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Championship

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Andrew Ingham	7	25	25	0	22	23	24	25	25	0	0	0	0	0	0	0	0	0	0	169
2	David Emanuel	8	22	24	21	23	18	22	24	23	0	0	0	0	0	0	0	0	0	0	159
3	Neil Brock	6	0	0	20	24	20	25	23	24	0	0	0	0	0	0	0	0	0	0	136
4	Andy Hall	6	21	0	24	20	24	23	0	22	0	0	0	0	0	0	0	0	0	0	134
5	John Fay	4	20	0	0	21	19	21	0	0	0	0	0	0	0	0	0	0	0	0	81
6	Oliver Pozegic	3	23	0	25	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	70
7	Carl O'Callaghan	3	24	0	23	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	68
8	Lee Earnshaw	2	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	50
9	Barry Greaves	2	0	0	22	0	17	0	0	0	0	0	0	0	0	0	0	0	0	0	39
10	Adam Stirling	1	0	0	0	0	16	0	0	0	0	0	0	0	0	0	0	0	0	0	16
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 1

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	John Hendrick	8	19	21	25	19	21	25	25	25	0	0	0	0	0	0	0	0	0	161
2	Gail Shaw	7	20	0	22	24	16	20	23	23	0	0	0	0	0	0	0	0	0	148
3	Bernard Cassidy	7	15	17	21	17	12	18	0	21	0	0	0	0	0	0	0	0	0	121
4	Rochelle Reading	5	21	23	24	0	20	24	0	0	0	0	0	0	0	0	0	0	0	112
5	Martin Kent	5	16	22	23	23	22	0	0	0	0	0	0	0	0	0	0	0	0	106
6	Mark Phelan	4	23	25	0	25	0	0	24	0	0	0	0	0	0	0	0	0	0	97
7	Mark Baxendale	4	25	0	0	22	0	22	0	24	0	0	0	0	0	0	0	0	0	93
8	James Bowling	3	24	0	0	0	25	23	0	0	0	0	0	0	0	0	0	0	0	72
9	Simon Howard	4	14	19	0	20	13	0	0	0	0	0	0	0	0	0	0	0	0	66
10	Bryan Lawton	3	19	0	0	0	19	21	0	0	0	0	0	0	0	0	0	0	0	59
11	Mark Heaney	3	0	18	0	0	17	0	0	22	0	0	0	0	0	0	0	0	0	57
12	Trish Callan	3	17	0	0	21	15	0	0	0	0	0	0	0	0	0	0	0	0	53
13	Dave Watt	3	0	20	0	18	14	0	0	0	0	0	0	0	0	0	0	0	0	52
14	Ray Williams	2	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
15	Chris Nicholson	2	0	0	0	0	23	19	0	0	0	0	0	0	0	0	0	0	0	42
16	Daniel Tindall	1	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	24
17	Ashley Browne	1	0	0	0	0	18	0	0	0	0	0	0	0	0	0	0	0	0	18
18	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 2

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Mark Foran	6	25	25	25	0	24	25	0	25	0	0	0	0	0	0	0	0	0	0	149
2	Suzanne Darke	6	22	0	24	24	0	22	24	24	0	0	0	0	0	0	0	0	0	0	140
3	Gary Smith	5	23	24	0	0	23	23	25	0	0	0	0	0	0	0	0	0	0	0	118
4	Dave Peart	2	24	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	49
5	Chloe Wagster	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6	Ben Lawton	1	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	24
7	Jonathan Green	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
8	Jason Keast	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
9	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 3

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Katherine Brierley	6	24	25	25	0	24	25	0	25	0	0	0	0	0	0	0	0	0	0	148
2 Matthew Cartner	5	22	0	24	25	23	0	25	0	0	0	0	0	0	0	0	0	0	0	119
3 Stephen Rogowskyj	5	23	22	23	0	25	0	0	24	0	0	0	0	0	0	0	0	0	0	117
4 Owen Flage	3	20	0	22	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	64
5 David Lever	2	0	0	0	0	0	0	24	23	0	0	0	0	0	0	0	0	0	0	47
6 Anne Marie Lord	2	21	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
7 Scarlet Wheeldon	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
8 Andrew Naismith	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
9 James Wright	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
10 James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 4

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Claire Timms	7	19	23	25	0	24	22	23	23	0	0	0	0	0	0	0	0	0	0	159
2	Dave Bardsley	7	18	22	24	23	0	20	22	21	0	0	0	0	0	0	0	0	0	0	150
3	Amanda Richardson	6	21	21	0	21	23	21	0	22	0	0	0	0	0	0	0	0	0	0	129
4	Rachel Chadwick	4	24	25	0	25	0	0	24	0	0	0	0	0	0	0	0	0	0	0	98
5	Kevin Hutchings	4	25	0	0	22	0	25	25	0	0	0	0	0	0	0	0	0	0	0	97
6	Sam Wright	4	23	24	0	0	0	23	0	24	0	0	0	0	0	0	0	0	0	0	94
7	Peter Webb	2	0	0	0	0	0	24	0	25	0	0	0	0	0	0	0	0	0	0	49
8	Susan Levins	2	22	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
9	Sharon Dracup	2	0	20	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
10	Ian Floyd	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
11	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
12	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 5

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1	Martina Naismith	7	24	23	24	25	21	25	24	0	0	0	0	0	0	0	0	0	0	0	166
2	Howard Mills	8	18	21	23	24	23	23	25	24	0	0	0	0	0	0	0	0	0	0	163
3	Nicky Hall	6	23	24	21	22	20	22	0	0	0	0	0	0	0	0	0	0	0	0	132
4	Billie Chamberlain	5	21	25	25	23	22	0	0	0	0	0	0	0	0	0	0	0	0	0	116
5	Elaine Brown	5	20	19	22	20	0	0	0	23	0	0	0	0	0	0	0	0	0	0	104
6	Lauren Lewis	4	22	0	20	21	19	0	0	0	0	0	0	0	0	0	0	0	0	0	82
7	Sharon Leach	3	0	20	19	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	60
8	Bryony Jones	2	25	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	50
9	Joanne Egerton	2	0	0	0	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	48
10	Paul Cooke	2	19	0	0	0	18	0	0	0	0	0	0	0	0	0	0	0	0	0	37
11	Catherine Walker	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
12	Diane Johnson	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
13	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 6

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Natali Brown	8	22	25	24	25	24	25	25	25	0	0	0	0	0	0	0	0	0	0	173
2	Richard Douglas	8	20	24	22	24	22	19	24	22	0	0	0	0	0	0	0	0	0	0	158
3	Ronnie Quinn	5	0	23	25	0	25	23	0	24	0	0	0	0	0	0	0	0	0	0	120
4	Gill Bardsley	5	16	21	0	0	21	22	0	21	0	0	0	0	0	0	0	0	0	0	101
5	Alison Royle	4	25	0	23	0	23	24	0	0	0	0	0	0	0	0	0	0	0	0	95
6	Bernadette Ball	5	15	19	21	0	19	20	0	0	0	0	0	0	0	0	0	0	0	0	94
7	Alison Cresswell	4	17	20	0	0	20	21	0	0	0	0	0	0	0	0	0	0	0	0	78
8	Samantha Tattersall	3	19	22	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	64
9	Chris Eavers	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
10	Karen Jones	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
10	Susan Heaney	1	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	0	0	23
12	Joanne Lawton	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
13	Angela Rogowskyj	1	0	0	0	0	0	0	0	20	0	0	0	0	0	0	0	0	0	0	20
14	Lisa Wilson	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
15	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 7

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Stacey Douglas	8	24	25	25	23	23	24	25	23	0	0	0	0	0	0	0	0	0	0	169
2	June Allingan	5	23	24	24	0	22	23	0	0	0	0	0	0	0	0	0	0	0	0	116
3	Chris Sharp	4	25	0	0	24	25	0	0	24	0	0	0	0	0	0	0	0	0	0	98
4	Danielle Webb	2	0	0	0	0	0	25	0	25	0	0	0	0	0	0	0	0	0	0	50
5	Peter Boulton	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6	Sarah Fitton	1	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
7	Dave Leyland	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22

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Group TBC

No of Races Completed

1	Will Lewis	1
2	Rebecca Owen	1
3	Michael Wildbore	0
3	Owen Holdaway	0
3	Jon Hart	0
3	Mary Freer	0
3	Rory Browne	0
3	Phil Austin	0
3	Sean Penicott	0
3	Mark Taylor	0
3	Samantha Booth	0
3	Andrew Schofield	0
3	David Ellis	0
3	Steve Goddard	0
3	Lilly Furse	0

30	Danielle Webb	2	0	0	0	0	0	33	0	38	0	0	0	0	0	0	0	0	0	71
31	Holly Graham	1	0	0	0	0	49	0	0	0	0	0	0	0	0	0	0	0	0	49
32	Chloe Wagster	1	0	0	0	47	0	0	0	0	0	0	0	0	0	0	0	0	0	47
33	Scarlet Wheeldon	1	46	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
34	Catherine Walker	1	0	0	0	0	43	0	0	0	0	0	0	0	0	0	0	0	0	43
35	Susan Heaney	1	0	0	0	0	0	0	0	41	0	0	0	0	0	0	0	0	0	41
36	Rebecca Owen	1	39	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	39
36	Angela Rogowskyj	1	0	0	0	0	0	0	0	39	0	0	0	0	0	0	0	0	0	39
38	Diane Johnson	1	0	38	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	38
39	Sarah Fitton	1	0	0	0	0	34	0	0	0	0	0	0	0	0	0	0	0	0	34
40	Karen Jones	1	31	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	31
41	Joanne Lawton	1	27	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	27
42	Lisa Wilson	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
43	Mary Freer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Samantha Booth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Lilly Furse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
43	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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Male 18 - 34

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	James Moulton	4	24	23	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	93
2	Luke Lawson-Healey	3	25	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	74
3	Ryan Frost	3	0	22	24	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	70
4	James Bowling	3	21	0	0	0	21	25	0	0	0	0	0	0	0	0	0	0	0	0	67
5	Oliver Pozegic	3	22	0	22	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	66
6	Peter Webb	2	0	0	0	0	0	24	0	25	0	0	0	0	0	0	0	0	0	0	49
7	Jarrold Gritt	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
7	Courage Ruwanza	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
9	Will Lewis	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
10	Owen Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 35's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Rob James	7	25	25	0	25	25	25	25	25	0	0	0	0	0	0	0	0	0	175
2	Andrew Ingham	7	23	23	0	24	23	23	24	24	0	0	0	0	0	0	0	0	0	164
3	Francois Clavaud	5	24	24	25	0	24	24	0	0	0	0	0	0	0	0	0	0	0	121
4	Matthew Cartner	5	22	0	24	23	20	0	23	0	0	0	0	0	0	0	0	0	0	112
5	Daniel Tindall	1	0	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	22
6	Ashley Browne	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	21
7	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Edward Grimley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 40's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Brett Spivey	8	25	25	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	175
2 John Hendrick	8	22	22	24	21	22	24	23	24	0	0	0	0	0	0	0	0	0	0	161
3 Adrian Brown	6	23	24	0	23	24	0	24	23	0	0	0	0	0	0	0	0	0	0	141
4 Martin Kent	5	21	23	23	22	23	0	0	0	0	0	0	0	0	0	0	0	0	0	112
5 Chris Sharp	4	19	0	0	20	20	0	0	22	0	0	0	0	0	0	0	0	0	0	81
6 Martin Thompson	2	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
7 Adam Stirling	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21
8 Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
9 Jon Hart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9 Wesley Henshaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9 Chris Tattersall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Dave Bardsley	7	21	24	24	22	0	22	24	24	0	0	0	0	0	0	0	0	0	0	161
2	Michael Fleming	4	25	0	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
3	John Fay	4	23	0	0	24	23	24	0	0	0	0	0	0	0	0	0	0	0	0	94
4	William Wall	3	24	0	0	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	73
5	Dave Watt	3	0	25	0	23	21	0	0	0	0	0	0	0	0	0	0	0	0	0	69
6	David Lever	2	0	0	0	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	50
7	Chris Nicholson	2	0	0	0	0	22	23	0	0	0	0	0	0	0	0	0	0	0	0	45
8	Jonathan Green	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
9	Michael Wildbore	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Phil Austin	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Sean Penicott	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Richard Douglas	8	17	21	20	21	17	21	24	21	0	0	0	0	0	0	0	0	0	145
2	Andrew Rogers	6	23	24	0	24	23	0	25	24	0	0	0	0	0	0	0	0	0	143
3	Mark Foran	6	19	22	22	0	19	22	0	22	0	0	0	0	0	0	0	0	0	126
4	James Henderson	5	25	0	25	25	25	0	0	25	0	0	0	0	0	0	0	0	0	125
5	Shane Reading	5	24	25	24	0	24	25	0	0	0	0	0	0	0	0	0	0	0	122
6	Elliot Stone	4	22	23	0	0	22	24	0	0	0	0	0	0	0	0	0	0	0	91
7	Mark Baxendale	4	20	0	0	22	0	23	0	23	0	0	0	0	0	0	0	0	0	88
8	Carl O'Callaghan	3	21	0	23	0	20	0	0	0	0	0	0	0	0	0	0	0	0	64
9	Owen Flage	3	18	0	21	0	18	0	0	0	0	0	0	0	0	0	0	0	0	57
10	Lee Earnshaw	2	0	0	0	23	21	0	0	0	0	0	0	0	0	0	0	0	0	44
11	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernard Goodwin	6	25	25	0	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	150
2	Andy Hall	6	24	0	25	23	24	25	0	24	0	0	0	0	0	0	0	0	0	0	145
3	Mark Phelan	4	23	24	0	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	95
4	Simon Howard	4	21	23	0	22	22	0	0	0	0	0	0	0	0	0	0	0	0	0	88
5	Dave Peart	2	22	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	45
6	Andrew Naismith	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	James Wright	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Jason Keast	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
9	Mark Taylor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Andrew Schofield	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Emanuel	8	25	25	25	24	24	24	25	24	0	0	0	0	0	0	0	0	0	0	172
2	Neil Brock	6	0	0	24	25	25	25	24	25	0	0	0	0	0	0	0	0	0	0	148
3	Kevin Hutchings	4	22	0	0	23	0	22	23	0	0	0	0	0	0	0	0	0	0	0	90
4	Bryan Lawton	3	23	0	0	0	23	23	0	0	0	0	0	0	0	0	0	0	0	0	69
5	Ray Williams	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
6	Paul Cooke	2	21	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	43
7	Dave Leyland	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Rory Browne	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 65's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Bernard Cassidy	7	24	23	23	25	21	24	0	24	0	0	0	0	0	0	0	0	0	0	164
2 Gary Smith	5	25	25	0	0	23	25	25	0	0	0	0	0	0	0	0	0	0	0	123
3 Stephen Rogowskyj	5	23	22	24	0	22	0	0	23	0	0	0	0	0	0	0	0	0	0	114
4 Mark Heaney	3	0	24	0	0	24	0	0	25	0	0	0	0	0	0	0	0	0	0	73
5 Barry Greaves	2	0	0	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	50
6 Ian Floyd	1	0	0	0	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	20
7 Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Ronnie Quinn	5	0	25	25	0	25	25	0	25	0	0	0	0	0	0	0	0	0	0	125
2	Chris Eavers	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Howard Mills	9	25	25	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	175
2	Peter Boulton	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 80's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female 18 - 34

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Maisie Wainwright	6	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	150
2	Bryony Jones	2	23	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	48
2	Danielle Webb	2	0	0	0	0	0	24	0	24	0	0	0	0	0	0	0	0	0	0	48
4	Holly Graham	1	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
4	Chloe Wagster	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
4	Scarlet Wheeldon	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
7	Sarah Fitton	1	0	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
8	Lily Furse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 35's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Billie Chamberlain	5	24	25	25	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	122
2	Trish Callan	3	25	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	75
3	Lisa Wilson	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Natali Brown	8	24	24	25	24	25	25	24	25	0	0	0	0	0	0	0	0	0	0	172
2	Stacey Douglas	8	22	22	24	22	24	24	23	24	0	0	0	0	0	0	0	0	0	0	163
3	Rachel Chadwick	4	25	25	0	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	100
4	Samantha Tattersall	3	23	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	69

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Lauren Lewis	4	25	0	25	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	98
2	Joanne Egerton	2	0	0	0	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	49
3	Catherine Walker	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Karen Jones	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Mary Freer	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:



Female over 50's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Claire Timms	7	21	22	22	0	23	21	24	22	0	0	0	0	0	0	0	0	0	0	155
2	Martina Naismith	7	20	20	21	24	22	20	23	0	0	0	0	0	0	0	0	0	0	0	150
3	Suzanne Darke	6	24	0	23	25	0	24	25	25	0	0	0	0	0	0	0	0	0	0	146
4	Katherine Brierley	6	23	24	24	0	24	23	0	24	0	0	0	0	0	0	0	0	0	0	142
5	Rochelle Reading	5	25	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125
6	Nicky Hall	6	19	21	20	23	21	18	0	0	0	0	0	0	0	0	0	0	0	0	122
7	Sam Wright	4	22	23	0	0	0	22	0	23	0	0	0	0	0	0	0	0	0	0	90
8	Alison Royle	4	18	0	19	0	20	19	0	0	0	0	0	0	0	0	0	0	0	0	76
9	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Amanda Richardson	6	23	24	0	24	25	25	0	25	0	0	0	0	0	0	0	0	0	0	146
2	Gill Bardsley	5	21	22	0	0	24	23	0	24	0	0	0	0	0	0	0	0	0	0	114
3	Sharon Leach	3	0	23	25	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	72
4	Anne Marie Lord	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
5	Susan Levins	2	24	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
6	Joanne Lawton	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Gail Shaw	7	25	0	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	175
2	Elaine Brown	5	24	24	24	24	0	0	0	24	0	0	0	0	0	0	0	0	0	0	120
3	Alison Cresswell	4	23	23	0	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	94
4	Sharon Dracup	2	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5	Susan Heaney	1	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	0	0	23
6	Angela Rogowskyj	1	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	0	0	22

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Diane Johnson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 70's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Bernadette Ball	5	25	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 80's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 June Allingan	5	25	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)