

[illegible]

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- 4 - Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Andrew Ingham	11	25	25	0	22	23	24	25	25	23	25	24	25	0	0	0	0	0	174
2	Neil Brock	9	0	0	20	24	20	25	23	24	25	0	23	24	0	0	0	0	0	168
3	Andy Hall	9	21	0	24	20	24	23	0	22	0	24	22	22	0	0	0	0	0	161
4	David Emanuel	10	22	24	21	23	18	22	24	23	20	0	20	0	0	0	0	0	0	159
5	John Fay	8	20	0	0	21	19	21	0	0	22	23	21	23	0	0	0	0	0	151
6	Barry Greaves	5	0	0	22	0	17	0	0	0	24	23	25	0	0	0	0	0	0	111
7	Oliver Pozegic	3	23	0	25	0	22	0	0	0	0	0	0	0	0	0	0	0	0	70
8	Carl O'Callaghan	3	24	0	23	0	21	0	0	0	0	0	0	0	0	0	0	0	0	68
9	Adam Stirling	3	0	0	0	0	16	0	0	0	21	21	0	0	0	0	0	0	0	58
10	Lee Earnshaw	2	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	50
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 1

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Baxendale	7	25	0	0	22	0	22	0	24	25	0	25	25	0	0	0	0	0	168
2	John Hendrick	11	19	21	25	19	21	25	25	16	0	24	17	0	0	0	0	0	0	166
3	Mark Phelan	7	23	25	0	25	0	0	24	0	23	24	0	20	0	0	0	0	0	164
4	Rochelle Reading	8	21	23	24	0	20	24	0	0	20	25	0	22	0	0	0	0	0	159
5	Gail Shaw	9	20	0	22	24	16	20	23	23	0	22	22	0	0	0	0	0	0	156
6	Martin Kent	7	16	22	23	23	22	0	0	0	17	0	0	19	0	0	0	0	0	142
7	Mark Heaney	7	0	18	0	0	17	0	0	22	22	20	21	21	0	0	0	0	0	141
8	James Bowling	6	24	0	0	0	25	23	0	0	18	22	0	24	0	0	0	0	0	136
9	Bryan Lawton	6	19	0	0	0	19	21	0	0	0	23	23	23	0	0	0	0	0	128
10	Bernard Cassidy	10	15	17	21	17	12	18	0	21	12	18	0	15	0	0	0	0	0	127
11	Dave Watt	5	0	20	0	18	14	0	0	0	0	0	20	14	0	0	0	0	0	86
12	Simon Howard	5	14	19	0	20	13	0	0	0	0	0	19	0	0	0	0	0	0	85
13	Ray Williams	4	22	24	0	0	0	0	0	15	0	0	18	0	0	0	0	0	0	79
14	Chris Nicholson	3	0	0	0	0	23	19	0	0	13	0	0	0	0	0	0	0	0	55
15	Trish Callan	3	17	0	0	21	15	0	0	0	0	0	0	0	0	0	0	0	0	53
16	Warren Siddall	3	0	0	0	0	0	0	0	14	19	0	16	0	0	0	0	0	0	49
17	Daniel Tindall	2	0	0	0	0	24	0	0	0	24	0	0	0	0	0	0	0	0	48
18	Ashley Browne	2	0	0	0	0	18	0	0	0	21	0	0	0	0	0	0	0	0	39
19	Damien Finn	1	0	0	0	0	0	0	0	0	19	0	0	0	0	0	0	0	0	19
20	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 2

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Foran	8	25	25	25	0	24	25	0	25	0	24	23	0	0	0	0	0	0	173
2	Suzanne Darke	9	22	0	24	24	0	22	24	24	25	0	25	24	0	0	0	0	0	170
3	Gary Smith	8	23	24	0	0	23	23	25	0	23	0	24	23	0	0	0	0	0	165
4	Jonathan Green	4	21	0	0	0	0	0	0	0	24	25	0	25	0	0	0	0	0	95
5	Dave Peart	3	24	0	0	0	25	0	0	0	0	0	0	21	0	0	0	0	0	70
6	Ben Lawton	3	0	0	0	0	0	24	0	0	21	0	0	22	0	0	0	0	0	67
7	Jason Keast	3	20	0	0	0	0	0	0	0	20	0	22	0	0	0	0	0	0	62
8	Chloe Wagster	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
9	Richard Dowd	1	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	22
10	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Katherine Brierley	10	25	25	25	0	24	25	0	25	25	25	25	24	0	0	0	0	0	175
2	Matthew Cartner	8	23	0	24	25	23	0	25	0	24	0	23	25	0	0	0	0	0	169
3	Stephen Rogowskyj	9	24	23	23	0	25	0	0	24	23	24	24	23	0	0	0	0	0	167
4	Owen Flage	4	22	0	22	0	22	0	0	0	0	0	22	0	0	0	0	0	0	88
5	David Lever	3	0	0	0	0	0	0	24	23	22	0	0	0	0	0	0	0	0	69
6	James Wright	3	21	0	0	0	0	0	0	0	21	23	0	0	0	0	0	0	0	65
7	Andrew Naismith	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
8	Tracey Hall	1	0	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	22

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Group 4

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rachel Chadwick	8	24	25	0	25	0	0	24	0	22	23	25	24	0	0	0	0	0	170
2	Kevin Hutchings	7	25	0	0	22	0	25	25	0	23	24	23	0	0	0	0	0	0	167
2	Sam Wright	8	23	24	0	0	0	23	0	24	25	25	22	23	0	0	0	0	0	167
4	Claire Timms	9	19	23	25	0	24	22	23	23	0	0	21	22	0	0	0	0	0	162
5	Dave Bardsley	8	18	22	24	23	0	20	22	21	0	0	18	0	0	0	0	0	0	150
5	Amanda Richardson	10	21	21	0	21	23	21	0	22	20	21	20	20	0	0	0	0	0	150
7	Peter Webb	5	0	0	0	0	0	24	0	25	24	0	24	25	0	0	0	0	0	122
8	Ian Floyd	5	0	0	0	0	25	0	0	0	19	22	19	21	0	0	0	0	0	106
9	Susan Levins	3	22	0	0	24	0	0	0	0	21	0	0	0	0	0	0	0	0	67
10	Sharon Dracup	2	0	20	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
11	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
12	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 5

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Martina Naismith	9	24	23	24	25	21	25	24	0	0	0	22	23	0	0	0	0	0	168
2	Howard Mills	12	18	21	23	24	23	23	25	24	22	24	23	24	0	0	0	0	0	167
3	Elaine Brown	8	20	19	22	20	0	0	0	23	20	22	21	0	0	0	0	0	0	148
4	Billie Chamberlain	6	21	25	25	23	22	0	0	0	0	0	20	0	0	0	0	0	0	136
5	Nicky Hall	6	23	24	21	22	20	22	0	0	0	0	0	0	0	0	0	0	0	132
6	Lauren Lewis	6	22	0	20	21	19	0	0	0	20	0	0	21	0	0	0	0	0	123
6	Joanne Egerton	5	0	0	0	0	24	24	0	0	25	0	25	25	0	0	0	0	0	123
8	Sharon Leach	5	0	20	19	0	0	21	0	0	0	0	19	22	0	0	0	0	0	101
9	Bryony Jones	4	25	0	0	0	0	0	0	25	23	25	0	0	0	0	0	0	0	98
10	Paul Cooke	4	19	0	0	0	18	0	0	0	21	23	0	0	0	0	0	0	0	81
11	Catherine Walker	3	0	0	0	0	25	0	0	0	24	0	24	0	0	0	0	0	0	73
12	Diane Johnson	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
13	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 6

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Natali Brown	11	22	25	24	25	24	25	25	25	0	25	25	25	0	0	0	0	0	175
2	Richard Douglas	12	20	24	22	24	22	19	24	22	24	24	24	24	0	0	0	0	0	168
3	Ronnie Quinn	7	0	23	25	0	25	23	0	24	21	0	22	0	0	0	0	0	0	163
4	Gill Bardsley	7	17	21	0	0	21	22	0	21	0	0	20	19	0	0	0	0	0	141
4	Alison Royle	6	25	0	23	0	23	24	0	0	0	0	23	23	0	0	0	0	0	141
6	Alison Cresswell	7	18	20	0	0	20	21	0	0	0	22	17	20	0	0	0	0	0	138
7	Bernadette Ball	7	16	19	21	0	19	20	0	0	22	0	18	0	0	0	0	0	0	135
8	Susan Heaney	4	0	0	0	0	0	0	0	23	23	23	21	0	0	0	0	0	0	90
9	Samantha Tattersall	4	19	22	0	23	0	0	0	0	0	0	0	21	0	0	0	0	0	85
10	Angela Rogowskyj	3	0	0	0	0	0	0	0	20	0	0	19	18	0	0	0	0	0	57
11	Chris Eavers	2	24	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	49
12	Joanne Lawton	2	21	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	43
13	Karen Jones	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
14	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 7

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Stacey Douglas	12	24	25	25	23	23	24	25	23	21	24	21	23	0	0	0	0	0	170
1	Chris Sharp	7	25	0	0	24	25	0	0	24	24	25	23	0	0	0	0	0	0	170
3	June Allingan	7	23	24	24	0	22	23	0	0	22	0	22	0	0	0	0	0	0	160
4	Danielle Webb	5	0	0	0	0	0	25	0	25	23	0	25	24	0	0	0	0	0	122
5	Sarah Fitton	4	0	0	0	0	24	0	0	0	25	0	24	25	0	0	0	0	0	98
6	Peter Boulton	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
7	Dave Leyland	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22

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Group TBC

No of Races Completed

4	Will Lewis	1
8	Lisa Southward	0
3	Michael Wildbore	2
1	Owen Holdaway	2
8	Jon Hart	0
7	Mary Freer	1
1	Rory Browne	2
5	Phil Austin	1
8	Sean Penicott	0
8	Mark Taylor	0
8	Samantha Booth	0
8	Andrew Schofield	0
8	David Ellis	0
8	Steve Goddard	0
6	Lilly Furse	1



Ladies

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Maisie Wainwright	8	50	50	50	50	50	50	0	0	50	0	0	50	0	0	0	0	0	350
2	Rochelle Reading	8	49	49	49	0	48	49	0	0	49	50	0	48	0	0	0	0	0	343
2	Gail Shaw	9	48	0	48	49	47	48	50	50	0	49	49	0	0	0	0	0	0	343
4	Suzanne Darke	9	46	0	46	46	0	47	49	49	48	0	47	47	0	0	0	0	0	333
5	Katherine Brierley	10	45	48	47	0	45	46	0	48	47	48	48	46	0	0	0	0	0	332
6	Rachel Chadwick	8	44	47	0	45	0	0	48	0	42	46	46	44	0	0	0	0	0	320
7	Sam Wright	8	43	46	0	0	0	45	0	47	46	47	44	42	0	0	0	0	0	318
8	Claire Timms	9	39	45	45	0	44	44	47	44	0	0	43	40	0	0	0	0	0	312
9	Natali Brown	11	31	40	43	43	40	42	46	46	0	44	42	41	0	0	0	0	0	306
10	Amanda Richardson	10	40	44	0	37	38	43	0	43	37	43	40	39	0	0	0	0	0	292
11	Martina Naismith	9	38	41	43	42	39	42	45	0	0	0	38	37	0	0	0	0	0	290
12	Elaine Brown	8	32	36	41	38	0	0	0	42	36	42	37	0	0	0	0	0	0	272
13	Stacey Douglas	12	25	31	34	35	30	32	44	37	30	39	26	28	0	0	0	0	0	252
14	Billie Chamberlain	6	33	43	44	41	41	0	0	0	0	0	35	0	0	0	0	0	0	237
15	Nicky Hall	6	37	42	40	40	37	38	0	0	0	0	0	0	0	0	0	0	0	234
16	Gill Bardsley	7	27	34	0	0	33	36	0	40	0	0	33	29	0	0	0	0	0	232
17	Alison Cresswell	7	28	33	0	0	32	35	0	0	0	40	28	30	0	0	0	0	0	226
17	Alison Royle	6	36	0	38	0	36	39	0	0	0	0	39	38	0	0	0	0	0	226
19	Bernadette Ball	7	26	32	35	0	31	34	0	0	33	0	29	0	0	0	0	0	0	220
20	Lauren Lewis	6	35	0	37	39	35	0	0	0	36	0	0	34	0	0	0	0	0	216
21	Joanne Egerton	5	0	0	0	0	42	40	0	0	44	0	45	43	0	0	0	0	0	214
22	June Allingan	7	24	30	33	0	29	31	0	0	31	0	27	0	0	0	0	0	0	205
23	Sharon Leach	5	0	37	36	0	0	37	0	0	0	0	34	36	0	0	0	0	0	180
24	Bryony Jones	4	41	0	0	0	0	0	0	46	39	45	0	0	0	0	0	0	0	171
25	Danielle Webb	5	0	0	0	0	0	33	0	38	32	0	31	31	0	0	0	0	0	165
26	Susan Heaney	4	0	0	0	0	0	0	0	41	38	41	36	0	0	0	0	0	0	156
27	Holly Graham	3	0	0	0	0	49	0	0	0	0	0	50	49	0	0	0	0	0	148
28	Trish Callan	3	47	0	0	48	46	0	0	0	0	0	0	0	0	0	0	0	0	141
29	Sarah Fitton	4	0	0	0	0	34	0	0	0	34	0	30	35	0	0	0	0	0	133

30	Samantha Tattersall	4	29	35	0	36	0	0	0	0	0	0	0	32	0	0	0	0	0	132
31	Susan Levins	3	42	0	0	44	0	0	0	0	41	0	0	0	0	0	0	0	0	127
31	Catherine Walker	3	0	0	0	0	43	0	0	0	43	0	41	0	0	0	0	0	0	127
33	Angela Rogowskyj	3	0	0	0	0	0	0	0	39	0	0	32	28	0	0	0	0	0	99
34	Sharon Dracup	2	0	38	39	0	0	0	0	0	0	0	0	0	0	0	0	0	0	77
35	Joanne Lawton	2	30	0	0	0	0	0	0	0	0	0	0	33	0	0	0	0	0	63
36	Chloe Wagster	1	0	0	0	47	0	0	0	0	0	0	0	0	0	0	0	0	0	47
37	Lilly Furse	1	0	0	0	0	0	0	0	0	45	0	0	0	0	0	0	0	0	45
37	Tracey Hall	1	0	0	0	0	0	0	0	0	0	0	0	45	0	0	0	0	0	45
39	Mary Freer	1	0	0	0	0	0	0	0	0	40	0	0	0	0	0	0	0	0	40
40	Diane Johnson	1	0	39	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	39
41	Karen Jones	1	34	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	34
42	Samantha Booth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male 18 - 34

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Jack Millar	8	25	24	25	25	25	25	0	0	0	0	25	25	0	0	0	0	0	175
2	James Bowling	6	20	0	0	0	19	24	0	0	24	25	0	22	0	0	0	0	0	134
3	Peter Webb	5	0	0	0	0	0	22	0	25	23	0	23	20	0	0	0	0	0	113
4	James Moulton	5	23	22	22	0	21	0	0	0	0	0	24	0	0	0	0	0	0	112
5	Luke Lawson-Healey	4	24	23	24	0	0	0	0	0	0	0	0	23	0	0	0	0	0	94
6	Ryan Frost	3	0	21	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	67
7	Ben Lawton	3	0	0	0	0	0	23	0	0	22	0	0	21	0	0	0	0	0	66
8	Oliver Pozegic	3	21	0	21	0	20	0	0	0	0	0	0	0	0	0	0	0	0	62
9	Owen Holdaway	2	0	0	0	0	0	0	0	0	25	0	0	24	0	0	0	0	0	49
10	Jarrold Gritt	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
11	Courage Ruwanza	1	0	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	24
12	Noah Levins	1	0	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	22
12	Will Lewis	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 35's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	10	25	25	0	25	25	25	25	25	25	25	25	0	0	0	0	0	0	175
2	Andrew Ingham	11	23	23	0	24	23	23	24	24	23	24	24	25	0	0	0	0	0	168
3	Matthew Cartner	8	22	0	24	23	20	0	23	0	19	0	23	24	0	0	0	0	0	159
4	Francois Clavaud	6	24	24	25	0	24	24	0	0	24	0	0	0	0	0	0	0	0	145
5	Daniel Tindall	2	0	0	0	0	22	0	0	0	22	0	0	0	0	0	0	0	0	44
6	Ashley Browne	2	0	0	0	0	21	0	0	0	21	0	0	0	0	0	0	0	0	42
7	Edward Grimley	1	0	0	0	0	0	0	0	0	20	0	0	0	0	0	0	0	0	20
8	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 40's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Brett Spivey	12	25	25	25	25	25	25	25	25	24	24	25	25	0	0	0	0	0	175
2	Adrian Brown	9	23	24	0	23	24	0	24	23	23	0	24	24	0	0	0	0	0	166
3	John Hendrick	11	22	22	24	21	22	24	23	24	19	0	23	22	0	0	0	0	0	162
4	Martin Kent	7	21	23	23	22	23	0	0	0	22	0	0	23	0	0	0	0	0	157
5	Chris Sharp	7	19	0	0	20	20	0	0	22	18	21	22	0	0	0	0	0	0	142
6	Martin Thompson	4	24	0	0	24	0	0	0	0	25	25	0	0	0	0	0	0	0	98
7	Adam Stirling	3	0	0	0	0	21	0	0	0	21	22	0	0	0	0	0	0	0	64
8	Wesley Henshaw	2	0	0	0	0	0	0	0	0	20	23	0	0	0	0	0	0	0	43
9	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
10	Jon Hart	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Chris Tattersall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Michael Fleming	7	25	0	25	0	25	25	0	0	25	0	25	25	0	0	0	0	0	175
2	William Wall	7	24	0	0	25	24	0	0	0	24	25	24	24	0	0	0	0	0	170
3	John Fay	8	23	0	0	24	23	24	0	0	20	24	23	22	0	0	0	0	0	163
4	Dave Bardsley	8	21	24	24	22	0	22	24	24	0	0	21	0	0	0	0	0	0	161
5	Dave Watt	5	0	25	0	23	21	0	0	0	0	0	22	20	0	0	0	0	0	111
6	Jonathan Green	4	22	0	0	0	0	0	0	0	19	23	0	21	0	0	0	0	0	85
7	David Lever	3	0	0	0	0	0	0	25	25	17	0	0	0	0	0	0	0	0	67
8	Chris Nicholson	3	0	0	0	0	22	23	0	0	18	0	0	0	0	0	0	0	0	63
9	Michael Wildbore	2	0	0	0	0	0	0	0	0	22	0	0	23	0	0	0	0	0	45
10	Paul Timms	1	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	23
11	Phil Austin	1	0	0	0	0	0	0	0	0	21	0	0	0	0	0	0	0	0	21
12	Sean Penicott	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	James Henderson	8	25	0	25	25	25	0	0	25	25	25	25	0	0	0	0	0	0	175
2	Shane Reading	8	24	25	24	0	24	25	0	0	24	24	0	25	0	0	0	0	0	171
3	Andrew Rogers	9	23	24	0	24	23	0	25	24	23	23	0	24	0	0	0	0	0	167
4	Mark Baxendale	7	20	0	0	22	0	23	0	23	22	0	24	23	0	0	0	0	0	157
5	Mark Foran	8	19	22	22	0	19	22	0	22	0	22	22	0	0	0	0	0	0	151
6	Richard Douglas	12	17	21	20	21	17	21	24	21	21	21	20	21	0	0	0	0	0	150
7	Elliot Stone	6	22	23	0	0	22	24	0	0	0	0	23	22	0	0	0	0	0	136
8	Owen Flage	4	18	0	21	0	18	0	0	0	0	0	21	0	0	0	0	0	0	78
9	Carl O'Callaghan	3	21	0	23	0	20	0	0	0	0	0	0	0	0	0	0	0	0	64
10	Lee Earnshaw	2	0	0	0	23	21	0	0	0	0	0	0	0	0	0	0	0	0	44
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernard Goodwin	8	25	25	0	25	25	0	25	25	25	0	0	25	0	0	0	0	0	175
2	Andy Hall	9	24	0	25	23	24	25	0	24	0	25	25	23	0	0	0	0	0	172
3	Mark Phelan	7	23	24	0	24	0	0	24	0	24	24	0	24	0	0	0	0	0	167
4	Simon Howard	5	21	23	0	22	22	0	0	0	0	0	24	0	0	0	0	0	0	112
5	Warren Siddall	3	0	0	0	0	0	0	0	0	22	23	0	22	0	0	0	0	0	67
6	Dave Peart	3	22	0	0	0	23	0	0	0	0	0	0	21	0	0	0	0	0	66
7	Jason Keast	3	19	0	0	0	0	0	0	0	20	0	23	0	0	0	0	0	0	62
8	James Wright	3	20	0	0	0	0	0	0	0	19	22	0	0	0	0	0	0	0	61
9	Damien Finn	1	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	23
10	Andrew Naismith	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
11	Richard Dowd	1	0	0	0	0	0	0	0	0	21	0	0	0	0	0	0	0	0	21
12	Mark Taylor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Andrew Schofield	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Neil Brock	9	0	0	24	25	25	25	24	25	25	0	25	25	0	0	0	0	0	175
2	David Emanuel	10	25	25	25	24	24	24	25	24	24	0	21	0	0	0	0	0	0	172
3	Kevin Hutchings	7	22	0	0	23	0	22	23	0	22	23	22	0	0	0	0	0	0	157
4	Bryan Lawton	6	23	0	0	0	23	23	0	0	0	25	24	24	0	0	0	0	0	142
5	Ray Williams	4	24	24	0	0	0	0	0	0	23	0	0	23	0	0	0	0	0	94
6	Paul Cooke	4	21	0	0	0	22	0	0	0	21	22	0	0	0	0	0	0	0	86
7	Rory Browne	2	0	0	0	0	0	0	0	0	0	24	23	0	0	0	0	0	0	47
8	Dave Leyland	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
9	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 65's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gary Smith	8	25	25	0	0	23	25	25	0	23	0	23	24	0	0	0	0	0	170
1	Mark Heaney	7	0	24	0	0	24	0	0	25	24	24	24	25	0	0	0	0	0	170
3	Bernard Cassidy	10	24	23	23	25	21	24	0	24	21	22	0	22	0	0	0	0	0	165
4	Stephen Rogowskyj	9	23	22	24	0	22	0	0	23	22	23	22	23	0	0	0	0	0	160
5	Barry Greaves	5	0	0	25	0	25	0	0	0	25	25	25	0	0	0	0	0	0	125
6	Ian Floyd	5	0	0	0	0	20	0	0	0	20	21	21	21	0	0	0	0	0	103
7	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Ronnie Quinn	7	0	25	25	0	25	25	0	25	24	0	25	0	0	0	0	0	0	174
2	Chris Eavers	2	25	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	50
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Howard Mills	13	25	25	25	25	25	25	25	25	25	25	25	25	0	0	0	0	0	175
2	Peter Boulton	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 80's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female 18 - 34

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Maisie Wainwright	8	25	25	25	25	25	25	0	0	25	0	0	25	0	0	0	0	0	175
2	Danielle Webb	5	0	0	0	0	0	24	0	24	21	0	24	22	0	0	0	0	0	115
3	Bryony Jones	4	24	0	0	0	0	0	0	25	23	25	0	0	0	0	0	0	0	97
4	Sarah Fitton	4	0	0	0	0	23	0	0	0	22	0	23	23	0	0	0	0	0	91
5	Holly Graham	3	0	0	0	0	24	0	0	0	0	0	25	24	0	0	0	0	0	73
6	Chloe Wagster	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
6	Lilly Furse	1	0	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	24
8	Samantha Booth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

				<u>Female over 35's</u>																		
		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)		
1	Billie Chamberlain	6	24	25	25	24	24	0	0	0	0	0	25	0	0	0	0	0	0	147		
2	Trish Callan	3	25	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	75		

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rachel Chadwick	8	25	25	0	25	0	0	25	0	25	25	25	25	0	0	0	0	0	175
2	Natali Brown	11	24	24	25	24	25	25	24	25	0	24	24	24	0	0	0	0	0	172
3	Stacey Douglas	12	22	22	24	22	24	24	23	24	24	23	23	22	0	0	0	0	0	166
4	Samantha Tattersall	4	23	23	0	23	0	0	0	0	0	0	0	23	0	0	0	0	0	92

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Lauren Lewis	6	25	0	25	25	23	0	0	0	22	0	0	24	0	0	0	0	0	144
2	Joanne Egerton	5	0	0	0	0	24	25	0	0	25	0	25	25	0	0	0	0	0	124
3	Catherine Walker	3	0	0	0	0	25	0	0	0	24	0	24	0	0	0	0	0	0	73
4	Karen Jones	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Mary Freer	1	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	23
6	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rochelle Reading	8	25	25	25	0	25	25	0	0	25	25	0	25	0	0	0	0	0	175
2	Suzanne Darke	9	24	0	23	25	0	24	25	25	24	0	24	24	0	0	0	0	0	171
3	Katherine Brierley	10	23	24	24	0	24	23	0	24	23	24	25	23	0	0	0	0	0	168
4	Sam Wright	8	22	23	0	0	0	22	0	23	22	23	23	22	0	0	0	0	0	158
5	Claire Timms	9	21	22	22	0	23	21	24	22	0	0	22	21	0	0	0	0	0	156
6	Martina Naismith	9	20	20	21	24	22	20	23	0	0	0	20	19	0	0	0	0	0	150
7	Nicky Hall	6	19	21	20	23	21	18	0	0	0	0	0	0	0	0	0	0	0	122
8	Alison Royle	6	18	0	19	0	20	19	0	0	0	0	21	20	0	0	0	0	0	117
9	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Amanda Richardson	10	24	25	0	24	25	25	0	25	24	25	25	24	0	0	0	0	0	174
2	Gill Bardsley	7	22	23	0	0	24	23	0	24	0	0	23	21	0	0	0	0	0	160
3	Sharon Leach	5	0	24	25	0	0	24	0	0	0	0	24	23	0	0	0	0	0	120
4	Susan Levins	3	25	0	0	25	0	0	0	0	25	0	0	0	0	0	0	0	0	75
5	Joanne Lawton	2	23	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	45
6	Tracey Hall	1	0	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	0	25
7	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	9	25	0	25	25	25	25	25	25	0	25	25	0	0	0	0	0	0	175
2	Elaine Brown	8	24	24	24	24	0	0	0	24	24	24	24	0	0	0	0	0	0	168
3	Alison Cresswell	7	23	23	0	0	24	24	0	0	0	22	21	25	0	0	0	0	0	162
4	Susan Heaney	4	0	0	0	0	0	0	0	23	25	23	23	0	0	0	0	0	0	94
6	Sharon Dracup	2	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5	Angela Rogowskyj	3	0	0	0	0	0	0	0	0	22	0	0	22	24	0	0	0	0	68

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Diane Johnson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

  <u>Female over 70's</u>		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernadette Ball	7	25	25	25	0	25	25	0	0	25	0	25	0	0	0	0	0	175	

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 80's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	June Allingan	7	25	25	25	0	25	25	0	0	25	0	25	0	0	0	0	0	0	175

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)