

RRR Track 5K Sept 2025

Overall Pos	Race No	First Name	Last Name	Club	Gun Time	Chip Time	Pace (from gun)	Gender	Gender Pos	Category	Categ Pos	Time Behind Overall
1	16	Jordan	Hughes	Middleton Harriers	00:16:47	00:16:46.8	17.9 km/h	Male	1 / 43	MV35	1 / 7	+00:00:00
2	29	Andy	Smith	Middleton Harriers	00:16:56	00:16:55.9	17.7 km/h	Male	2 / 43	MV45	1 / 7	+00:00:09
3	19	Luke	Lawson-Healey	Royton Road Runners	00:17:11	00:17:10.7	17.5 km/h	Male	3 / 43	M20-34	1 / 4	+00:00:24
4	14	James	Henderson	Royton Road Runners	00:17:36	00:17:36.5	17.0 km/h	Male	4 / 43	MV50	1 / 8	+00:00:50
5	23	Shane	Reading	Royton Road Runners	00:18:12	00:18:12.4	16.5 km/h	Male	5 / 43	MV50	2 / 8	+00:01:26
6	30	Brett	Spivey	Royton Road Runners	00:18:19	00:18:18.6	16.4 km/h	Male	6 / 43	MV40	1 / 3	+00:01:32
7	21	Wayne	O'Connell	Middleton Harriers	00:18:23	00:18:22.7	16.3 km/h	Male	7 / 43	MV35	2 / 7	+00:01:36
8	25	Andrew	Rogers	Royton Road Runners	00:18:50	00:18:50.2	15.9 km/h	Male	8 / 43	MV50	3 / 8	+00:02:03
9	34	William	Wall	Royton Road Runners	00:19:03	00:19:02.6	15.8 km/h	Male	9 / 43	MV45	2 / 7	+00:02:16
10	27	Martin	Sampson	Middleton Harriers	00:19:10	00:19:10.1	15.7 km/h	Male	10 / 43	MV45	3 / 7	+00:02:23
11	3	Leo	Cain	Middleton Harriers	00:19:32	00:19:32.4	15.4 km/h	Male	11 / 43	MV45	4 / 7	+00:02:46
12	32	Elliot	Stone	Royton Road Runners	00:19:56	00:19:56.0	15.0 km/h	Male	12 / 43	MV50	4 / 8	+00:03:09
13	20	James	Moulton	Royton Road Runners	00:19:58	00:19:58.2	15.0 km/h	Male	13 / 43	M20-34	2 / 4	+00:03:11
14	33	Maisie	Wainwright	Royton Road Runners	00:20:04	00:20:04.3	14.9 km/h	Female	1 / 16	F20-34	1 / 1	+00:03:17
15	2	Adrian	Brown	Royton Road Runners	00:20:06	00:20:05.9	14.9 km/h	Male	14 / 43	MV40	2 / 3	+00:03:19
16	9	Barry	Greaves	Royton Road Runners	00:20:08	00:20:08.0	14.9 km/h	Male	15 / 43	MV65	1 / 4	+00:03:21
17	8	Bernard	Goodwin	Royton Road Runners	00:20:34	00:20:34.0	14.6 km/h	Male	16 / 43	MV55	1 / 4	+00:03:47
18	4	Lee	Earnshaw	Royton Road Runners	00:20:47	00:20:47.2	14.4 km/h	Male	17 / 43	MV50	5 / 8	+00:04:00
19	26	Courage	Ruwanza		00:21:10	00:21:09.9	14.2 km/h	Male	18 / 43	M20-34	3 / 4	+00:04:23
20	1	Neil	Brock	Royton Road Runners	00:21:18	00:21:17.6	14.1 km/h	Male	19 / 43	MV60	1 / 3	+00:04:31
21	15	Sam	Holmes		00:21:41	00:21:41.4	13.8 km/h	Male	20 / 43	M20-34	4 / 4	+00:04:55
22	17	Andrew	Ingham	Royton Road Runners	00:21:48	00:21:48.1	13.8 km/h	Male	21 / 43	MV35	3 / 7	+00:05:01
23	12	Andy	Hall	Royton Road Runners	00:21:57	00:21:57.5	13.7 km/h	Male	22 / 43	MV50	6 / 8	+00:05:11
24	7	Damien	Finn	Royton Road Runners	00:22:06	00:22:06.2	13.6 km/h	Male	23 / 43	MV55	2 / 4	+00:05:19
25	5	John	Fay	Royton Road Runners	00:22:20	00:22:19.7	13.4 km/h	Male	24 / 43	MV40	3 / 3	+00:05:33
26	66	Dave	Watt	Royton Road Runners	00:22:22	00:22:21.7	13.4 km/h	Male	25 / 43	MV45	5 / 7	+00:05:35
27	37	Mark	Baxendale	Royton Road Runners	00:22:40	00:22:39.6	13.2 km/h	Male	26 / 43	MV50	7 / 8	+00:05:53
28	24	Rochelle	Reading	Royton Road Runners	00:22:47	00:22:46.9	13.2 km/h	Female	2 / 16	FV50	1 / 6	+00:06:00
29	31	Adam	Stirling	Royton Road Runners	00:23:13	00:23:13.1	12.9 km/h	Male	27 / 43	MV35	4 / 7	+00:06:26
30	13	Mark	Heaney	Royton Road Runners	00:23:17	00:23:16.8	12.9 km/h	Male	28 / 43	MV65	2 / 4	+00:06:30
31	10	Jonathan	Green	Royton Road Runners	00:23:42	00:23:42.0	12.7 km/h	Male	29 / 43	MV45	6 / 7	+00:06:55
32	55	Dave	Pearl	Royton Road Runners	00:23:51	00:23:51.4	12.6 km/h	Male	30 / 43	MV55	3 / 4	+00:07:05
33	40	Andy	Chadwick	Royton Road Runners	00:24:18	00:24:18.2	12.3 km/h	Male	31 / 43	MV35	5 / 7	+00:07:31
34	50	Jason	Keast	Royton Road Runners	00:24:23	00:24:23.2	12.3 km/h	Male	32 / 43	MV55	4 / 4	+00:07:36

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35	39	Rory	Browne	Vegan Runners	00:25:35	00:25:35.5	11.7 km/h	Male	33 / 43	MV60	2 / 3	+00:08:49
36	62	Gary	Smith	Royton Road Runners	00:25:56	00:25:56.1	11.6 km/h	Male	34 / 43	MV60	3 / 3	+00:09:09
37	11	Edward	Grimley	Royton Road Runners	00:26:18	00:26:18.4	11.4 km/h	Male	35 / 43	MV35	6 / 7	+00:09:32
38	65	Claire	Timms	Royton Road Runners	00:27:04	00:27:04.5	11.1 km/h	Female	3 / 16	FV50	2 / 6	+00:10:18
39	36	Dave	Bardsley	Royton Road Runners	00:27:37	00:27:37.1	10.9 km/h	Male	36 / 43	MV45	7 / 7	+00:10:50
40	59	Stephen	Rogowskyj	Royton Road Runners	00:27:58	00:27:57.9	10.7 km/h	Male	37 / 43	MV65	3 / 4	+00:11:11
41	68	Sam	Wright	Royton Road Runners	00:28:10	00:28:09.9	10.7 km/h	Female	4 / 16	FV50	3 / 6	+00:11:23
42	58	Amanda	Richardson	Royton Road Runners	00:28:49	00:28:49.5	10.4 km/h	Female	5 / 16	FV55	1 / 3	+00:12:03
43	54	Martina	Naismith	Royton Road Runners	00:28:57	00:28:57.3	10.4 km/h	Female	6 / 16	FV50	4 / 6	+00:12:10
44	53	Howard	Mills	Royton Road Runners	00:29:00	00:28:59.6	10.3 km/h	Male	38 / 43	MV70	1 / 2	+00:12:13
45	49	Diane	Johnson	Royton Road Runners	00:29:00	00:29:00.0	10.3 km/h	Female	7 / 16	FV65	1 / 1	+00:12:13
46	41	Billie	Chamberlain	Royton Road Runners	00:29:24	00:29:23.7	10.2 km/h	Female	8 / 16	FV35	1 / 3	+00:12:37
47	47	Ian	Floyd	Royton Road Runners	00:29:24	00:29:24.4	10.2 km/h	Male	39 / 43	MV65	4 / 4	+00:12:38
48	44	Sharon	Dracup	Royton Road Runners	00:29:26	00:29:26.2	10.2 km/h	Female	9 / 16	FV60	1 / 1	+00:12:39
49	48	Nicky	Hall	Royton Road Runners	00:29:54	00:29:54.0	10.0 km/h	Female	10 / 16	FV50	5 / 6	+00:13:07
50	35	Sean	Bailey		00:29:58	00:29:57.9	10.0 km/h	Male	40 / 43	MV35	7 / 7	+00:13:11
51	60	Alison	Royle	Royton Road Runners	00:30:12	00:30:11.9	9.9 km/h	Female	11 / 16	FV50	6 / 6	+00:13:25
52	43	Richard	Douglas	Royton Road Runners	00:30:36	00:30:35.8	9.8 km/h	Male	41 / 43	MV50	8 / 8	+00:13:49
53	51	Sharon	Leach	Royton Road Runners	00:31:15	00:31:14.8	9.6 km/h	Female	12 / 16	FV55	2 / 3	+00:14:28
54	45	Katy	Errock	Vegan Runners (Unaffiliated)	00:31:31	00:31:31.3	9.5 km/h	Female	13 / 16	FV35	2 / 3	+00:14:44
55	56	David	Phillips	Royton Road Runners	00:31:41	00:31:40.5	9.5 km/h	Male	42 / 43	MV80	1 / 1	+00:14:54
56	64	Samantha	Tattersall	Royton Road Runners	00:32:21	00:32:21.1	9.3 km/h	Female	14 / 16	FV35	3 / 3	+00:15:34
57	63	Karen	Stuttard	Oldham & Royton Harriers	00:32:23	00:32:23.2	9.3 km/h	Female	15 / 16	FV55	3 / 3	+00:15:36
58	42	Stacey	Douglas	Royton Road Runners	00:37:47	00:37:46.7	7.9 km/h	Female	16 / 16	FV40	1 / 1	+00:21:00
59	57	Ronnie	Quinn	Royton Road Runners	00:39:10	00:39:10.4	7.7 km/h	Male	43 / 43	MV70	2 / 2	+00:22:24