



Premiership

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	7	0	25	25	0	25	25	25	25	25	0	0	0	0	0	0	0	0	175
2	James Henderson	7	24	23	0	23	23	0	0	0	24	0	0	25	25	0	0	0	0	167
3	Shane Reading	8	23	21	24	0	0	0	24	0	20	0	0	21	24	23	0	0	0	160
4	Luke Lawson-Healey	7	21	20	0	19	0	24	0	0	0	25	0	24	0	24	0	0	0	157
5	Brett Spivey	9	17	0	0	22	19	22	0	23	19	0	23	0	21	22	0	0	0	152
6	Andrew Rogers	7	0	16	22	0	20	23	23	0	22	0	24	0	0	0	0	0	0	150
7	Adrian Brown	9	18	17	21	20	16	0	0	0	0	24	22	18	18	0	0	0	0	141
8	William Wall	6	22	0	0	0	24	0	0	0	23	0	25	23	22	0	0	0	0	139
9	Chris Tattersall	7	0	18	0	0	18	0	22	24	18	0	0	19	19	0	0	0	0	138
10	Martin Thompson	6	19	0	0	0	22	20	0	0	21	0	0	20	23	0	0	0	0	125
11	Wesley Henshaw	6	0	19	23	21	17	21	0	0	0	0	0	0	20	0	0	0	0	121
12	Jarrold Gritt	4	25	24	0	25	0	0	0	0	0	0	0	0	0	25	0	0	0	99
13	Paul Timms	4	0	22	0	24	21	0	0	0	0	0	0	22	0	0	0	0	0	89
14	Mathew Reeves	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
15	Tony Morris	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernard Goodwin	10	25	23	0	25	0	0	25	0	25	25	25	24	24	23	0	0	0	174
2	Maisie Wainwright	8	23	0	0	22	0	24	21	0	0	23	0	23	25	24	0	0	0	164
3	Mark Duncan	10	24	25	0	19	23	0	24	24	20	19	21	21	0	0	0	0	0	162
4	Elliot Stone	9	21	22	25	24	0	0	23	0	0	21	23	0	18	22	0	0	0	160
5	John Fay	10	19	19	21	0	21	25	19	0	0	22	22	18	0	21	0	0	0	151
6	Neil Brock	9	17	8	23	17	0	23	16	23	19	20	0	0	0	0	0	0	0	142
7	Dave Peart	9	9	21	24	20	16	21	0	21	0	14	17	0	0	0	0	0	0	140
7	Andy Hall	13	15	10	17	15	24	0	18	20	16	18	18	17	22	20	0	0	0	140
9	Oliver Pozegic	7	20	15	0	23	20	0	15	22	0	0	0	0	19	0	0	0	0	134
9	Lee Earnshaw	7	12	14	22	0	22	0	0	0	21	0	0	20	23	0	0	0	0	134
11	James Moulton	6	18	24	0	0	0	19	0	0	0	24	0	19	0	25	0	0	0	129
12	Barry Greaves	6	0	20	0	0	25	0	0	25	0	0	20	22	15	0	0	0	0	127
12	Mark Phelan	11	10	11	18	0	18	0	0	18	18	16	19	14	13	20	0	0	0	127
14	David Emanuel	9	16	14	19	21	19	0	13	19	14	0	0	0	12	0	0	0	0	122
15	Andrew Ingham	10	8	9	20	0	17	20	14	0	15	15	0	15	17	0	0	0	0	119
16	Anthony Rogers	5	22	18	0	0	0	0	22	0	22	0	0	0	21	0	0	0	0	105
17	Adam Stirling	7	13	0	15	18	0	0	0	0	13	0	16	13	16	0	0	0	0	104
18	Matt Kershaw	5	14	0	0	0	0	0	17	0	23	0	24	25	0	0	0	0	0	103
19	Mark Baxendale	5	0	17	0	0	0	22	0	0	0	13	0	0	14	18	0	0	0	84
20	Eamonn Nolan	6	7	0	16	16	0	0	12	0	12	0	0	0	11	0	0	0	0	74
21	Edward Grimley	3	0	0	0	0	0	0	20	0	24	0	0	0	20	0	0	0	0	64
22	Damien Finn	3	0	0	0	0	0	0	0	0	18	17	0	16	0	0	0	0	0	51
23	Carl O'Callaghan	2	11	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	27
24	Janet Jobey	1	0	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	12

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 1

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bryan Lawton	8	22	0	25	0	24	0	24	25	0	0	0	25	25	25	0	0	0	173
2	Simon Howard	7	24	24	0	25	25	0	23	0	25	0	0	0	24	0	0	0	0	170
3	Rochelle Reading	9	21	23	24	0	23	0	22	0	23	0	0	22	23	24	0	0	0	162
3	Bernard Cassidy	8	23	25	23	24	22	0	21	23	22	0	0	0	0	0	0	0	0	162
5	Trish Callan	5	0	0	0	0	0	0	20	24	24	0	0	23	22	0	0	0	0	113
6	Owen Flage	3	0	0	0	23	0	0	0	0	21	0	0	0	20	0	0	0	0	64
7	Sarah Tomassi	2	25	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	50
8	Colin Green	1	0	0	0	0	0	0	0	0	0	0	0	24	0	0	0	0	0	24
9	Robert Kellett	1	0	0	0	0	0	0	0	0	0	0	0	0	21	0	0	0	0	21

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 2

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Heaney	7	0	0	0	0	0	0	25	25	25	25	0	25	25	23	0	0	0	173
2	Gail Shaw	11	22	23	25	24	23	25	21	24	0	24	0	0	24	25	0	0	0	171
3	Gary Smith	11	24	24	23	25	22	24	19	0	24	0	25	24	0	24	0	0	0	170
4	Kirsty Agnew	9	25	25	24	23	25	0	22	22	0	22	0	21	0	0	0	0	0	166
5	Bryony Rogers	7	21	0	21	0	0	23	24	0	23	23	24	0	0	0	0	0	0	159
6	Richard Dowd	8	23	22	22	0	0	0	20	23	21	0	0	22	23	0	0	0	0	156
7	Ray Williams	6	20	0	20	22	0	0	0	0	20	0	23	23	0	0	0	0	0	128
8	Chris Nicholson	5	0	0	0	0	24	0	23	21	22	0	22	0	0	0	0	0	0	112
9	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Kevin Hutchings	7	0	25	0	0	24	0	23	0	23	0	0	24	22	24	0	0	0	165
2	Tracey Hall	6	0	0	0	0	0	24	0	24	25	25	25	23	0	0	0	0	0	146
3	Lucy Schindler	5	0	0	0	0	25	0	25	0	25	0	0	0	24	25	0	0	0	124
4	Andrew Naismith	4	25	0	25	0	0	0	22	0	0	0	0	23	0	0	0	0	0	95
5	Warren Siddall	1	0	0	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	25

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- 4 - Faster average pace per mile (all races taken into account)



Group 4

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gareth McCaffery	8	0	25	0	25	25	25	25	25	0	0	24	0	25	0	0	0	0	175
2	James Wright	8	24	0	25	24	0	24	0	24	24	0	23	0	0	25	0	0	0	170
3	Jason Keast	8	0	0	0	0	0	23	23	25	24	25	24	24	24	0	0	0	0	169
4	Stephen Rogowskyj	12	23	24	24	21	23	0	22	0	22	21	23	23	23	23	0	0	0	163
5	Amanda Richardson	11	25	0	23	23	21	0	19	22	20	20	20	21	22	0	0	0	0	157
6	Bryony Jones	9	20	0	22	22	0	22	20	0	21	22	0	22	0	22	0	0	0	153
7	Lee Higginbottom	6	21	0	0	0	22	0	21	0	23	23	21	0	0	0	0	0	0	131
8	Dave Watt	5	0	0	0	0	24	23	24	0	0	25	0	25	0	0	0	0	0	121
9	Claire Timms	3	22	0	21	0	0	0	0	0	0	0	0	20	0	0	0	0	0	63
10	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Natali Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Neil Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 4 - Faster average pace per mile (all races taken into account)



Group 5

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Sharon Dracup	8	25	0	25	0	24	25	25	24	0	0	24	0	23	0	0	0	0	172
2	Elaine Brown	12	22	0	23	22	21	24	21	22	20	23	21	23	0	24	0	0	0	161
3	Sam Wright	6	0	0	0	25	0	0	0	25	25	0	25	25	24	0	0	0	0	149
4	Paul Cooke	6	23	0	0	0	0	0	0	0	23	24	22	21	22	0	0	0	0	135
5	David Phillips	6	0	0	24	0	22	0	23	0	22	0	0	22	21	0	0	0	0	134
6	Michelle Chapman	5	0	0	0	0	0	0	0	0	24	25	23	0	25	25	0	0	0	122
7	Joanne Lawton	5	21	0	0	0	23	0	24	23	0	0	0	0	20	0	0	0	0	111
8	Diane Johnson	4	0	25	0	24	25	0	0	0	0	0	0	24	0	0	0	0	0	98
9	Dawn Speed	4	24	24	0	23	0	0	22	0	0	0	0	0	0	0	0	0	0	93
10	Hasna Budsworth	4	18	0	22	21	0	0	20	0	0	0	0	0	0	0	0	0	0	81
11	Amanda Welby	3	20	22	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	62
12	Karen Rush	2	19	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
13	Helen Parry	1	0	0	0	0	0	0	0	0	21	0	0	0	0	0	0	0	0	21
14	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Martina Naismith	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 6

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Karen Price	8	25	0	25	0	25	25	25	25	0	0	25	0	25	0	0	0	0	175
2	Nicky Hall	12	20	25	18	24	24	0	24	24	25	25	0	25	24	25	0	0	0	173
3	Howard Mills	10	18	0	23	23	22	22	21	23	23	0	0	0	23	24	0	0	0	161
4	Angela Rogowskyj	12	21	23	16	22	20	0	17	0	22	23	23	24	21	21	0	0	0	158
4	Billie Chamberlain	7	23	0	22	0	23	23	23	0	0	0	0	0	22	22	0	0	0	158
6	Karen Jones	7	0	0	21	25	0	24	20	0	24	0	0	23	0	20	0	0	0	157
7	Bernadette Ball	9	0	0	15	0	18	19	13	20	20	0	24	21	0	19	0	0	0	141
8	Samantha Tattersall	6	0	22	0	0	17	0	14	21	21	0	0	20	0	0	0	0	0	115
9	Susan Heaney	5	0	0	0	0	0	0	15	22	0	24	0	22	0	23	0	0	0	106
10	Ronnie Quinn	4	24	0	20	0	0	18	0	0	0	0	0	0	20	0	0	0	0	82
11	Dave Bardsley	4	0	0	17	0	21	21	18	0	0	0	0	0	0	0	0	0	0	77
12	Jenny O'Callaghan	3	22	0	19	0	0	0	19	0	0	0	0	0	0	0	0	0	0	60
13	Gill Bardsley	3	0	0	0	0	19	20	16	0	0	0	0	0	0	0	0	0	0	55
14	Kay England	2	19	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
15	Rachel Chadwick	2	0	0	0	0	0	16	22	0	0	0	0	0	0	0	0	0	0	38
16	Jillian Hickson	1	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
17	Alison Cresswell	1	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	17
17	Peter Boulton	1	0	0	0	0	0	17	0	0	0	0	0	0	0	0	0	0	0	17

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- 4 - Faster average pace per mile (all races taken into account)



Group 7

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	June Allingan	7	0	0	0	0	24	0	25	0	25	0	25	25	25	25	0	0	0	174
2	Dave Leyland	2	25	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	50
3	Sarah Fitton	1	0	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	24
4	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group TBC

No of Races Completed

1	Elaine Davies	1
1	Jonathan Green	1
1	Sharon Leach	1
4	Morgan Gibson	0
4	Liz Phillips-Rennie	0
4	David Ellis	0
4	Steve Goddard	0
4	Tony Kane	0
4	Ray Shaw	0
4	Chris Eavers	0
4	James Moran	0
4	Matthew Cartner	0



		No of Races Completed	England Athletics																	Total (Best 7 Races To Count)
			Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10K	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	
1	Maisie Wainwright	8	50	0	0	50	0	50	50	0	0	50	0	50	50	50	0	0	0	350
2	Gail Shaw	11	46	47	49	49	48	49	44	49	0	49	0	0	47	49	0	0	0	342
3	Rochelle Reading	9	48	48	50	0	50	0	47	0	48	0	0	48	49	48	0	0	0	341
4	Kirsty Agnew	9	47	49	48	48	49	0	45	48	0	46	0	44	0	0	0	0	0	335
5	Bryony Rogers	7	45	0	47	0	0	48	48	0	47	48	50	0	0	0	0	0	0	333
6	Amanda Richardson	11	44	0	46	47	46	0	38	45	34	43	46	43	41	0	0	0	0	317
7	Karen Price	8	38	0	45	0	45	47	41	47	0	0	48	0	43	0	0	0	0	316
8	Bryony Jones	9	40	0	43	43	0	45	40	0	44	45	0	45	0	40	0	0	0	305
9	Sharon Dracup	8	42	0	44	0	43	46	37	44	0	0	45	0	39	0	0	0	0	303
10	Nicky Hall	12	32	43	37	41	42	0	36	43	42	42	0	42	40	45	0	0	0	299
11	Elaine Brown	12	39	0	36	40	39	41	31	40	39	41	43	39	0	44	0	0	0	288
12	Tracey Hall	6	0	0	0	0	0	0	42	0	46	47	49	47	45	0	0	0	0	276
12	Karen Jones	7	0	0	40	43	0	45	30	0	41	0	0	37	0	40	0	0	0	276
14	Angela Rogowskyj	12	33	40	34	37	38	0	28	0	38	39	41	38	36	41	0	0	0	275
15	Billie Chamberlain	7	36	0	41	0	40	43	35	0	0	0	0	0	37	42	0	0	0	274
16	Sam Wright	6	0	0	0	46	0	0	0	46	45	0	47	46	42	0	0	0	0	272
17	Bernadette Ball	9	0	0	33	0	36	40	23	38	33	0	42	34	0	38	0	0	0	261
18	Trish Callan	5	0	0	0	0	0	0	43	50	50	0	0	49	48	0	0	0	0	240
19	June Allingan	7	0	0	0	0	34	0	22	0	36	0	40	32	35	37	0	0	0	236
20	Lucy Schindler	5	0	0	0	0	47	0	46	0	49	0	0	0	46	47	0	0	0	235
21	Michelle Chapman	5	0	0	0	0	0	0	0	0	43	44	44	0	44	46	0	0	0	221
22	Samantha Tattersall	6	0	39	0	0	35	0	25	39	37	0	0	33	0	0	0	0	0	208
23	Joanne Lawton	5	37	0	0	0	41	0	33	42	0	0	0	0	38	0	0	0	0	191
24	Susan Heaney	5	0	0	0	0	0	0	26	41	0	40	0	36	0	43	0	0	0	186
25	Diane Johnson	4	0	46	0	45	44	0	0	0	0	0	0	40	0	0	0	0	0	175
26	Dawn Speed	4	41	45	0	44	0	0	32	0	0	0	0	0	0	0	0	0	0	162
27	Hasna Budsworth	4	28	0	35	39	0	0	24	0	0</									

30	Gill Bardsley	3	0	0	0	0	37	42	27	0	0	0	0	0	0	0	0	0	0	106
31	Jenny O'Callaghan	3	34	0	38	0	0	0	29	0	0	0	0	0	0	0	0	0	0	101
32	Sarah Tomassi	2	49	0	0	0	0	0	49	0	0	0	0	0	0	0	0	0	0	98
33	Karen Rush	2	31	44	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
34	Rachel Chadwick	2	0	0	0	0	0	39	34	0	0	0	0	0	0	0	0	0	0	73
35	Kay England	2	30	41	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
36	Janet Jobey	1	0	50	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
37	Jillian Hickson	1	0	0	42	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
38	Helen Parry	1	0	0	0	0	0	0	0	0	40	0	0	0	0	0	0	0	0	40
39	Elaine Davies	1	0	0	0	0	0	0	39	0	0	0	0	0	0	0	0	0	0	39
40	Sarah Fitton	1	0	0	0	0	0	0	0	0	35	0	0	0	0	0	0	0	0	35
40	Sharon Leach	1	0	0	0	0	0	0	0	0	0	0	0	35	0	0	0	0	0	35
42	Alison Cresswell	1	29	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	29
43	Natali Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Martina Naismith	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

1 - Superior head-to-head record

2 - If head-to-head record equal, lowest cumulative time in head-to-head races

3 - Higher points per race average (all races taken into account)

4 - Faster average pace per mile (all races taken into account)



Male over 35's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	7	0	25	25	0	25	25	25	25	25	0	0	0	0	0	0	0	0	175
2	Brett Spivey	9	24	0	0	25	24	24	0	24	24	0	25	0	25	25	0	0	0	172
3	Andrew Ingham	10	22	23	23	0	22	22	23	0	22	25	0	25	22	0	0	0	0	163
4	Adam Stirling	7	23	0	22	23	0	0	0	0	21	0	24	24	21	0	0	0	0	158
5	Wesley Henshaw	6	0	24	24	24	23	23	0	0	0	0	0	0	24	0	0	0	0	142
6	Edward Grimley	3	0	0	0	0	0	0	24	0	23	0	0	0	23	0	0	0	0	70
7	Mathew Reeves	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
8	Mathew Cartner	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Tony Morris	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 40's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Chris Tattersall	7	0	24	0	0	24	0	25	25	24	0	0	24	24	0	0	0	0	170
2	John Fay	10	22	22	24	0	21	25	23	0	0	25	25	21	0	25	0	0	0	169
3	Mark Duncan	10	23	25	0	24	23	0	24	24	23	23	24	22	0	0	0	0	0	167
3	Adrian Brown	9	24	23	25	25	22	0	0	0	0	24	23	23	23	0	0	0	0	167
5	Gareth McCaffery	8	0	21	0	23	19	24	22	23	0	0	22	0	22	0	0	0	0	157
6	Martin Thompson	6	25	0	0	0	25	21	0	0	25	0	0	25	25	0	0	0	0	146
7	Chris Nicholson	5	0	0	0	0	20	0	21	22	22	0	21	0	0	0	0	0	0	106
8	Dave Watt	5	0	0	0	0	18	23	20	0	0	22	0	20	0	0	0	0	0	103
9	Dave Bardsley	4	0	0	23	0	17	22	19	0	0	0	0	0	0	0	0	0	0	81
10	James Moran	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	James Henderson	7	25	25	0	24	24	0	0	0	25	0	0	25	25	0	0	0	0	173
2	William Wall	6	24	0	0	0	25	0	0	0	24	0	25	24	24	0	0	0	0	146
3	Lee Higginbottom	6	22	0	0	0	22	0	24	0	21	25	23	0	0	0	0	0	0	137
4	Matt Kershaw	5	23	0	0	0	0	0	25	0	23	0	24	22	0	0	0	0	0	117
5	Paul Timms	4	0	24	0	25	23	0	0	0	0	0	0	23	0	0	0	0	0	95
6	Jonathan Green	1	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	22
7	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Shane Reading	8	25	25	25	0	0	0	25	0	24	0	0	25	25	25	0	0	0	175
2	Andrew Rogers	7	0	23	24	0	25	25	24	0	25	0	25	0	0	0	0	0	0	171
3	Elliot Stone	9	23	24	23	25	0	0	23	0	0	25	24	0	21	24	0	0	0	168
4	Andy Hall	13	22	18	21	23	24	0	21	25	21	24	23	23	23	23	0	0	0	165
5	Lee Earnshaw	7	21	19	22	0	23	0	0	0	22	0	0	24	24	0	0	0	0	155
6	James Wright	8	16	0	18	21	0	23	0	23	17	0	22	0	0	21	0	0	0	145
7	Simon Howard	7	19	17	0	24	22	0	20	0	20	0	0	0	19	0	0	0	0	141
8	Richard Dowd	8	18	16	20	0	0	0	19	24	19	0	0	21	18	0	0	0	0	139
9	Anthony Rogers	5	24	22	0	0	0	0	22	0	23	0	0	0	22	0	0	0	0	113
10	Mark Baxendale	5	0	21	0	0	0	24	0	0	0	23	0	0	20	22	0	0	0	110
11	Andrew Naismith	4	17	0	19	0	0	0	18	0	0	0	0	20	0	0	0	0	0	74
12	Owen Flage	3	0	0	0	22	0	0	0	0	18	0	0	0	17	0	0	0	0	57
13	Carl O'Callaghan	2	20	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40
14	Colin Green	1	0	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	22
15	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernard Goodwin	10	25	25	0	25	0	0	25	0	25	25	25	25	25	25	0	0	0	175
2	Neil Brock	9	24	22	24	23	0	25	24	25	24	24	0	0	0	0	0	0	0	170
3	Dave Peart	9	22	24	25	24	24	24	0	24	0	21	23	0	0	0	0	0	0	168
4	Mark Phelan	11	23	23	23	0	25	0	0	23	23	22	24	22	23	24	0	0	0	165
5	Bryan Lawton	8	21	0	22	0	23	0	23	22	0	0	0	23	24	23	0	0	0	160
6	Jason Keast	8	0	0	0	0	0	22	21	20	20	22	20	20	21	0	0	0	0	146
7	Kevin Hutchings	7	0	21	0	0	22	0	21	0	19	0	0	19	19	22	0	0	0	143
8	Ray Williams	6	20	0	21	22	0	0	0	0	21	0	21	21	0	0	0	0	0	126
9	Paul Cooke	6	19	0	0	0	0	0	0	0	18	19	20	18	18	0	0	0	0	112
10	Damien Finn	3	0	0	0	0	0	0	0	0	23	23	0	24	0	0	0	0	0	70
11	Dave Leyland	2	18	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	39
12	Warren Siddall	1	0	0	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	22
13	Robert Kellett	1	0	0	0	0	0	0	0	0	0	0	0	0	21	0	0	0	0	21
14	Neil Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	David Emanuel	9	25	25	25	25	25	0	25	25	25	0	0	0	25	0	0	0	0	175
2	Gary Smith	11	23	24	23	24	24	25	23	0	24	0	25	25	0	25	0	0	0	172
3	Stephen Rogowskyj	12	22	23	22	22	23	0	22	0	22	25	24	24	23	24	0	0	0	166
4	Eamonn Nolan	6	24	0	24	23	0	0	24	0	23	0	0	0	24	0	0	0	0	142
5	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 65's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Heaney	7	0	0	0	0	0	0	25	24	25	25	0	24	24	25	0	0	0	172
2	Bernard Cassidy	8	25	24	25	25	24	0	24	23	24	0	0	0	0	0	0	0	0	171
3	Barry Greaves	6	0	25	0	0	25	0	0	25	0	0	25	25	25	0	0	0	0	150
4	Chris Eavers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Howard Mills	10	24	0	25	25	25	25	25	25	25	0	0	0	25	25	0	0	0	175
2	Ronnie Quinn	4	25	0	24	0	0	24	0	0	0	0	0	0	24	0	0	0	0	97
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Peter Boulton	1	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 80's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	David Phillips	6	0	0	25	0	25	0	25	0	25	0	0	25	25	0	0	0	0	150
2	Ray Shaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 35's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Billie Chamberlain	7	25	0	25	0	25	25	23	0	0	0	0	0	24	25	0	0	0	172
2	Samantha Tattersall	6	0	25	0	0	24	0	22	24	24	0	0	24	0	0	0	0	0	143
3	Trish Callan	5	0	0	0	0	0	0	25	25	25	0	0	25	25	0	0	0	0	125
4	Elaine Davies	1	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	24

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Kirsty Agnew	9	24	25	25	25	25	0	24	25	0	25	0	25	0	0	0	0	0	175
2	Michelle Chapman	5	0	0	0	0	0	0	0	0	25	24	25	0	25	25	0	0	0	124
3	Hasna Budsworth	4	23	0	24	24	0	0	22	0	0	0	0	0	0	0	0	0	0	93
4	Sarah Tomassi	2	25	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	50
5	Rachel Chadwick	2	0	0	0	0	0	25	23	0	0	0	0	0	0	0	0	0	0	48
6	Natali Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rochelle Reading	9	25	25	25	0	25	0	25	0	25	0	0	25	25	25	0	0	0	175
2	Karen Price	8	23	0	24	0	24	25	24	25	0	0	25	0	24	0	0	0	0	171
3	Karen Jones	7	0	0	22	24	0	24	23	0	23	0	0	22	0	24	0	0	0	162
4	Sam Wright	6	0	0	0	25	0	0	0	24	24	0	24	24	23	0	0	0	0	144
5	Claire Timms	3	24	0	22	0	0	0	0	0	0	0	0	23	0	0	0	0	0	69
6	Jenny O'Callaghan	3	22	0	20	0	0	0	22	0	0	0	0	0	0	0	0	0	0	64
7	Kay England	2	21	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
8	Jillian Hickson	1	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
9	Helen Parry	1	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	22
10	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Nicky Hall	12	24	22	25	24	25	0	24	25	24	24	0	24	24	25	0	0	0	172
2	Tracey Hall	6	0	0	0	0	0	0	25	0	25	25	25	25	25	0	0	0	0	150
3	Dawn Speed	4	25	24	0	25	0	0	23	0	0	0	0	0	0	0	0	0	0	97
4	Karen Rush	2	23	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
5	Janet Jobey	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6	Sharon Leach	1	0	0	0	0	0	0	0	0	0	0	0	23	0	0	0	0	0	23
7	Martina Naismith	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	11	25	25	25	25	25	25	25	25	0	25	0	0	25	25	0	0	0	175
2	Amanda Richardson	11	24	0	24	24	24	0	24	24	23	24	25	25	24	0	0	0	0	170
3	Elaine Brown	12	22	0	22	23	21	22	21	21	25	23	23	24	0	24	0	0	0	164
4	Sharon Dracup	8	23	0	23	0	23	24	23	23	0	0	24	0	23	0	0	0	0	163
5	Angela Rogowskyj	12	19	23	21	21	20	0	20	0	24	22	22	23	21	23	0	0	0	158
6	Joanne Lawton	5	21	0	0	0	22	0	22	22	0	0	0	0	22	0	0	0	0	109
7	Amanda Welby	3	20	24	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	66
8	Gill Bardsley	3	0	0	0	0	19	23	19	0	0	0	0	0	0	0	0	0	0	61
9	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Susan Heaney	5	0	0	0	0	0	0	25	25	0	25	0	25	0	25	0	0	0	125
2	Alison Cresswell	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernadette Ball	9	0	0	25	0	24	25	25	25	25	0	25	24	0	25	0	0	0	175
2	Diane Johnson	4	0	25	0	25	25	0	0	0	0	0	0	25	0	0	0	0	0	100

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 80's

		No of Races Completed	Stockport Daffodil 10k	Stockport Trail Half	Trafford/High Legh 10K	Coniston 14	Track 5K No 1	Great Manchester Run 10k	Cowm 5k	Hyde 7	Royton Trail	Mossley 10k	Black Knight Charge	Hopwood Trot	Track 5K No 2	Knutsford 10K	Manchester Half	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	June Allingan	7	0	0	0	0	25	0	25	0	25	0	25	25	25	25	0	0	0	175
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)