keast	13	24	0	0	21	22	23	0	20	20	21	19	24	22	24	23	0	24	164
6	Andrew Schofield	3	0	0	0	0	0	24	0	22	24	0	0	0	0	0	0	0	0	70
7	Paul Cooke	3	0	0	0	0	21	0	0	18	0	0	18	0	0	0	0	0	0	57
8	Ray Williams	2	0	0	0	0	0	0	0	19	0	0	20	0	0	0	0	0	0	39
9	Damien Finn	1	0	0	0	0	0	0	0	0	0	0	0	0	24	0	0	0	0	24
10	Bryan Lawton	1	0	0	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	23
11	Dave Leyland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Kevin Hutchings	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Rob Griffin	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Neil Brock	12	25	0	25	25	25	25	25	0	25	25	25	0	25	25	25	0	0	175
2	Gary Smith	13	0	25	24	0	0	24	24	24	24	22	24	25	24	24	0	25	25	172
3	Stephen Rogowskyj	11	24	24	0	0	24	0	0	25	23	23	23	0	23	23	24	0	24	168
4	David Emanuel	1	0	0	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	24
5	Neil Ogden	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 65's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Barry Greaves	8	0	25	0	0	25	25	25	0	25	0	25	0	25	25	0	0	0	175
2	Mark Heaney	7	0	0	0	0	0	24	0	0	24	25	24	0	24	0	25	0	25	171
3	Bernard Cassidy	8	25	24	0	0	24	23	24	25	0	0	23	0	0	0	0	0	24	169
4	Ian Floyd	7	0	0	0	0	23	22	0	24	23	24	22	0	23	0	0	0	0	161
5	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Howard Mills	8	25	0	25	0	25	25	25	25	0	0	0	0	25	0	0	25	0	175
2	Ronnie Quinn	6	24	25	0	25	24	0	0	0	0	25	0	0	24	0	0	0	0	147
3	Chris Eavers	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25	25
4	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

 		Male over 75's																		
		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Peter Boulton	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

  <u>Male over 80's</u>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	David Phillips	6	0	0	0	25	25	25	25	25	0	0	0	0	25	0	0	0	0	150

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 35's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Billie Chamberlain	11	24	0	0	25	25	25	25	24	0	24	0	24	25	0	24	0	25	174
2	Samantha Tattersall	8	23	23	0	24	0	0	0	23	24	22	0	0	24	0	0	25	0	166
3	Stacey Douglas	8	22	22	0	22	24	24	0	22	0	0	0	0	23	0	23	0	0	160
4	Trish Callan	6	25	25	0	0	0	0	0	25	0	25	0	25	0	0	25	0	0	150
5	Lisa Wilson	6	0	24	0	23	0	0	24	0	25	23	25	0	0	0	0	0	0	144

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rachel Chadwick	8	23	0	0	0	0	25	25	25	0	25	0	25	0	0	25	0	25	175
2	Natali Brown	7	22	24	25	25	0	0	0	0	0	24	0	0	0	0	24	0	24	168
3	Sarah Tomassi	3	25	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	75
4	Kirsty Agnew	3	24	0	0	0	24	0	0	0	0	0	0	0	0	0	0	25	0	73
5	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's




Female over 45's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Claire Timms	14	24	0	24	25	25	0	25	25	25	25	25	25	25	25	0	25	175	
2	Karen Jones	5	0	24	23	24	0	0	0	0	0	0	0	24	0	0	24	0	0	119
3	Karen Price	3	25	0	25	0	0	0	0	0	0	24	0	0	0	0	0	0	0	74
4	Jillian Hickson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
5	Liz Phillips-Rennie	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
6	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rochelle Reading	10	0	25	0	0	25	25	25	25	25	0	25	0	25	25	25	0	0	175
2	Suzanne Darke	11	25	24	0	25	24	24	0	24	0	25	24	25	0	0	24	0	25	173
3	Sam Wright	7	0	0	0	0	0	0	0	23	0	24	23	24	24	23	0	0	24	165
3	Martina Naismith	14	24	23	0	23	0	23	24	21	24	23	22	23	23	22	0	24	23	165
5	Nicky Hall	10	0	22	0	0	23	0	0	22	23	0	21	0	22	21	22	23	22	157
6	Sharon Leach	6	0	0	0	0	21	0	0	19	22	21	0	0	20	0	23	0	0	126
7	Alison Royle	4	23	0	0	0	22	0	0	0	0	22	0	0	21	0	0	0	0	88
8	Janet Jobey	2	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	25	0	49
9	Katherine Brierley	2	0	0	0	0	0	0	0	20	0	0	0	0	0	24	0	0	0	44
10	Nikki Forster	1	0	0	0	0	0	0	0	0	0	20	0	0	0	0	0	0	0	20
11	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Amanda Richardson	12	25	25	25	0	25	0	0	0	25	25	24	25	25	24	25	0	25	175
2	Angela Rogowskyj	10	24	24	0	0	24	0	0	24	24	24	23	0	0	23	24	0	24	168
3	Anne Marie Lord	4	0	0	0	0	0	0	0	25	0	0	25	0	0	25	0	25	0	100
4	Joanne Lawton	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
5	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	11	25	0	25	25	25	25	25	0	25	25	25	0	0	25	25	0	0	175
2	Sharon Dracup	7	24	0	0	0	0	0	0	0	0	24	24	25	25	24	24	0	0	170
3	Elaine Brown	8	23	0	24	24	24	24	24	0	0	23	0	0	0	0	23	0	0	166
4	Susan Heaney	4	0	0	0	0	0	0	0	0	24	22	23	0	0	0	0	0	25	94
5	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Diane Johnson	7	0	0	0	25	25	0	0	0	0	25	25	25	25	0	0	0	25	175

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

  <u>Female over 70's</u>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernadette Ball	8	0	25	0	0	0	25	0	25	25	25	25	0	0	25	0	0	25	175
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

  <u>Female over 80's</u>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	Track 5K No 2	NWC Road Relays	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	June Allingan	9	25	25	0	0	25	0	0	25	25	25	25	0	0	0	0	25	25	175
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)