

[illegible]

Criteria order for separating runners on equal points are as follows:

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- 4 - Faster average pace per mile (all races taken into account)



Championship

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Andrew Ingham	12	25	25	0	22	23	24	25	25	23	25	24	25	22	0	0	0	0	174
2	Neil Brock	10	0	0	20	24	20	25	23	24	25	0	23	24	21	0	0	0	0	168
3	Andy Hall	10	21	0	24	20	24	23	0	22	0	24	22	22	20	0	0	0	0	161
4	David Emanuel	11	22	24	21	23	18	22	24	23	20	0	20	0	19	0	0	0	0	159
5	John Fay	8	20	0	0	21	19	21	0	0	22	23	21	23	0	0	0	0	0	151
6	Barry Greaves	6	0	0	22	0	17	0	0	0	24	23	25	0	24	0	0	0	0	135
7	Adam Stirling	4	0	0	0	0	16	0	0	0	21	21	0	0	23	0	0	0	0	81
8	Lee Earnshaw	3	0	0	0	25	25	0	0	0	0	0	0	0	25	0	0	0	0	75
9	Oliver Pozegic	3	23	0	25	0	22	0	0	0	0	0	0	0	0	0	0	0	0	70
10	Carl O'Callaghan	3	24	0	23	0	21	0	0	0	0	0	0	0	0	0	0	0	0	68
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 1

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Baxendale	8	25	0	0	22	0	22	0	24	25	0	25	25	25	0	0	0	0	171
2	John Hendrick	12	19	21	25	19	21	25	25	16	0	24	17	24	0	0	0	0	0	169
3	Mark Phelan	7	23	25	0	25	0	0	24	0	23	24	0	20	0	0	0	0	0	164
4	Rochelle Reading	9	21	23	24	0	20	24	0	0	20	25	0	22	22	0	0	0	0	161
5	Gail Shaw	10	20	0	22	24	16	20	23	23	0	22	22	0	20	0	0	0	0	156
6	Bryan Lawton	7	19	0	0	0	19	21	0	0	0	23	23	23	21	0	0	0	0	149
7	Martin Kent	8	16	22	23	23	22	0	0	0	17	0	0	19	19	0	0	0	0	145
8	Mark Heaney	7	0	18	0	0	17	0	0	22	22	20	21	21	0	0	0	0	0	141
9	James Bowling	6	24	0	0	0	25	23	0	0	18	22	0	24	0	0	0	0	0	136
10	Bernard Cassidy	10	15	17	21	17	12	18	0	21	12	18	0	15	0	0	0	0	0	127
11	Ray Williams	5	22	24	0	0	0	0	0	0	15	0	0	18	18	0	0	0	0	97
12	Dave Watt	5	0	20	0	18	14	0	0	0	0	0	20	14	0	0	0	0	0	86
13	Simon Howard	5	14	19	0	20	13	0	0	0	0	0	19	0	0	0	0	0	0	85
14	Daniel Tindall	3	0	0	0	0	24	0	0	0	24	0	0	0	23	0	0	0	0	71
15	Trish Callan	4	17	0	0	21	15	0	0	0	0	0	0	0	17	0	0	0	0	70
16	Chris Nicholson	3	0	0	0	0	23	19	0	0	13	0	0	0	0	0	0	0	0	55
17	Warren Siddall	3	0	0	0	0	0	0	0	0	14	19	0	16	0	0	0	0	0	49
18	Ashley Browne	2	0	0	0	0	18	0	0	0	21	0	0	0	0	0	0	0	0	39
19	Damien Finn	1	0	0	0	0	0	0	0	0	19	0	0	0	0	0	0	0	0	19
20	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 2

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Foran	8	25	25	25	0	24	25	0	25	0	24	23	0	0	0	0	0	0	173
2	Suzanne Darke	10	22	0	24	24	0	22	24	24	25	0	25	24	25	0	0	0	0	171
3	Gary Smith	8	23	24	0	0	23	23	25	0	23	0	24	23	0	0	0	0	0	165
4	Jonathan Green	4	21	0	0	0	0	0	0	0	24	25	0	25	0	0	0	0	0	95
5	Dave Peart	4	24	0	0	0	25	0	0	0	0	0	0	21	24	0	0	0	0	94
6	Ben Lawton	3	0	0	0	0	0	24	0	0	21	0	0	22	0	0	0	0	0	67
7	Jason Keast	3	20	0	0	0	0	0	0	0	20	0	22	0	0	0	0	0	0	62
8	Chloe Wagster	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
9	Richard Dowd	1	0	0	0	0	0	0	0	0	22	0	0	0	0	0	0	0	0	22
10	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



Group 3

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Katherine Brierley	11	25	25	25	0	24	25	0	25	25	25	25	24	25	0	0	0	0	175
2	Matthew Cartner	8	23	0	24	25	23	0	25	0	24	0	23	25	0	0	0	0	0	169
3	Stephen Rogowskyj	10	24	23	23	0	25	0	0	24	23	24	24	23	24	0	0	0	0	168
4	Owen Flage	4	22	0	22	0	22	0	0	0	0	0	22	0	0	0	0	0	0	88
5	David Lever	3	0	0	0	0	0	0	24	23	22	0	0	0	0	0	0	0	0	69
6	James Wright	3	21	0	0	0	0	0	0	0	21	23	0	0	0	0	0	0	0	65
7	Andrew Naismith	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
8	Tracey Hall	1	0	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	22

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Group 4

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rachel Chadwick	9	24	25	0	25	0	0	24	0	22	23	25	24	24	0	0	0	0	171
2	Kevin Hutchings	8	25	0	0	22	0	25	25	0	23	24	23	0	23	0	0	0	0	168
3	Sam Wright	8	23	24	0	0	0	23	0	24	25	25	22	23	0	0	0	0	0	167
4	Claire Timms	9	19	23	25	0	24	22	23	23	0	0	21	22	0	0	0	0	0	162
5	Amanda Richardson	11	21	21	0	21	23	21	0	22	20	21	20	20	22	0	0	0	0	151
6	Dave Bardsley	8	18	22	24	23	0	20	22	21	0	0	18	0	0	0	0	0	0	150
7	Peter Webb	6	0	0	0	0	0	24	0	25	24	0	24	25	25	0	0	0	0	147
8	Ian Floyd	5	0	0	0	0	25	0	0	0	19	22	19	21	0	0	0	0	0	106
9	Susan Levins	3	22	0	0	24	0	0	0	0	21	0	0	0	0	0	0	0	0	67
10	Sharon Dracup	2	0	20	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
11	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
12	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 5

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Howard Mills	13	18	21	23	24	23	23	25	24	22	24	23	24	25	0	0	0	0	169
2	Martina Naismith	9	24	23	24	25	21	25	24	0	0	0	22	23	0	0	0	0	0	168
3	Billie Chamberlain	7	21	25	25	23	22	0	0	0	0	0	20	0	23	0	0	0	0	159
4	Elaine Brown	9	20	19	22	20	0	0	0	23	20	22	21	0	22	0	0	0	0	150
5	Nicky Hall	6	23	24	21	22	20	22	0	0	0	0	0	0	0	0	0	0	0	132
6	Lauren Lewis	6	22	0	20	21	19	0	0	0	20	0	0	21	0	0	0	0	0	123
6	Joanne Egerton	5	0	0	0	0	24	24	0	0	25	0	25	25	0	0	0	0	0	123
8	Sharon Leach	5	0	20	19	0	0	21	0	0	0	0	19	22	0	0	0	0	0	101
9	Bryony Jones	4	25	0	0	0	0	0	0	25	23	25	0	0	0	0	0	0	0	98
10	Catherine Walker	4	0	0	0	0	25	0	0	0	24	0	24	0	24	0	0	0	0	97
11	Paul Cooke	4	19	0	0	0	18	0	0	0	21	23	0	0	0	0	0	0	0	81
12	Diane Johnson	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
13	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 6

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Natali Brown	11	22	25	24	25	24	25	25	25	0	25	25	25	0	0	0	0	0	175
2	Richard Douglas	13	20	24	22	24	22	19	24	22	24	24	24	25	0	0	0	0	0	169
3	Ronnie Quinn	7	0	23	25	0	25	23	0	24	21	0	22	0	0	0	0	0	0	163
4	Gill Bardsley	8	17	21	0	0	21	22	0	21	0	0	20	19	24	0	0	0	0	148
5	Bernadette Ball	8	16	19	21	0	19	20	0	0	22	0	18	0	23	0	0	0	0	142
6	Alison Royle	6	25	0	23	0	23	24	0	0	0	0	23	23	0	0	0	0	0	141
7	Alison Cresswell	7	18	20	0	0	20	21	0	0	0	22	17	20	0	0	0	0	0	138
8	Susan Heaney	4	0	0	0	0	0	0	0	23	23	23	21	0	0	0	0	0	0	90
9	Samantha Tattersall	4	19	22	0	23	0	0	0	0	0	0	0	21	0	0	0	0	0	85
10	Angela Rogowskyj	4	0	0	0	0	0	0	0	20	0	0	19	18	22	0	0	0	0	79
11	Chris Eavers	2	24	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	49
12	Joanne Lawton	2	21	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	43
13	Karen Jones	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
14	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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Group 7

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Stacey Douglas	13	24	25	25	23	23	24	25	23	21	24	21	23	24	0	0	0	0	171
2	Chris Sharp	7	25	0	0	24	25	0	0	24	24	25	23	0	0	0	0	0	0	170
3	June Allingan	8	23	24	24	0	22	23	0	0	22	0	22	0	23	0	0	0	0	161
4	Danielle Webb	6	0	0	0	0	0	25	0	25	23	0	25	24	25	0	0	0	0	147
5	Sarah Fitton	4	0	0	0	0	24	0	0	0	25	0	24	25	0	0	0	0	0	98
6	Peter Boulton	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
7	Dave Leyland	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22

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Group TBC

No of Races Completed

4	Will Lewis	1
6	Karen Higgins	1
10	Matt Kershaw	0
10	Mohsen Jafarinowroozani	0
10	Dean Reynolds	0
10	Lisa Southward	0
3	Michael Wildbore	2
1	Owen Holdaway	2
4	Jon Hart	1
9	Mary Freer	1
1	Rory Browne	2
7	Phil Austin	1
10	Sean Penicott	0
10	Mark Taylor	0
10	Samantha Booth	0
10	Andrew Schofield	0
10	David Ellis	0
10	Steve Goddard	0
8	Lilly Furse	1



Ladies

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Maisie Wainwright	9	50	50	50	50	50	50	0	0	50	0	0	50	50	0	0	0	0	350
2	Rochelle Reading	9	49	49	49	0	48	49	0	0	49	50	0	48	48	0	0	0	0	343
2	Gail Shaw	10	48	0	48	49	47	48	50	50	0	49	49	0	47	0	0	0	0	343
4	Suzanne Darke	10	46	0	46	46	0	47	49	49	48	0	47	47	46	0	0	0	0	333
5	Katherine Brierley	11	45	48	47	0	45	46	0	48	47	48	48	46	45	0	0	0	0	332
6	Rachel Chadwick	9	44	47	0	45	0	0	48	0	42	46	46	44	43	0	0	0	0	320
7	Sam Wright	8	43	46	0	0	0	45	0	47	46	47	44	42	0	0	0	0	0	318
8	Claire Timms	9	39	45	45	0	44	44	47	44	0	0	43	40	0	0	0	0	0	312
9	Natali Brown	11	31	40	43	43	40	42	46	46	0	44	42	41	0	0	0	0	0	306
10	Amanda Richardson	11	40	44	0	37	38	43	0	43	37	43	40	39	42	0	0	0	0	295
11	Martina Naismith	9	38	41	43	42	39	42	45	0	0	0	38	37	0	0	0	0	0	290
12	Billie Chamberlain	7	33	43	44	41	41	0	0	0	0	0	35	0	40	0	0	0	0	277
13	Elaine Brown	9	32	36	41	38	0	0	0	42	36	42	37	0	35	0	0	0	0	272
14	Stacey Douglas	13	25	31	34	35	30	32	44	37	30	39	26	28	34	0	0	0	0	255
15	Gill Bardsley	8	27	34	0	0	33	36	0	40	0	0	33	29	39	0	0	0	0	244
16	Nicky Hall	6	37	42	40	40	37	38	0	0	0	0	0	0	0	0	0	0	0	234
17	Bernadette Ball	8	26	32	35	0	31	34	0	0	33	0	29	0	38	0	0	0	0	232
18	Alison Cresswell	7	28	33	0	0	32	35	0	0	0	40	28	30	0	0	0	0	0	226
18	Alison Royle	6	36	0	38	0	36	39	0	0	0	0	39	38	0	0	0	0	0	226
20	Lauren Lewis	6	35	0	37	39	35	0	0	0	36	0	0	34	0	0	0	0	0	216
21	Joanne Egerton	5	0	0	0	0	42	40	0	0	44	0	45	43	0	0	0	0	0	214
21	June Allingan	8	24	30	33	0	29	31	0	0	31	0	27	0	33	0	0	0	0	214
23	Danielle Webb	6	0	0	0	0	0	33	0	38	32	0	31	31	37	0	0	0	0	202
24	Holly Graham	4	0	0	0	0	49	0	0	0	0	0	50	49	49	0	0	0	0	197
25	Trish Callan	4	47	0	0	48	46	0	0	0	0	0	0	0	44	0	0	0	0	185
26	Sharon Leach	5	0	37	36	0	0	37	0	0	0	0	34	36	0	0	0	0	0	180
27	Bryony Jones	4	41	0	0	0	0	0	0	46	39	45	0	0	0	0	0	0	0	171
28	Catherine Walker	4	0	0	0	0	43	0	0	0	43	0	41	0	41	0	0	0	0	168
29	Susan Heaney	4	0	0	0	0	0	0	0	41	38	41	36	0	0	0	0	0	0	156

30	Angela Rogowskyj	4	0	0	0	0	0	0	0	39	0	0	32	28	36	0	0	0	0	135
31	Sarah Fitton	4	0	0	0	0	34	0	0	0	34	0	30	35	0	0	0	0	0	133
32	Samantha Tattersall	4	29	35	0	36	0	0	0	0	0	0	0	32	0	0	0	0	0	132
33	Susan Levins	3	42	0	0	44	0	0	0	0	41	0	0	0	0	0	0	0	0	127
34	Sharon Dracup	2	0	38	39	0	0	0	0	0	0	0	0	0	0	0	0	0	0	77
35	Joanne Lawton	2	30	0	0	0	0	0	0	0	0	0	0	33	0	0	0	0	0	63
36	Chloe Wagster	1	0	0	0	47	0	0	0	0	0	0	0	0	0	0	0	0	0	47
37	Lilly Furse	1	0	0	0	0	0	0	0	0	45	0	0	0	0	0	0	0	0	45
37	Tracey Hall	1	0	0	0	0	0	0	0	0	0	0	0	45	0	0	0	0	0	45
39	Mary Freer	1	0	0	0	0	0	0	0	0	40	0	0	0	0	0	0	0	0	40
40	Diane Johnson	1	0	39	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	39
41	Karen Jones	1	34	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	34
42	Samantha Booth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
42	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male 18 - 34

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Jack Millar	8	25	24	25	25	25	25	0	0	0	0	25	25	0	0	0	0	0	175
2	Peter Webb	6	0	0	0	0	0	22	0	25	23	0	23	20	23	0	0	0	0	136
3	James Bowling	6	20	0	0	0	19	24	0	0	24	25	0	22	0	0	0	0	0	134
4	James Moulton	5	23	22	22	0	21	0	0	0	0	0	24	0	0	0	0	0	0	112
5	Luke Lawson-Healey	4	24	23	24	0	0	0	0	0	0	0	0	23	0	0	0	0	0	94
6	Ryan Frost	4	0	21	23	0	23	0	0	0	0	0	0	0	24	0	0	0	0	91
7	Ben Lawton	3	0	0	0	0	0	23	0	0	22	0	0	21	0	0	0	0	0	66
8	Oliver Pozegic	3	21	0	21	0	20	0	0	0	0	0	0	0	0	0	0	0	0	62
9	Owen Holdaway	2	0	0	0	0	0	0	0	0	25	0	0	24	0	0	0	0	0	49
9	Courage Ruwanza	2	0	0	0	0	24	0	0	0	0	0	0	0	25	0	0	0	0	49
11	Jarrold Gritt	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
12	Noah Levins	1	0	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	22
12	Will Lewis	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 35's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rob James	10	25	25	0	25	25	25	25	25	25	25	25	0	0	0	0	0	0	175
2	Francois Clavaud	7	24	24	25	0	24	24	0	0	24	0	0	0	25	0	0	0	0	170
3	Andrew Ingham	12	23	23	0	24	23	23	24	24	23	24	24	25	24	0	0	0	0	169
4	Matthew Cartner	8	22	0	24	23	20	0	23	0	19	0	23	24	0	0	0	0	0	159
5	Daniel Tindall	3	0	0	0	0	22	0	0	0	22	0	0	0	22	0	0	0	0	66
6	Edward Grimley	2	0	0	0	0	0	0	0	0	20	0	0	0	23	0	0	0	0	43
7	Ashley Browne	2	0	0	0	0	21	0	0	0	21	0	0	0	0	0	0	0	0	42
8	Mohsen Jafarinowroozani	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Dean Reynolds	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 40's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Brett Spivey	13	25	25	25	25	25	25	25	25	24	24	25	25	25	0	0	0	0	175
2	Adrian Brown	9	23	24	0	23	24	0	24	23	23	0	24	24	0	0	0	0	0	166
3	John Hendrick	12	22	22	24	21	22	24	23	24	19	0	23	22	21	0	0	0	0	162
4	Martin Kent	8	21	23	23	22	23	0	0	0	22	0	0	23	20	0	0	0	0	157
5	Chris Sharp	7	19	0	0	20	20	0	0	22	18	21	22	0	0	0	0	0	0	142
6	Martin Thompson	4	24	0	0	24	0	0	0	0	25	25	0	0	0	0	0	0	0	98
7	Adam Stirling	4	0	0	0	0	21	0	0	0	21	22	0	0	22	0	0	0	0	86
8	Wesley Henshaw	3	0	0	0	0	0	0	0	0	20	23	0	0	24	0	0	0	0	67
9	Jon Hart	1	0	0	0	0	0	0	0	0	0	0	0	0	23	0	0	0	0	23
10	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
11	Chris Tattersall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Michael Fleming	8	25	0	25	0	25	25	0	0	25	0	25	25	25	0	0	0	0	175
2	William Wall	8	24	0	0	25	24	0	0	0	24	25	24	24	0	0	0	0	0	170
3	John Fay	8	23	0	0	24	23	24	0	0	20	24	23	22	0	0	0	0	0	163
4	Dave Bardsley	8	21	24	24	22	0	22	24	24	0	0	21	0	0	0	0	0	0	161
5	Dave Watt	5	0	25	0	23	21	0	0	0	0	0	22	20	0	0	0	0	0	111
6	Jonathan Green	4	22	0	0	0	0	0	0	0	19	23	0	21	0	0	0	0	0	85
7	David Lever	3	0	0	0	0	0	0	25	25	17	0	0	0	0	0	0	0	0	67
8	Chris Nicholson	3	0	0	0	0	22	23	0	0	18	0	0	0	0	0	0	0	0	63
9	Michael Wildbore	2	0	0	0	0	0	0	0	0	22	0	0	23	0	0	0	0	0	45
10	Paul Timms	1	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	23
11	Phil Austin	1	0	0	0	0	0	0	0	0	21	0	0	0	0	0	0	0	0	21
12	Matt Kershaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Sean Penicott	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 50's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	James Henderson	9	25	0	25	25	25	0	0	25	25	25	25	0	25	0	0	0	0	175
2	Shane Reading	9	24	25	24	0	24	25	0	0	24	24	0	25	24	0	0	0	0	171
3	Andrew Rogers	9	23	24	0	24	23	0	25	24	23	23	0	24	0	0	0	0	0	167
4	Elliot Stone	7	22	23	0	0	22	24	0	0	0	0	23	22	23	0	0	0	0	159
5	Mark Baxendale	8	20	0	0	22	0	23	0	23	22	0	24	23	21	0	0	0	0	158
6	Mark Foran	8	19	22	22	0	19	22	0	22	0	22	22	0	0	0	0	0	0	151
7	Richard Douglas	13	17	21	20	21	17	21	24	21	21	21	20	21	20	0	0	0	0	150
8	Owen Flage	4	18	0	21	0	18	0	0	0	0	0	21	0	0	0	0	0	0	78
9	Lee Earnshaw	3	0	0	0	23	21	0	0	0	0	0	0	0	22	0	0	0	0	66
10	Carl O'Callaghan	3	21	0	23	0	20	0	0	0	0	0	0	0	0	0	0	0	0	64
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernard Goodwin	8	25	25	0	25	25	0	25	25	25	0	0	25	0	0	0	0	0	175
2	Andy Hall	10	24	0	25	23	24	25	0	24	0	25	25	23	25	0	0	0	0	173
3	Mark Phelan	7	23	24	0	24	0	0	24	0	24	24	0	24	0	0	0	0	0	167
4	Simon Howard	5	21	23	0	22	22	0	0	0	0	0	24	0	0	0	0	0	0	112
5	Dave Peart	4	22	0	0	0	23	0	0	0	0	0	0	21	24	0	0	0	0	90
6	Warren Siddall	3	0	0	0	0	0	0	0	0	22	23	0	22	0	0	0	0	0	67
7	Jason Keast	3	19	0	0	0	0	0	0	0	20	0	23	0	0	0	0	0	0	62
8	James Wright	3	20	0	0	0	0	0	0	0	19	22	0	0	0	0	0	0	0	61
9	Damien Finn	1	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	23
10	Andrew Naismith	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
11	Richard Dowd	1	0	0	0	0	0	0	0	0	21	0	0	0	0	0	0	0	0	21
12	Mark Taylor	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Andrew Schofield	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
12	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Neil Brock	10	0	0	24	25	25	25	24	25	25	0	25	25	25	0	0	0	0	175
2	David Emanuel	11	25	25	25	24	24	24	25	24	24	0	21	0	22	0	0	0	0	172
3	Bryan Lawton	7	23	0	0	0	23	23	0	0	0	25	24	24	24	0	0	0	0	166
4	Kevin Hutchings	8	22	0	0	23	0	22	23	0	22	23	22	0	21	0	0	0	0	157
5	Ray Williams	5	24	24	0	0	0	0	0	0	23	0	0	23	23	0	0	0	0	117
6	Paul Cooke	4	21	0	0	0	22	0	0	0	21	22	0	0	0	0	0	0	0	86
7	Rory Browne	2	0	0	0	0	0	0	0	0	0	24	23	0	0	0	0	0	0	47
8	Dave Leyland	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
9	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 65's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Mark Heaney	7	0	24	0	0	24	0	0	25	24	24	24	25	0	0	0	0	0	170
1	Gary Smith	8	25	25	0	0	23	25	25	0	23	0	23	24	0	0	0	0	0	170
3	Bernard Cassidy	10	24	23	23	25	21	24	0	24	21	22	0	22	0	0	0	0	0	165
4	Stephen Rogowskyj	10	23	22	24	0	22	0	0	23	22	23	22	23	24	0	0	0	0	162
5	Barry Greaves	6	0	0	25	0	25	0	0	0	25	25	25	0	25	0	0	0	0	150
6	Ian Floyd	5	0	0	0	0	20	0	0	0	20	21	21	21	0	0	0	0	0	103
7	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 70's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Ronnie Quinn	7	0	25	25	0	25	25	0	25	24	0	25	0	0	0	0	0	0	174
2	Chris Eavers	2	25	0	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	50
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 75's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Howard Mills	14	25	25	25	25	25	25	25	25	25	25	25	25	0	0	0	0	0	175
2	Peter Boulton	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Male over 80's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female 18 - 34

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Maisie Wainwright	9	25	25	25	25	25	25	0	0	25	0	0	25	25	0	0	0	0	175
2	Danielle Webb	6	0	0	0	0	0	24	0	24	21	0	24	22	23	0	0	0	0	138
3	Bryony Jones	4	24	0	0	0	0	0	0	25	23	25	0	0	0	0	0	0	0	97
3	Holly Graham	4	0	0	0	0	24	0	0	0	0	0	25	24	24	0	0	0	0	97
5	Sarah Fitton	4	0	0	0	0	23	0	0	0	22	0	23	23	0	0	0	0	0	91
6	Chloe Wagster	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
6	Lilly Furse	1	0	0	0	0	0	0	0	0	24	0	0	0	0	0	0	0	0	24
8	Samantha Booth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

				<u>Female over 35's</u>																		
		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)		
1	Billie Chamberlain	7	24	25	25	24	24	0	0	0	0	0	25	0	24	0	0	0	0	171		
2	Trish Callan	4	25	0	0	25	25	0	0	0	0	0	0	25	0	0	0	0	0	100		

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 40's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rachel Chadwick	9	25	25	0	25	0	0	25	0	25	25	25	25	25	0	0	0	0	175
2	Natali Brown	11	24	24	25	24	25	25	24	25	0	24	24	24	0	0	0	0	0	172
3	Stacey Douglas	13	22	22	24	22	24	24	23	24	24	23	23	22	24	0	0	0	0	167
4	Samantha Tattersall	4	23	23	0	23	0	0	0	0	0	0	0	23	0	0	0	0	0	92

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 45's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Lauren Lewis	6	25	0	25	25	23	0	0	0	22	0	0	24	0	0	0	0	0	144
2	Joanne Egerton	5	0	0	0	0	24	25	0	0	25	0	25	25	0	0	0	0	0	124
3	Catherine Walker	4	0	0	0	0	25	0	0	0	24	0	24	0	25	0	0	0	0	98
4	Karen Jones	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Mary Freer	1	0	0	0	0	0	0	0	0	23	0	0	0	0	0	0	0	0	23
6	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 50's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Rochelle Reading	9	25	25	25	0	25	25	0	0	25	25	0	25	25	0	0	0	0	175
2	Suzanne Darke	10	24	0	23	25	0	24	25	25	24	0	24	24	24	0	0	0	0	171
3	Katherine Brierley	11	23	24	24	0	24	23	0	24	23	24	25	23	23	0	0	0	0	168
4	Sam Wright	8	22	23	0	0	0	22	0	23	22	23	23	22	0	0	0	0	0	158
5	Claire Timms	9	21	22	22	0	23	21	24	22	0	0	22	21	0	0	0	0	0	156
6	Martina Naismith	9	20	20	21	24	22	20	23	0	0	0	20	19	0	0	0	0	0	150
7	Nicky Hall	6	19	21	20	23	21	18	0	0	0	0	0	0	0	0	0	0	0	122
8	Alison Royle	6	18	0	19	0	20	19	0	0	0	0	21	20	0	0	0	0	0	117
9	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 55's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Amanda Richardson	11	24	25	0	24	25	25	0	25	24	25	25	24	25	0	0	0	0	175
2	Gill Bardsley	8	22	23	0	0	24	23	0	24	0	0	23	21	24	0	0	0	0	163
3	Sharon Leach	5	0	24	25	0	0	24	0	0	0	0	24	23	0	0	0	0	0	120
4	Susan Levins	3	25	0	0	25	0	0	0	0	25	0	0	0	0	0	0	0	0	75
5	Joanne Lawton	2	23	0	0	0	0	0	0	0	0	0	0	22	0	0	0	0	0	45
6	Tracey Hall	1	0	0	0	0	0	0	0	0	0	0	0	25	0	0	0	0	0	25
7	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 60's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	10	25	0	25	25	25	25	25	25	0	25	25	0	25	0	0	0	0	175
2	Elaine Brown	9	24	24	24	24	0	0	0	24	24	24	24	0	23	0	0	0	0	168
3	Alison Cresswell	7	23	23	0	0	24	24	0	0	0	22	21	25	0	0	0	0	0	162
4	Susan Heaney	4	0	0	0	0	0	0	0	23	25	23	23	0	0	0	0	0	0	94
5	Angela Rogowskyj	4	0	0	0	0	0	0	0	22	0	0	22	24	24	0	0	0	0	92
6	Sharon Dracup	2	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 65's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Diane Johnson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 70's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernadette Ball	8	25	25	25	0	25	25	0	0	25	0	25	0	25	0	0	0	0	175

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



Female over 80's

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Mossley 10K	Sale Sizzler	Hopwood Trot	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	June Allingan	8	25	25	25	0	25	25	0	0	25	0	25	0	25	0	0	0	0	175

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)