



Premiership

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Rob James	8	24	25	0	25	0	0	25	25	25	25	25	0	0	0	0	0	0	175
2	James Henderson	9	23	23	25	0	0	0	0	24	0	24	24	0	0	25	24	25	0	171
3	Shane Reading	9	0	0	0	23	0	25	0	23	24	23	22	25	0	24	25	0	0	169
4	Andrew Rogers	8	22	0	0	24	0	0	23	22	0	0	21	0	25	0	23	22	0	161
5	Neil Brock	9	21	22	24	0	23	22	22	21	23	0	19	0	0	0	0	0	0	157
6	Owen Flage	5	0	0	0	0	0	0	0	0	22	22	18	0	0	23	0	21	0	106
7	Paul Timms	4	0	24	0	0	24	0	24	0	0	0	0	0	0	0	0	24	0	96
8	Martin Thompson	4	0	0	0	0	0	23	21	20	0	0	20	0	0	0	0	0	0	84
9	Chris Lowe	3	0	0	0	0	0	24	0	0	0	0	23	0	0	0	0	23	0	70
10	Jarrold Gritt	2	25	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	50
11	Robert Fairbanks	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Championship

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Brett Spivey	13	23	25	0	25	25	24	0	0	23	24	21	24	25	25	24	24	173
2 Dave Peart	13	21	22	0	0	21	25	0	20	25	21	23	25	24	18	25	25	172
3 Ian Dale	10	25	0	24	23	0	0	22	25	0	25	24	0	0	24	23	21	170
4 Chris Tattersall	7	0	0	25	0	0	0	25	23	0	23	25	0	0	23	0	23	167
5 Bernard Goodwin	13	24	0	0	22	23	22	24	21	0	22	22	23	23	22	22	22	161
6 Carl O'Callaghan	10	22	23	23	21	24	23	0	22	0	0	0	0	0	20	21	20	158
7 David Emanuel	11	20	0	22	20	22	0	23	18	24	20	20	0	22	19	0	0	153
8 Paul Openshaw	3	0	24	0	24	0	0	0	19	0	0	0	0	0	0	0	0	67
9 Barry Greaves	2	0	0	0	0	0	0	0	24	0	0	0	0	0	22	0	0	46
10 David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 1

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Adam Stirling	12	24	23	0	23	0	25	0	25	25	25	25	24	0	25	25	25	175
2 Elliot Stone	10	25	25	0	25	0	0	25	24	23	24	0	0	0	24	24	23	172
3 Janet Jobey	9	22	24	25	24	25	0	0	0	24	0	24	25	0	0	0	24	171
4 Bryan Lawton	2	21	0	0	0	0	0	0	0	0	0	0	0	0	23	0	0	44
5 Darren Ogden	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23

Criteria order for separating runners on equal points are as follows:

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- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 2

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Baxendale	10	25	25	25	25	0	24	25	0	0	0	24	0	0	24	24	25	174
2	John Fay	10	24	0	0	24	25	0	24	0	25	0	25	25	24	0	25	23	173
3	Eamonn Nolan	8	23	23	0	0	0	25	0	25	0	0	20	0	25	23	0	22	166
3	Mark Phelan	12	22	24	24	23	24	22	23	23	24	0	22	0	23	0	0	24	166
5	Robert Kellett	7	0	0	0	0	0	23	22	24	0	25	23	0	0	25	0	21	163
6	Mark Heaney	8	21	0	0	22	0	21	21	22	21	24	21	0	0	0	0	0	152
7	Ronnie Quinn	9	0	0	0	21	0	20	20	20	23	22	18	0	0	22	23	0	151
8	Mark Foran	8	20	0	0	20	0	19	0	21	22	23	19	0	0	0	0	20	145

Criteria order for separating runners on equal points are as follows:

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- 4 - Faster average pace per mile (all races taken into account)



Group 3

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Adrian Brown	14	25	25	25	25	25	0	25	25	25	25	25	0	25	25	25	25	175
2 Mark Duncan	7	0	0	0	0	0	0	24	24	0	23	22	0	24	24	0	24	165
3 James Holdaway	7	24	24	0	24	0	0	23	0	0	24	0	0	0	22	0	22	163
3 Simon Howard	9	22	23	23	20	0	0	0	24	0	0	0	0	23	23	24	23	163
5 Rochelle Evans	10	0	0	0	21	0	25	0	21	24	20	23	25	0	21	23	21	162
6 Bernard Cassidy	7	21	0	24	23	0	0	0	20	0	21	24	0	0	20	0	0	153
7 Gary Marshall	7	20	0	0	0	0	0	22	22	0	22	0	0	22	19	22	0	149
8 Kirsty Agnew	5	23	0	0	22	24	24	0	0	23	0	0	0	0	0	0	0	116
9 Joanne Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 4

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Bryony Jones	10	0	25	25	24	25	25	0	21	25	0	23	25	25	0	0	0	175
2 Chris Nicholson	10	24	0	0	25	22	0	24	23	22	25	24	0	0	25	25	0	172
3 Jason Keast	14	25	23	22	18	21	0	23	25	23	23	25	22	21	24	0	20	168
4 Kevin Hutchings	12	18	24	23	21	0	0	22	19	21	21	21	24	0	23	0	25	162
5 Gail Shaw	7	22	0	0	22	23	23	0	0	0	0	20	23	23	0	0	0	156
6 Trish Murdin	9	19	0	24	20	24	0	0	20	0	0	0	0	22	19	23	22	155
7 Lee Higginbottom	7	16	0	0	23	0	0	0	17	0	20	0	0	0	21	22	21	140
8 Sarah Tomassi	5	0	0	0	0	0	0	25	22	0	22	0	0	0	0	24	23	116
9 Gary Smith	5	20	0	0	0	0	24	0	0	0	0	0	0	24	20	0	24	112
10 Paul Cooke	5	17	0	0	19	0	0	0	16	0	19	0	0	0	18	0	0	89
11 Andrew Ingham	3	0	0	0	0	0	0	0	24	24	24	0	0	0	0	0	0	72
12 Warren Siddall	3	0	0	0	0	0	0	0	0	20	0	22	0	0	22	0	0	64
13 Ray Williams	3	21	0	0	0	0	0	0	18	0	0	19	0	0	0	0	0	58
14 Gareth McCaffery	2	23	0	0	0	0	0	0	0	0	0	0	21	0	0	0	0	44
15 Stewart Jones	2	0	22	21	0	0	0	0	0	0	0	0	0	0	0	0	0	43
16 Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

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- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Group 5

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Tracey Hall	10	25	25	25	25	0	0	25	0	25	25	25	25	0	0	0	25	175
2 Amanda Richardson	14	24	24	22	24	24	25	23	25	24	24	24	0	0	25	25	24	172
3 Susan Heaney	7	0	0	0	21	0	24	21	23	23	22	0	0	0	0	0	22	156
4 Claire Timms	6	23	23	23	0	25	0	24	0	0	0	0	0	0	0	0	21	139
5 Jillian Heywood	4	20	0	24	0	0	0	0	0	0	0	0	24	0	0	0	23	91
6 Lynda Brookes	4	22	0	0	23	0	0	22	0	0	23	0	0	0	0	0	0	90
7 David Smith	3	0	0	21	22	0	0	0	24	0	0	0	0	0	0	0	0	67
8 Jillian Hickson	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
9 Lisa Southward	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
10 Adam Stopford	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 Karen Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 6

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Natali Brown	13	24	0	25	25	25	0	25	25	25	25	25	0	25	25	25	23	175
2	Judith Bradley	7	25	25	0	0	0	25	0	24	0	24	24	0	0	0	0	25	172
3	Stephen Rogowskyj	12	17	0	0	24	24	21	20	22	21	16	19	0	0	24	24	24	163
4	Angela Rogowskyj	12	21	0	0	20	24	18	22	20	22	17	20	0	0	19	23	17	152
5	Neil Bradley	9	18	0	0	22	22	23	19	21	0	19	18	0	0	0	0	22	148
6	Nicky Hall	6	0	0	0	0	0	22	24	0	23	21	22	0	0	0	0	19	131
7	Sharon Leach	6	23	0	0	21	0	0	0	23	0	20	23	0	0	20	0	0	130
8	Dawn Speed	6	0	0	0	23	0	24	21	0	0	18	0	0	0	22	0	21	129
9	Karen Stuttard	6	0	0	0	0	0	20	0	19	20	0	17	0	0	21	22	0	119
10	Dave Bardsley	3	0	24	0	0	0	0	23	0	24	0	0	0	0	0	0	0	71
11	Amanda Welby	3	19	0	0	0	0	0	0	0	0	0	0	0	0	23	0	19	61
12	Bernadette Ball	3	20	0	0	0	0	19	0	0	0	0	0	0	0	0	0	20	59
13	Martina Naismith	2	0	0	0	0	0	0	0	0	0	0	0	25	24	0	0	0	49
14	Nikki Mills	2	0	0	0	0	0	0	0	0	0	22	22	0	0	0	0	0	44
15	Tim Dickinson	1	0	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	23
16	Nikki Forster	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
17	Bernie Allen	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Peter Boulton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 7

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Kay England	9	25	0	0	25	0	25	25	24	0	25	25	0	0	25	0	25	175
2 June Allingan	8	23	0	0	23	0	23	24	21	0	0	22	0	0	23	0	24	162
3 Alison Cresswell	7	24	0	0	24	0	0	23	21	0	23	22	0	0	0	0	24	161
4 Joanne Lawton	4	0	0	0	0	0	0	0	24	0	24	25	0	0	25	0	0	98
5 Sarah Fitton	3	0	0	0	0	0	24	0	22	0	0	23	0	0	0	0	0	69
6 Liz Phillips	1	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	25
7 Anne Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7 Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7 Sally Crewe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7 Stephen Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Ladies

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Janet Jobey	9	50	50	50	50	0	0	0	50	0	50	50	0	0	0	50	350	
2	Rochelle Evans	10	0	0	0	48	0	50	0	50	48	50	49	49	0	50	50	49	348
3	Bryony Jones	10	0	49	49	47	48	49	0	48	49	0	48	48	50	0	0	0	342
4	Trish Murdin	9	47	0	48	44	47	0	0	47	0	0	0	0	48	49	48	47	334
5	Tracey Hall	10	46	48	47	45	0	0	49	0	47	48	46	46	0	0	0	46	331
6	Gail Shaw	7	48	0	0	46	46	47	0	0	0	0	47	47	49	0	0	0	330
7	Amanda Richardson	14	45	47	43	43	43	46	46	46	44	47	45	0	0	48	47	45	327
8	Natali Brown	13	37	0	45	41	44	0	47	45	45	46	43	0	47	47	46	41	323
9	Judith Bradley	7	39	45	0	0	0	45	0	44	0	44	42	0	0	0	0	43	302
10	Susan Heaney	7	0	0	0	40	0	44	44	43	43	43	0	0	0	0	0	42	299
11	Angela Rogowskyj	12	34	0	0	37	42	40	42	38	41	37	38	0	0	41	45	35	289
12	Kay England	9	31	0	0	38	0	39	41	40	0	39	37	0	0	45	0	36	279
13	Claire Timms	6	44	46	45	0	45	0	48	0	0	0	0	0	0	0	0	41	269
14	June Allingan	8	29	0	0	35	0	37	40	35	0	0	33	0	0	40	0	34	254
15	Nicky Hall	6	0	0	0	0	0	43	43	0	42	41	40	0	0	0	0	38	247
16	Sarah Tomassi	5	0	0	0	0	0	0	50	49	0	49	0	0	0	0	49	48	245
17	Alison Cresswell	7	30	0	0	36	0	0	39	35	0	36	33	0	0	0	0	34	243
18	Kirsty Agnew	5	49	0	0	49	49	48	0	0	46	0	0	0	0	0	0	0	241
18	Karen Stuttard	6	0	0	0	0	0	42	0	37	40	0	35	0	0	43	44	0	241
20	Sharon Leach	6	36	0	0	39	0	0	0	42	0	40	41	0	0	42	0	0	240
21	Jillian Heywood	4	41	0	46	0	0	0	0	0	0	0	0	45	0	0	0	44	176
22	Lynda Brookes	4	43	0	0	42	0	0	45	0	0	45	0	0	0	0	0	0	175
23	Joanne Lawton	4	0	0	0	0	0	0	0	40	0	38	37	0	0	45	0	0	160
24	Amanda Welby	3	32	0	0	0	0	0	0	0	0	0	0	0	0	46	0	38	116
25	Bernadette Ball	3	33	0	0	0	0	41	0	0	0	0	0	0	0	0	0	39	113
26	Sarah Fitton	3	0	0	0	0	0	38	0	36	0	0	34	0	0	0	0	0	108
27	Martina Naismith	2	0	0	0	0	0	0	0	0	0	0	0	44	46	0	0	0	90

28	Nikki Mills	2	0	0	0	0	0	0	0	0	0	0	42	40	0	0	0	0	0	82
28	Diane Johnson	2	38	0	0	0	0	0	0	0	0	0	0	44	0	0	0	0	0	82
30	Jillian Hickson	1	42	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
31	Liz Phillips	1	0	0	0	0	0	0	0	41	0	0	0	0	0	0	0	0	0	41
32	Lisa Southward	1	40	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	40
33	Nikki Forster	1	35	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	35
34	Anne Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Joanne Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Karen Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Kellie Dunkerley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Liane Gilligan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Sally Crewe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Male over 35's

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Rob James	8	25	25	0	25	0	0	25	25	25	25	0	0	0	0	0	0	175
2	Brett Spivey	13	24	24	0	24	25	24	0	0	22	23	22	25	25	25	24	25	173
3	Adrian Brown	14	22	23	25	23	24	0	23	22	24	24	23	0	24	24	25	24	170
4	Adam Stirling	12	23	22	0	22	0	23	0	24	23	22	21	24	0	23	23	23	163
5	Gary Marshall	7	21	0	0	0	0	0	22	21	0	21	0	0	23	22	22	0	152
6	Martin Thompson	4	0	0	0	0	0	25	24	23	0	0	24	0	0	0	0	0	96
7	Gareth McCaffery	2	20	0	0	0	0	0	0	0	0	0	0	23	0	0	0	0	43
8	Adam Stopford	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Paul Ashton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 40's

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 John Fay	10	25	0	0	25	24	0	23	0	25	0	24	25	25	0	25	23	174
2 Chris Tattersall	7	0	0	25	0	0	0	24	25	0	25	25	0	0	25	0	24	173
3 Chris Nicholson	10	24	0	0	24	23	0	21	23	24	24	23	0	0	23	24	0	166
4 Mark Duncan	7	0	0	0	0	0	0	22	24	0	23	22	0	24	24	0	22	161
5 Lee Higginbottom	7	23	0	0	23	0	0	0	22	0	22	0	0	0	22	23	21	156
6 Paul Timms	4	0	25	0	0	25	0	25	0	0	0	0	0	0	0	0	25	100
7 Dave Bardsley	3	0	24	0	0	0	0	20	0	23	0	0	0	0	0	0	0	67
8 Dave Watt	1	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	22
9 Robert Fairbanks	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Male over 45's

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 James Henderson	9	25	25	25	0	0	0	0	25	0	25	25	0	0	25	24	25	175
2 Shane Reading	9	0	0	0	25	0	25	0	24	25	24	24	25	0	24	25	0	173
3 Mark Baxendale	10	23	22	24	22	0	24	24	0	0	0	23	0	0	22	23	24	165
4 Elliot Stone	10	24	23	0	23	0	0	25	23	22	20	0	0	0	23	22	23	164
5 Mark Foran	8	21	0	0	20	0	23	0	21	24	22	22	0	0	0	0	20	153
5 James Holdaway	7	22	21	0	21	0	0	23	0	0	23	0	0	0	21	0	22	153
7 Owen Flage	5	0	0	0	0	0	0	0	0	23	21	21	0	0	20	0	21	106
8 Paul Openshaw	3	0	24	0	24	0	0	0	22	0	0	0	0	0	0	0	0	70
9 Stewart Jones	2	0	20	23	0	0	0	0	0	0	0	0	0	0	0	0	0	43
10 Tim Dickinson	1	0	0	0	0	0	0	0	0	0	19	0	0	0	0	0	0	19
11 David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Andrew Rogers	8	25	0	0	25	0	0	25	25	0	0	24	0	25	0	25	24	174
2 Dave Peart	13	21	24	0	0	22	24	0	22	25	24	23	25	24	22	24	23	170
2 Bernard Goodwin	13	24	0	0	24	24	22	24	23	0	25	22	24	23	25	23	22	170
4 Carl O'Callaghan	10	23	25	25	23	25	23	0	24	0	0	0	0	0	24	22	21	169
5 Mark Phelan	12	20	23	23	22	23	21	23	21	24	0	21	0	22	0	0	20	160
6 Jason Keast	14	18	21	22	20	21	0	22	19	23	23	20	23	20	20	0	17	155
7 Simon Howard	9	19	22	24	21	0	0	0	20	0	0	0	0	21	23	21	19	152
8 Chris Lowe	3	0	0	0	0	0	25	0	0	0	0	25	0	0	0	0	25	75
9 Warren Siddall	3	0	0	0	0	0	0	0	0	22	0	19	0	0	19	0	0	60
10 Andy Hall	3	0	0	0	0	0	0	0	18	0	0	0	0	0	21	0	18	57
11 Darren Ogden	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
12 Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Neil Brock	9	25	25	25	0	25	25	25	25	0	24	0	0	0	0	0	0	0	175
2	Ian Dale	10	24	0	24	25	0	0	22	24	0	25	25	0	0	25	25	25	25	174
3	David Emanuel	11	22	0	23	24	24	0	24	21	24	23	22	0	24	23	0	0	0	166
4	Eamonn Nolan	8	23	24	0	0	0	24	0	23	0	0	21	0	25	22	0	24	24	165
5	Robert Kellett	7	0	0	0	0	0	23	23	22	0	24	23	0	0	24	0	23	23	162
6	Kevin Hutchings	12	19	23	22	23	0	0	21	20	23	22	20	25	0	20	0	22	22	160
7	Neil Bradley	9	17	0	0	21	23	22	20	17	0	20	18	0	0	0	0	21	21	145
8	Paul Cooke	5	18	0	0	22	0	0	0	18	0	21	0	0	0	19	0	0	0	98
9	Ray Williams	3	20	0	0	0	0	0	0	19	0	0	19	0	0	0	0	0	0	58
10	Bryan Lawton	2	21	0	0	0	0	0	0	0	0	0	0	0	0	21	0	0	0	42
11	Ged Navesey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Heaney	8	25	0	0	25	0	25	25	25	25	25	25	0	0	0	0	0	175
2	Bernard Cassidy	7	24	0	25	24	0	0	0	24	0	24	24	0	0	25	0	0	170
3	Stephen Rogowskyj	12	22	0	0	23	25	23	24	23	24	23	23	0	0	23	25	24	168
4	Gary Smith	5	23	0	0	0	0	24	0	0	0	0	0	0	25	24	0	25	121
5	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 65's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Ronnie Quinn	9	0	0	0	25	0	25	25	24	25	25	25	0	0	24	25	0	175
2	David Smith	3	0	0	25	24	0	0	0	23	0	0	0	0	0	0	0	0	72
3	Barry Greaves	2	0	0	0	0	0	0	0	25	0	0	0	0	0	25	0	0	50
4	Bernie Allen	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Stephen Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Peter Boulton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
1		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
1	Ray Shaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 35's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Trish Murdin	9	24	0	25	24	24	0	0	25	0	0	0	0	25	25	25	25	174
2	Natali Brown	13	23	0	24	23	23	0	25	24	24	25	25	0	24	24	24	24	171
3	Kirsty Agnew	5	25	0	0	25	25	25	0	0	25	0	0	0	0	0	0	0	125
4	Sally Crewe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Sarah Tomassi	5	0	0	0	0	0	0	25	25	0	25	0	0	0	0	25	25	125
2 Nikki Mills	2	0	0	0	0	0	0	0	0	0	24	25	0	0	0	0	0	49
3 Liz Phillips	1	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	24
4 Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Janet Jobey	9	25	25	25	25	25	0	0	0	25	0	25	25	0	0	0	25	175
2 Rochelle Evans	10	0	0	0	24	0	25	0	25	24	25	24	24	0	25	25	24	173
3 Kay England	9	22	0	0	23	0	23	23	24	0	23	22	0	0	24	0	21	162
4 Claire Timms	6	24	24	24	0	24	0	25	0	0	0	0	0	0	0	0	23	144
5 Nicky Hall	6	0	0	0	0	0	24	24	0	23	24	23	0	0	0	0	22	140
6 Martina Naismith	2	0	0	0	0	0	0	0	0	0	0	0	23	25	0	0	0	48
7 Jillian Hickson	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
8 Joanne Brown	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8 Karen Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8 Kellie Dunkerley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Tracey Hall	10	25	25	25	25	0	0	25	0	25	25	25	25	0	0	0	25	175
2	Amanda Richardson	14	24	24	23	24	25	25	24	25	24	24	24	0	0	25	25	24	173
3	Judith Bradley	7	20	23	0	0	0	24	0	24	0	22	23	0	0	0	0	22	158
4	Sharon Leach	6	19	0	0	22	0	0	0	23	0	21	22	0	0	22	0	0	129
5	Jillian Heywood	4	22	0	24	0	0	0	0	0	0	0	0	24	0	0	0	23	93
6	Lynda Brookes	4	23	0	0	23	0	0	23	0	0	23	0	0	0	0	0	0	92
7	Joanne Lawton	4	0	0	0	0	0	0	0	22	0	20	21	0	0	23	0	0	86
8	Amanda Welby	3	17	0	0	0	0	0	0	0	0	0	0	0	0	24	0	21	62
9	Lisa Southward	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
10	Nikki Forster	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
11	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:
 1 - Superior head-to-head record
 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
 3 - Higher points per race average (all races taken into account)
 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	7	25	0	0	25	25	25	0	0	0	0	25	25	25	0	0	0	175
2	Angela Rogowskyj	12	24	0	0	24	24	23	25	25	25	25	24	0	0	24	25	25	174
3	Karen Stuttard	6	0	0	0	0	0	24	0	24	24	0	23	0	0	25	24	0	144

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 60's

	No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1 Susan Heaney	7	0	0	0	25	0	25	25	25	25	0	0	0	0	0	0	25	175
2 Alison Cresswell	7	24	0	0	24	0	0	24	24	0	24	24	0	0	0	0	24	168
3 Diane Johnson	2	25	0	0	0	0	0	0	0	0	25	0	0	0	0	0	0	50
4 Anne Jones	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernadette Ball	3	25	0	0	0	0	25	0	0	0	0	0	0	0	0	0	25	75
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 75's

		No of Races Completed	Stockport Daffodil 10k	Settle 10 Mile	Dentdale	Cowm 5k	Chester Half	Media City 10k	Rochdale 10k	Royton Trail	Mossley 10k	Cowm 5k2	Hopwood Trot	York Half	Warrington Half	Track 5k	Knutsford 10k	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	June Allingan	8	25	0	0	25	0	25	25	25	0	0	25	0	0	25	0	25	175	
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)