

| Pos | Name | RRR Track 5K May 2024 | Gender | 1st/2nd Claim | Overall Chip Position (of 52 finishers) | Category Position (by Chip Time) |
|-----|-------------------|--------------------------|--------|------------------|---|-------------------------------------|
| | | Chip Time | | | | |
| 1 | Rob James | 16:00 | M | 1st | 1 | 1/3 MV35 |
| 2 | William Wall | 17:22 | M | 1st | 2 | 1/6 MV45 |
| 3 | James Henderson | 17:53 | M | 1st | 3 | 2/6 MV45 |
| 4 | Martin Thompson | 17:59 | M | 1st | 5 | 2/9 MV40 |
| 5 | Paul Timms | 18:06 | M | 2nd | 6 | 3/6 MV45 |
| 6 | Andrew Rogers | 18:19 | M | 1st | 7 | 1/4 MV50 |
| 7 | Brett Spivey | 19:17 | M | 1st | 8 | 3/9 MV40 |
| 8 | Chris Tattersall | 19:24 | M | 1st | 9 | 4/9 MV40 |
| 9 | Barry Greaves | 19:33 | M | 1st | 10 | 1/2 MV65 |
| 10 | Wesley Henshaw | 19:57 | M | 1st | 11 | 2/3 MV35 |
| 11 | Andy Hall | 20:21 | M | 1st | 12 | 2/4 MV50 |
| 12 | Mark Duncan | 20:28 | M | 1st | 13 | 5/9 MV40 |
| 13 | Adrian Brown | 20:42 | M | 1st | 14 | 6/9 MV40 |
| 14 | Lee Earnshaw | 20:56 | M | 1st | 15 | 3/4 MV50 |
| 15 | John Fay | 21:06 | M | 1st | 16 | 7/9 MV40 |
| 16 | Oliver Pozegic | 21:07 | M | 1st | 17 | 1/1 SM |
| 17 | David Emanuel | 21:24 | M | 1st | 18 | 1/3 MV60 |
| 18 | Mark Phelan | 21:41 | M | 1st | 19 | 1/5 MV55 |
| 19 | Andrew Ingham | 21:47 | M | 1st | 20 | 3/3 MV35 |
| 20 | Simon Howard | 21:51 | M | 1st | 21 | 4/4 MV50 |
| 21 | Dave Peart | 21:56 | M | 1st | 22 | 2/5 MV55 |
| 22 | Bryan Lawton | 22:17 | M | 1st | 23 | 3/5 MV55 |
| 23 | Rochelle Evans | 22:41 | F | 1st | 24 | 1/2 FV45 |
| 24 | Bernard Cassidy | 23:25 | M | 1st | 25 | 2/2 MV65 |
| 25 | Kirsty Agnew | 23:37 | F | 1st | 26 | 1/1 FV40 |
| 26 | Chris Nicholson | 23:46 | M | 1st | 27 | 4/6 MV45 |
| 27 | Gail Shaw | 24:00 | F | 1st | 28 | 1/6 FV55 |
| 28= | Gary Smith | 24:33 | M | 1st | 29 | 2/3 MV60 |
| 28= | Lucy Schindler | 24:33 | F | 1st | 30 | 1/1 SF |
| 30 | Gareth McCaffery | 24:34 | M | 1st | 31 | 8/9 MV40 |
| 31 | Kevin Hutchings | 25:14 | M | 1st | 32 | 4/5 MV55 |
| 32 | Dave Watt | 26:16 | M | 1st | 33 | 5/6 MV45 |
| 33 | Stephen Rogowskyj | 26:51 | M | 1st | 34 | 3/3 MV60 |
| 34 | Lee Higginbottom | 27:39 | M | 1st | 35 | 6/6 MV45 |

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|-----|---------------------|--------------------------|--------|------------------|---|-------------------------------------|
| | | Chip Time | | | | |
| 35 | Amanda Richardson | 27:47 | F | 1st | 36 | 2/6 FV55 |
| 36 | Karen Price | 28:28 | F | 1st | 37 | 2/2 FV45 |
| 37 | Diane Johnson | 28:37 | F | 1st | 38 | 1/1 FV65 |
| 38 | Sharon Dracup | 29:04 | F | 1st | 39 | 3/6 FV55 |
| 39= | Nicky Hall | 29:24 | F | 1st | 40 | 1/1 FV50 |
| 39= | Joanne Lawton | 29:24 | F | 1st | 41 | 4/6 FV55 |
| 41 | Billie Chamberlain | 29:36 | F | 1st | 42 | 1/2 FV35 |
| 42 | Howard Mills | 29:48 | M | 1st | 43 | 1/1 MV70 |
| 43 | David Phillips | 30:45 | M | 1st | 44 | 1/1 MV80 |
| 44 | Dave Bardsley | 31:03 | M | 1st | 45 | 9/9 MV40 |
| 45 | Elaine Brown | 31:11 | F | 1st | 46 | 1/1 FV60 |
| 46 | Angela Rogowskyj | 31:49 | F | 1st | 47 | 5/6 FV55 |
| 47 | Gill Bardsley | 32:15 | F | 1st | 48 | 6/6 FV55 |
| 48 | Bernadette Ball | 33:32 | F | 1st | 49 | 1/1 FV70 |
| 49 | Samantha Tattersall | 33:45 | F | 1st | 50 | 2/2 FV35 |
| 50 | Dave Leyland | 38:06 | M | 1st | 51 | 5/5 MV55 |
| 51 | June Allingan | 38:45 | F | 1st | 52 | 1/1 FV80 |