 <b>Premiership</b>		No of Races Completed Hale 10K Thameside 5K Wilmslow Half Great Manchester Run 10K Track 5K No 1 Norden 6 Mile Lindley 10K Royton Trail Wrexham 10K Sale Sizzler Hopwood Trot Riverside 10 Mile NWC Road Relays Track 5K No 2 Knutsford 10K Oldham Half Derwentwater 10 Mile Total (Best 7 Races To Count)																		
1	Chris Tattersall	5	23	23	20	23	21	0	0	0	0	0	0	0	0	0	0	0	0	110
2	Brett Spivey	5	20	21	16	24	22	0	0	0	0	0	0	0	0	0	0	0	0	103
3	Luke Lawson-Healey	4	24	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	99
4	Adrian Brown	5	17	19	14	18	19	0	0	0	0	0	0	0	0	0	0	0	0	87
5	Rob James	3	25	0	24	0	25	0	0	0	0	0	0	0	0	0	0	0	0	74
6	Francois Clavaud	4	18	20	15	0	18	0	0	0	0	0	0	0	0	0	0	0	0	71
7	Bernard Goodwin	4	0	17	13	19	20	0	0	0	0	0	0	0	0	0	0	0	0	69
8	James Moulton	4	15	18	12	20	0	0	0	0	0	0	0	0	0	0	0	0	0	65
9	Maisie Wainwright	3	21	22	17	0	0	0	0	0	0	0	0	0	0	0	0	0	0	60
9	Wesley Henshaw	3	19	0	19	22	0	0	0	0	0	0	0	0	0	0	0	0	0	60
11	Sarah Tomassi	3	16	16	0	0	17	0	0	0	0	0	0	0	0	0	0	0	0	49
12	Shane Reading	2	0	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	48
13	William Wall	2	0	0	22	0	24	0	0	0	0	0	0	0	0	0	0	0	0	46
14	Andrew Rogers	2	22	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
15	Martin Thompson	2	0	0	18	21	0	0	0	0	0	0	0	0	0	0	0	0	0	39
16	James Henderson	1	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
17	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Jarrold Gritt	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Mark Duncan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Mathew Reeves	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



# Championship

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Salé Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Denwentwater 10 Mile	Total (Best 7 Races To Count)
1	Elliot Stone	5	25	24	25	25	24	0	0	0	0	0	0	0	0	0	0	0	0	123
2	Andrew Ingham	5	21	18	21	22	20	0	0	0	0	0	0	0	0	0	0	0	0	102
3	Neil Brock	4	23	0	23	16	20	0	0	0	0	0	0	0	0	0	0	0	0	82
4	John Fay	4	0	19	22	20	17	0	0	0	0	0	0	0	0	0	0	0	0	78
5	Edward Grimley	3	24	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	74
6	Oliver Pozegic	3	0	22	0	19	21	0	0	0	0	0	0	0	0	0	0	0	0	62
7	Adam Stirling	3	20	0	0	23	18	0	0	0	0	0	0	0	0	0	0	0	0	61
8	Dave Peart	3	18	17	0	18	0	0	0	0	0	0	0	0	0	0	0	0	0	53
9	Ryan Frost	2	0	23	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	47
10	Lee Earnshaw	2	22	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	44
10	Barry Greaves	2	0	21	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	44
12	Mark Phelan	2	0	0	0	21	16	0	0	0	0	0	0	0	0	0	0	0	0	37
13	Mark Baxendale	2	19	0	0	17	0	0	0	0	0	0	0	0	0	0	0	0	0	36
14	Andy Hall	2	0	20	0	14	0	0	0	0	0	0	0	0	0	0	0	0	0	34
15	Carl O'Callaghan	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
16	Janet Jobey	1	0	0	0	15	0	0	0	0	0	0	0	0	0	0	0	0	0	15
17	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	David Emanuel	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Matt Kershaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
17	Sam Alshafei	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Group 1

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	4	24	0	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	99
2	Jonathan Green	3	23	0	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	69
3	Bernard Cassidy	3	22	23	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	66
4	Trish Callan	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
5	Rochelle Reading	2	0	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	48
6	Gary Smith	2	0	22	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
7	Bryony Rogers	1	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
7	Colin Green	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
9	Simon Howard	1	0	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	22
10	Bryan Lawton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	James Moran	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Mark Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



## Group 2

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Warren Siddall	4	0	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Suzanne Darke	4	25	24	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	97
3	Kirsty Agnew	2	23	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	46
4	Matthew Cartner	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
5	Gareth McCaffery	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
6	Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Chris Nicholson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Group 3

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Jason Keast	3	24	0	0	25	24	0	0	0	0	0	0	0	0	0	0	0	0	73
2	Dave Watt	3	22	0	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	71
3	Stephen Rogowskyj	3	18	24	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	65
4	Karen Price	2	21	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
5	Nicky Hall	2	0	23	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	44
6	Owen Flage	2	19	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	41
7	Jillian Hickson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
7	Mark Foran	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
9	Andrew Naismith	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
10	James Wright	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
11	Kevin Hutchings	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Ray Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Group 4

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Claire Timms	4	25	0	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Amanda Richardson	4	24	25	24	0	24	0	0	0	0	0	0	0	0	0	0	0	0	97
3	Bryony Jones	2	0	0	23	24	0	0	0	0	0	0	0	0	0	0	0	0	0	47
4	Diane Johnson	2	0	0	0	23	23	0	0	0	0	0	0	0	0	0	0	0	0	46
5	Sam Wright	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Dawn Speed	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Group 5

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Dave Bardsley	4	19	24	23	0	25	0	0	0	0	0	0	0	0	0	0	0	0	91
2	Elaine Brown	4	22	0	24	22	22	0	0	0	0	0	0	0	0	0	0	0	0	90
3	Martina Naismith	3	23	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	73
4	Howard Mills	3	20	0	25	0	24	0	0	0	0	0	0	0	0	0	0	0	0	69
5	Karen Jones	3	0	23	22	23	0	0	0	0	0	0	0	0	0	0	0	0	0	68
5	Billie Chamberlain	3	21	0	0	24	23	0	0	0	0	0	0	0	0	0	0	0	0	68
7	Sharon Dracup	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
8	Rachel Chadwick	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
9	Paul Cooke	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	21
10	Joanne Lawton	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
11	Elaine Davies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



## Group 6

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Natali Brown	4	24	25	25	21	0	0	0	0	0	0	0	0	0	0	0	0	0	95
2	Ronnie Quinn	4	22	24	0	20	22	0	0	0	0	0	0	0	0	0	0	0	0	88
3	Angela Rogowskyj	3	23	23	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	70
4	Samantha Tattersall	3	21	22	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	67
5	David Phillips	2	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	50
6	Alison Royle	2	25	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	48
7	Liz Phillips-Rennie	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
8	Peter Boulton	1	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	22
9	Bernadette Ball	1	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
10	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Gill Bardsley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)





### Group 7

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Stacey Carr	4	24	25	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	97
2	June Allingan	3	25	25	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	74
3	Sharon Leach	1	0	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Dave Leyland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Sarah Fitton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Helen Parry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Group TBC**

No of Races Completed

1	Lisa Wilson	2
2	Darren Gallagher	1
3	Ian Floyd	1
4	Anne Marie Lord	0
4	Chris Eavers	0
4	Alison Parkinson	0
4	Andrew Schofield	0
4	Andy Chadwick	0
4	James Bowling	0
4	Neil Ogden	0
4	Morgan Gibson	0
4	Rob Griffin	0
4	Steve Goddard	0
4	Katherine Brierley	0

[illegible]

30	Liz Phillips-Rennie	1	0	0	0	39	0	0	0	0	0	0	0	0	0	0	0	0	0	39
31	Sharon Leach	1	0	0	0	0	37	0	0	0	0	0	0	0	0	0	0	0	0	37
32	Bernadette Ball	1	0	36	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	36
33	Joanne Lawton	1	33	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	33
34	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Anne Marie Lord	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Dawn Speed	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Elaine Davies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Gill Bardsley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Helen Parry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Janine Albison	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Sam Wright	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Katherine Brierley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Sarah Fitton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
34	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Male over 35's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Andrew Ingham	5	22	24	23	23	23	0	0	0	0	0	0	0	0	0	0	0	0	115
2	Rob James	3	25	0	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	75
3	Wesley Henshaw	3	24	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	73
4	Edward Grimley	3	23	25	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	72
5	Adam Stirling	3	21	0	0	24	22	0	0	0	0	0	0	0	0	0	0	0	0	67
6	Matthew Cartner	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
7	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Mathew Reeves	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Male over 40's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow 5K	Great Manchester Half	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Chris Tattersall	5	25	25	25	24	24	0	0	0	0	0	0	0	0	0	0	0	0	123
2	Brett Spivey	5	24	24	23	25	25	0	0	0	0	0	0	0	0	0	0	0	0	121
3	Adrian Brown	5	23	23	22	22	23	0	0	0	0	0	0	0	0	0	0	0	0	113
4	John Fay	4	0	22	21	21	22	0	0	0	0	0	0	0	0	0	0	0	0	86
5	Martin Thompson	2	0	0	24	23	0	0	0	0	0	0	0	0	0	0	0	0	0	47
6	Gareth McCaffery	1	0	0	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	20
7	James Moran	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Male over 45's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Dave Bardsley	4	23	25	22	0	22	0	0	0	0	0	0	0	0	0	0	0	0	92
2	Dave Watt	3	24	0	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	72
2	Jonathan Green	3	25	0	23	0	24	0	0	0	0	0	0	0	0	0	0	0	0	72
4	William Wall	2	0	0	24	0	25	0	0	0	0	0	0	0	0	0	0	0	0	49
5	James Henderson	1	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6	Chris Nicholson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Mark Duncan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Matt Kershaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



# Male over 50's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Elliot Stone	5	24	24	24	25	24	0	0	0	0	0	0	0	0	0	0	0	0	121
2	Andrew Rogers	2	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2	Shane Reading	2	0	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	50
4	Lee Earnshaw	2	23	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	45
5	Andy Hall	2	0	23	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	44
5	Mark Baxendale	2	22	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	44
7	Owen Flage	2	18	0	0	0	20	0	0	0	0	0	0	0	0	0	0	0	0	38
8	Carl O'Callaghan	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
9	Darren Gallagher	1	0	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	23
9	Colin Green	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
11	Simon Howard	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	21
11	Mark Foran	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
13	Andrew Naismith	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
14	James Wright	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
15	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Chris Lowe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)





### Male over 55's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernard Goodwin	4	0	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Warren Siddall	4	0	24	24	22	23	0	0	0	0	0	0	0	0	0	0	0	0	93
3	Dave Peart	3	25	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	71
4	Jason Keast	3	24	0	0	21	22	0	0	0	0	0	0	0	0	0	0	0	0	67
5	Mark Phelan	2	0	0	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	48
6	Paul Cooke	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	21
7	Andrew Schofield	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Bryan Lawton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Dave Leyland	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Kevin Hutchings	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Ray Williams	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Rob Griffin	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Male over 60's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Neil Brock	4	25	0	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Stephen Rogowskyj	3	24	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	72
3	Gary Smith	2	0	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
4	Neil Ogden	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	David Emanuel	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 65's**

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernard Cassidy	3	25	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	73
2	Barry Greaves	2	0	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	50
3	Ian Floyd	1	0	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	23
4	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Mark Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)





**Male over 70's**

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Ronnie Quinn	4	24	25	0	25	24	0	0	0	0	0	0	0	0	0	0	0	0	98
2	Howard Mills	3	25	0	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	75
3	Chris Eavers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0



Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

<div></div> <div></div> <div><u>Male over 75's</u></div>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Peter Boulton	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	25	

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

<div></div> <div></div> <div><u>Male over 80's</u></div>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	David Phillips	2	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	50	

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Female over 35's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Stacey Carr	4	22	22	0	22	24	0	0	0	0	0	0	0	0	0	0	0	0	90
2	Billie Chamberlain	3	24	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	74
3	Samantha Tattersall	3	23	23	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	70
4	Trish Callan	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
5	Lisa Wilson	2	0	24	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	47
6	Elaine Davies	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Female over 40's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Natali Brown	4	22	24	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	96
2	Sarah Tomassi	3	25	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	75
3	Kirsty Agnew	2	24	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	48
4	Rachel Chadwick	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
5	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)





### Female over 45's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Claire Timms	4	24	0	24	25	25	0	0	0	0	0	0	0	0	0	0	0	0	98
2	Karen Jones	3	0	24	23	24	0	0	0	0	0	0	0	0	0	0	0	0	0	71
3	Karen Price	2	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
4	Jillian Hickson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
5	Liz Phillips-Rennie	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	23
6	Helen Parry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Jenny O'Callaghan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Female over 50's

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Suzanne Darke	4	25	24	0	25	24	0	0	0	0	0	0	0	0	0	0	0	0	98
2	Martina Naismith	3	24	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	70
3	Rochelle Reading	2	0	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	50
4	Alison Royle	2	23	0	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	45
4	Nicky Hall	2	0	22	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	45
6	Janet Jobey	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	24
7	Sharon Leach	1	0	0	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	21
8	Dawn Speed	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Sam Wright	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



# **Female over 55's**

		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Amanda Richardson	4	25	25	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Angela Rogowskyj	3	24	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	72
3	Joanne Lawton	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
4	Katherine Brierley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Anne Marie Lord	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Gill Bardsley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Janine Albison	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



### Female over 60's


		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Gail Shaw	4	25	0	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Elaine Brown	4	23	0	24	24	24	0	0	0	0	0	0	0	0	0	0	0	0	95
3	Sharon Dracup	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
4	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Alison Cresswell	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
4	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)





**Female over 65's**

		<div><div><div>RRR</div></div><div>ENGLAND ATHLETICS</div></div>																		
		<u>Female over 65's</u>																		
		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Diane Johnson	2	0	0	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	50



Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

  <b><u>Female over 70's</u></b>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Bernadette Ball	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)

  <b><u>Female over 80's</u></b>		No of Races Completed	Hale 10k	Tameside 5K	Wilmslow Half	Great Manchester Run 10K	Track 5K No 1	Norden 6 Mile	Lindley 10K	Royton Trail	Wrexham 10K	Sale Sizzler	Hopwood Trot	Riverside 10 Mile	NWC Road Relays	Track 5K No 2	Knutsford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	June Allingan	3	25	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	75
2		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)