

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Emanuel	6	22	24	21	23	18	22	0	0	0	0	0	0	0	0	0	0	0	0	130
2	Andrew Ingham	5	25	25	0	22	23	24	0	0	0	0	0	0	0	0	0	0	0	0	119
3	Andy Hall	5	21	0	24	20	24	23	0	0	0	0	0	0	0	0	0	0	0	0	112
4	Neil Brock	4	0	0	20	24	20	25	0	0	0	0	0	0	0	0	0	0	0	0	89
5	John Fay	4	20	0	0	21	19	21	0	0	0	0	0	0	0	0	0	0	0	0	81
6	Oliver Pozegic	3	23	0	25	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	70
7	Carl O'Callaghan	3	24	0	23	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	68
8	Lee Earnshaw	2	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	50
9	Barry Greaves	2	0	0	22	0	17	0	0	0	0	0	0	0	0	0	0	0	0	0	39
10	Adam Stirling	1	0	0	0	0	16	0	0	0	0	0	0	0	0	0	0	0	0	0	16
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 1

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	John Hendrick	6	19	21	25	19	21	25	0	0	0	0	0	0	0	0	0	0	0	130
2	Rochelle Reading	5	21	23	24	0	20	24	0	0	0	0	0	0	0	0	0	0	0	112
3	Martin Kent	5	16	22	23	23	22	0	0	0	0	0	0	0	0	0	0	0	0	106
4	Gail Shaw	5	20	0	22	24	16	20	0	0	0	0	0	0	0	0	0	0	0	102
5	Bernard Cassidy	6	15	17	21	17	12	18	0	0	0	0	0	0	0	0	0	0	0	100
6	Mark Phelan	3	23	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	73
7	James Bowling	3	24	0	0	0	25	23	0	0	0	0	0	0	0	0	0	0	0	72
8	Mark Baxendale	3	25	0	0	22	0	22	0	0	0	0	0	0	0	0	0	0	0	69
9	Simon Howard	4	14	19	0	20	13	0	0	0	0	0	0	0	0	0	0	0	0	66
10	Bryan Lawton	3	19	0	0	0	19	21	0	0	0	0	0	0	0	0	0	0	0	59
11	Trish Callan	3	17	0	0	21	15	0	0	0	0	0	0	0	0	0	0	0	0	53
12	Dave Watt	3	0	20	0	18	14	0	0	0	0	0	0	0	0	0	0	0	0	52
13	Ray Williams	2	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
14	Chris Nicholson	2	0	0	0	0	23	19	0	0	0	0	0	0	0	0	0	0	0	42
15	Mark Heaney	2	0	18	0	0	17	0	0	0	0	0	0	0	0	0	0	0	0	35
16	Daniel Tindall	1	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	24
17	Ashley Browne	1	0	0	0	0	18	0	0	0	0	0	0	0	0	0	0	0	0	18
18	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
18	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Group 2

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Mark Foran	5	24	25	25	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	123
2 Gary Smith	4	22	24	0	0	23	23	0	0	0	0	0	0	0	0	0	0	0	0	92
3 Suzanne Darke	4	21	0	24	24	0	22	0	0	0	0	0	0	0	0	0	0	0	0	91
4 Dave Peart	2	23	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5 Chloe Wagster	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
5 Bryony Rogers	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
7 Ben Lawton	1	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	24
8 Jonathan Green	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
9 Jason Keast	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
10 Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Katherine Brierley	5	24	25	25	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	123
2	Matthew Cartner	4	22	0	24	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	94
3	Stephen Rogowskyj	4	23	22	23	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	93
4	Owen Flage	3	20	0	22	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	64
5	Anne Marie Lord	2	21	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
6	Scarlet Wheeldon	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
7	Andrew Naismith	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
8	James Wright	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
9	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 4

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Claire Timms	5	19	23	25	0	24	22	0	0	0	0	0	0	0	0	0	0	0	0	113
2	Dave Bardsley	5	18	22	24	23	0	20	0	0	0	0	0	0	0	0	0	0	0	0	107
2	Amanda Richardson	5	21	21	0	21	23	21	0	0	0	0	0	0	0	0	0	0	0	0	107
4	Rachel Chadwick	3	24	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	74
5	Kevin Hutchings	3	25	0	0	22	0	25	0	0	0	0	0	0	0	0	0	0	0	0	72
6	Sam Wright	3	23	24	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	70
7	Susan Levins	2	22	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
8	Sharon Dracup	2	0	20	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
9	Ian Floyd	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
10	Peter Webb	1	0	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	24
11	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
12	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Group 5

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Martina Naismith	6	24	23	24	25	21	25	0	0	0	0	0	0	0	0	0	0	0	0	142
2	Howard Mills	6	18	21	23	24	23	23	0	0	0	0	0	0	0	0	0	0	0	0	132
2	Nicky Hall	6	23	24	21	22	20	22	0	0	0	0	0	0	0	0	0	0	0	0	132
4	Billie Chamberlain	5	21	25	25	23	22	0	0	0	0	0	0	0	0	0	0	0	0	0	116
5	Lauren Lewis	4	22	0	20	21	19	0	0	0	0	0	0	0	0	0	0	0	0	0	82
6	Elaine Brown	4	20	19	22	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	81
7	Sharon Leach	3	0	20	19	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	60
8	Joanne Egerton	2	0	0	0	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	48
9	Paul Cooke	2	19	0	0	0	18	0	0	0	0	0	0	0	0	0	0	0	0	0	37
10	Catherine Walker	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
10	Bryony Jones	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
12	Diane Johnson	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
13	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 6

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Natali Brown	6	22	25	24	25	24	25	0	0	0	0	0	0	0	0	0	0	0	0	145
2	Richard Douglas	6	20	24	22	24	22	19	0	0	0	0	0	0	0	0	0	0	0	0	131
3	Ronnie Quinn	4	0	23	25	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	96
4	Alison Royle	4	25	0	23	0	23	24	0	0	0	0	0	0	0	0	0	0	0	0	95
5	Bernadette Ball	5	15	19	21	0	19	20	0	0	0	0	0	0	0	0	0	0	0	0	94
6	Gill Bardsley	4	16	21	0	0	21	22	0	0	0	0	0	0	0	0	0	0	0	0	80
7	Alison Cresswell	4	17	20	0	0	20	21	0	0	0	0	0	0	0	0	0	0	0	0	78
8	Samantha Tattersall	3	19	22	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	64
9	Chris Eavers	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
10	Karen Jones	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
11	Joanne Lawton	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
12	Lisa Wilson	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
13	Angela Rogowskyj	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 7

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Stacey Douglas	6	24	25	25	23	23	24	0	0	0	0	0	0	0	0	0	0	0	0	144
2 June Allingan	5	23	24	24	0	22	23	0	0	0	0	0	0	0	0	0	0	0	0	116
3 Chris Sharp	3	25	0	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	74
4 Danielle Webb	1	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	25
4 Peter Boulton	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6 Sarah Fitton	1	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
7 Dave Leyland	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
8 Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Group TBC

No of Races Completed

3	Neil Ogden	0
3	Rory Browne	0
3	Phil Austin	0
3	Sean Penicott	0
3	Mark Taylor	0
3	Dave Lever	0
3	Samantha Booth	0
3	Andrew Schofield	0
3	David Ellis	0
3	Steve Goddard	0
2	Rebecca Owen	1
1	Will Lewis	1
3	Lilly Furse	0

30	Chloe Wagster	1	0	0	0	47	0	0	0	0	0	0	0	0	0	0	0	0	0	47
31	Bryony Rogers	1	46	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
32	Scarlet Wheeldon	1	45	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
33	Catherine Walker	1	0	0	0	0	43	0	0	0	0	0	0	0	0	0	0	0	0	43
34	Diane Johnson	1	0	38	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	38
34	Rebecca Owen	1	38	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	38
36	Bryony Jones	1	37	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	37
37	Sarah Fitton	1	0	0	0	0	34	0	0	0	0	0	0	0	0	0	0	0	0	34
38	Danielle Webb	1	0	0	0	0	0	33	0	0	0	0	0	0	0	0	0	0	0	33
39	Karen Jones	1	30	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	30
40	Joanne Lawton	1	26	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	26
41	Lisa Wilson	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
42	Samantha Booth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Lilly Furse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Angela Rogowskyj	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Sarah Tomassi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:



Male over 35's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Rob James	5	25	25	0	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125
2	Francois Clavaud	5	24	24	25	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	121
3	Andrew Ingham	5	23	23	0	24	23	23	0	0	0	0	0	0	0	0	0	0	0	0	116
4	Matthew Cartner	4	22	0	24	23	20	0	0	0	0	0	0	0	0	0	0	0	0	0	89
5	Daniel Tindall	1	0	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	22
6	Ashley Browne	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21
7	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Edward Grimley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 40's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Brett Spivey	6	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	150
2 John Hendrick	6	22	22	24	21	22	24	0	0	0	0	0	0	0	0	0	0	0	0	135
3 Martin Kent	5	21	23	23	22	23	0	0	0	0	0	0	0	0	0	0	0	0	0	112
4 Adrian Brown	4	23	24	0	23	24	0	0	0	0	0	0	0	0	0	0	0	0	0	94
5 Chris Sharp	3	19	0	0	20	20	0	0	0	0	0	0	0	0	0	0	0	0	0	59
6 Martin Thompson	2	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
7 Adam Stirling	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	21
8 Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
9 Wesley Henshaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9 Chris Tattersall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Dave Bardsley	5	21	24	24	22	0	22	0	0	0	0	0	0	0	0	0	0	0	0	113
2	Michael Fleming	4	25	0	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
3	John Fay	4	23	0	0	24	23	24	0	0	0	0	0	0	0	0	0	0	0	0	94
4	William Wall	3	24	0	0	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	73
5	Dave Watt	3	0	25	0	23	21	0	0	0	0	0	0	0	0	0	0	0	0	0	69
6	Chris Nicholson	2	0	0	0	0	22	23	0	0	0	0	0	0	0	0	0	0	0	0	45
7	Jonathan Green	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
8	Phil Austin	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Sean Penicott	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Dave Lever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Shane Reading	5	24	25	24	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	122
2	Richard Douglas	6	17	21	20	21	17	21	0	0	0	0	0	0	0	0	0	0	0	0	117
3	Mark Foran	5	19	22	22	0	19	22	0	0	0	0	0	0	0	0	0	0	0	0	104
4	James Henderson	4	25	0	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	100
5	Andrew Rogers	4	23	24	0	24	23	0	0	0	0	0	0	0	0	0	0	0	0	0	94
6	Elliot Stone	4	22	23	0	0	22	24	0	0	0	0	0	0	0	0	0	0	0	0	91
7	Mark Baxendale	3	20	0	0	22	0	23	0	0	0	0	0	0	0	0	0	0	0	0	65
8	Carl O'Callaghan	3	21	0	23	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	64
9	Owen Flage	3	18	0	21	0	18	0	0	0	0	0	0	0	0	0	0	0	0	0	57
10	Lee Earnshaw	2	0	0	0	23	21	0	0	0	0	0	0	0	0	0	0	0	0	0	44
11	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Andy Hall	5	24	0	25	23	24	25	0	0	0	0	0	0	0	0	0	0	0	0	121
2	Bernard Goodwin	4	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	100
3	Simon Howard	4	21	23	0	22	22	0	0	0	0	0	0	0	0	0	0	0	0	0	88
4	Mark Phelan	3	23	24	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
5	Dave Peart	2	22	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	45
6	Andrew Naismith	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	James Wright	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Jason Keast	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
9	Mark Taylor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Andrew Schofield	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Emanuel	6	25	25	25	24	24	24	0	0	0	0	0	0	0	0	0	0	0	0	147
2	Neil Brock	4	0	0	24	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	99
3	Bryan Lawton	3	23	0	0	0	23	23	0	0	0	0	0	0	0	0	0	0	0	0	69
4	Kevin Hutchings	3	22	0	0	23	0	22	0	0	0	0	0	0	0	0	0	0	0	0	67
5	Ray Williams	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
6	Paul Cooke	2	21	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	43
7	Dave Leyland	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Neil Ogden	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 65's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Bernard Cassidy	6	24	23	23	25	21	24	0	0	0	0	0	0	0	0	0	0	0	0	140
2 Gary Smith	4	25	25	0	0	23	25	0	0	0	0	0	0	0	0	0	0	0	0	98
3 Stephen Rogowskyj	4	23	22	24	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	91
4 Barry Greaves	2	0	0	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	50
5 Mark Heaney	2	0	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	48
6 Ian Floyd	1	0	0	0	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	20
7 Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Ronnie Quinn	4	0	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Chris Eavers	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Howard Mills	7	25	25	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	150
2	Peter Boulton	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 80's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 35's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Billie Chamberlain	5	24	25	25	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	122
2	Trish Callan	3	25	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	75
3	Lisa Wilson	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Natali Brown	6	24	24	25	24	25	25	0	0	0	0	0	0	0	0	0	0	0	0	147
2	Stacey Douglas	6	22	22	24	22	24	24	0	0	0	0	0	0	0	0	0	0	0	0	138
3	Rachel Chadwick	3	25	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
4	Samantha Tattersall	3	23	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	69
5	Sarah Tomassi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Lauren Lewis	4	25	0	25	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	98
2	Joanne Egerton	2	0	0	0	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	49
3	Catherine Walker	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Karen Jones	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

--



Female over 50's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Martina Naismith	6	20	20	21	24	22	20	0	0	0	0	0	0	0	0	0	0	0	0	127
2	Rochelle Reading	5	25	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125
3	Nicky Hall	6	19	21	20	23	21	18	0	0	0	0	0	0	0	0	0	0	0	0	122
4	Katherine Brierley	5	23	24	24	0	24	23	0	0	0	0	0	0	0	0	0	0	0	0	118
5	Claire Timms	5	21	22	22	0	23	21	0	0	0	0	0	0	0	0	0	0	0	0	109
6	Suzanne Darke	4	24	0	23	25	0	24	0	0	0	0	0	0	0	0	0	0	0	0	96
7	Alison Royle	4	18	0	19	0	20	19	0	0	0	0	0	0	0	0	0	0	0	0	76
8	Sam Wright	3	22	23	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	67
9	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Amanda Richardson	5	23	24	0	24	25	25	0	0	0	0	0	0	0	0	0	0	0	0	121
2	Gill Bardsley	4	21	22	0	0	24	23	0	0	0	0	0	0	0	0	0	0	0	0	90
3	Sharon Leach	3	0	23	25	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	72
4	Anne Marie Lord	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
5	Susan Levins	2	24	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
6	Joanne Lawton	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Gail Shaw	5	25	0	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125
2	Elaine Brown	4	24	24	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	96
3	Alison Cresswell	4	23	23	0	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	94
4	Sharon Dracup	2	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5	Angela Rogowskyj	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Diane Johnson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 70's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Bernadette Ball	5	25	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 80's

	No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 June Allingan	5	25	25	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	125

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)