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- 4 - Faster average pace per mile (all races taken into account)



**Championship**

	<b>No of Races Completed</b>	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Denwentwater 10 Mile	Total (Best 7 Races To Count)	
1 David Emanuel	4	22	24	21	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	90
2 Andrew Ingham	3	25	25	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	72
3 Andy Hall	3	21	0	24	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	65
4 Oliver Pozegic	2	23	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5 Carl O'Callaghan	2	24	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	47
6 Neil Brock	2	0	0	20	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
7 John Fay	2	20	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	41
8 Lee Earnshaw	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
9 Barry Greaves	1	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
10 Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 Adam Stirling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10 Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



**Group 1**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	John Hendrick	4	19	21	25	19	0	0	0	0	0	0	0	0	0	0	0	0	0	84
1	Martin Kent	4	16	22	23	23	0	0	0	0	0	0	0	0	0	0	0	0	0	84
3	Mark Phelan	3	23	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	73
4	Bernard Cassidy	4	15	17	21	17	0	0	0	0	0	0	0	0	0	0	0	0	0	70
5	Rochelle Reading	3	21	23	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	68
6	Gail Shaw	3	20	0	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	66
7	Simon Howard	3	14	19	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	53
8	Mark Baxendale	2	25	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	47
9	Ray Williams	2	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
10	Dave Watt	2	0	20	0	18	0	0	0	0	0	0	0	0	0	0	0	0	0	38
10	Trish Callan	2	17	0	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	38
12	James Bowling	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
13	Bryan Lawton	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
14	Mark Heaney	1	0	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
15	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
15	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



**Group 2**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Mark Foran	3	24	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	74
2	Suzanne Darke	3	21	0	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	69
3	Gary Smith	2	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
4	Chloe Wagster	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
4	Bryony Rogers	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6	Dave Peart	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
7	Jonathan Green	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Jason Keast	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
9	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Chris Nicholson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Rob Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



**Group 3**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Katherine Brierley	3	24	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	74
2	Matthew Cartner	3	22	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
3	Stephen Rogowskyj	3	23	22	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	68
4	Anne Marie Lord	2	21	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
5	Owen Flage	2	20	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
6	Scarlet Wheeldon	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
7	Andrew Naismith	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
8	James Wright	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
9	Kirsty Agnew	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
10	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Karen Price	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Jillian Hickson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



**Group 4**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Dave Bardsley	4	18	22	24	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	87
2	Rachel Chadwick	3	24	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	74
3	Claire Timms	3	19	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	67
4	Amanda Richardson	3	21	21	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	63
5	Kevin Hutchings	2	25	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	47
5	Sam Wright	2	23	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	47
7	Susan Levins	2	22	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
8	Sharon Dracup	2	0	20	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
9	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
10	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Ian Floyd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
10	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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**Group 5**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Martina Naismith	4	24	23	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	96
2	Billie Chamberlain	4	21	25	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	94
3	Nicky Hall	4	23	24	21	22	0	0	0	0	0	0	0	0	0	0	0	0	0	90
4	Howard Mills	4	18	21	23	24	0	0	0	0	0	0	0	0	0	0	0	0	0	86
5	Elaine Brown	4	20	19	22	20	0	0	0	0	0	0	0	0	0	0	0	0	0	81
6	Lauren Lewis	3	22	0	20	21	0	0	0	0	0	0	0	0	0	0	0	0	0	63
7	Sharon Leach	2	0	20	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	39
8	Bryony Jones	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
9	Diane Johnson	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
10	Paul Cooke	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
11	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



**Group 6**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)
1	Natali Brown	4	22	25	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	96
2	Richard Douglas	4	20	24	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	90
3	Samantha Tattersall	3	19	22	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	64
4	Bernadette Ball	3	15	19	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	55
5	Alison Royle	2	25	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5	Ronnie Quinn	2	0	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
7	Alison Cresswell	2	17	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	37
7	Gill Bardsley	2	16	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	37
9	Chris Eavers	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
10	Karen Jones	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
11	Joanne Lawton	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
12	Lisa Wilson	1	18	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	18
13	Angela Rogowskyj	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Annabelle Murphy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
13	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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**Group 7**

	<b>No of Races Completed</b>	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Stacey Douglas	4	24	25	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	97
2	June Allingan	3	23	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
3	Chris Sharp	2	25	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	49
4	Peter Boulton	1	0	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	25
5	Dave Leyland	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
6	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Sarah Fitton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

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- 4 - Faster average pace per mile (all races taken into account)



**Group TBC**

**No of Races Completed**

4	Neil Ogden	0
4	Daniel Tindall	0
4	Danielle Webb	0
4	Peter Webb	0
4	Dave Lever	0
4	Samantha Booth	0
4	Joanne Egerton	0
4	Ashley Browne	0
2	Mark Duncan	1
4	Andrew Schofield	0
4	David Ellis	0
4	Noah Levins	0
4	Ben Lawton	0
4	Rob Griffin	0
4	Steve Goddard	0
4	Andy Holland	0
3	Rebecca Owen	1
1	Will Lewis	1
4	Lilly Furse	0



30	Scarlet Wheeldon	1	45	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
31	Kirsty Agnew	1	38	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	38
31	Diane Johnson	1	0	38	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	38
33	Rebecca Owen	1	37	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	37
34	Bryony Jones	1	36	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	36
35	Karen Jones	1	29	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	29
36	Joanne Lawton	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
37	Lisa Wilson	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
38	Samantha Booth	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Joanne Egerton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Annabelle Murphy	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Lilly Furse	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Angela Rogowskyj	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Sarah Tomassi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Karen Price	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Jillian Hickson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Sarah Fitton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
38	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 35's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Rob James	3	25	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
2	Francois Clavaud	3	24	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	73
3	Andrew Ingham	3	23	23	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	70
4	Matthew Cartner	3	22	0	24	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	69
5	Ashley Browne	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Daniel Tindall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Dan Timperley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Edward Grimley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Andy Chadwick	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 40's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Brett Spivey	4	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	100
2	John Hendrick	4	22	22	24	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	89
2	Martin Kent	4	21	23	23	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	89
4	Adrian Brown	3	23	24	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	70
5	Martin Thompson	2	24	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
6	Chris Sharp	2	19	0	0	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	39
7	Gareth McCaffery	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Wesley Henshaw	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Adam Stirling	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Chris Tattersall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 45's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Dave Bardsley	4	20	24	24	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	90
2	Michael Fleming	2	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
3	William Wall	2	24	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
4	Dave Watt	2	0	25	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5	John Fay	2	23	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	47
6	Mark Duncan	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	Jonathan Green	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
8	Dave Lever	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Chris Nicholson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	David Ellis	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Paul Timms	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 50's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Richard Douglas	4	17	21	20	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	79
2	James Henderson	3	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
3	Shane Reading	3	24	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	73
4	Andrew Rogers	3	23	24	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
5	Mark Foran	3	19	22	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	63
6	Elliot Stone	2	22	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
7	Carl O'Callaghan	2	21	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	44
8	Mark Baxendale	2	20	0	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42
9	Owen Flage	2	18	0	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	39
10	Lee Earnshaw	1	0	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
11	James Holdaway	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Darren Gallagher	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
11	Anthony Rogers	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 55's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernard Goodwin	3	25	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
2	Andy Hall	3	24	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	72
3	Mark Phelan	3	23	24	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
4	Simon Howard	3	21	23	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	66
5	Dave Peart	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
5	Andrew Naismith	1	0	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	James Wright	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Jason Keast	1	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19
9	Richard Dowd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Colin Green	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Warren Siddall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Andrew Schofield	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Damien Finn	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Rob Griffin	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Robert Kellett	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 60's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Emanuel	4	25	25	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	99
2	Neil Brock	2	0	0	24	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
3	Ray Williams	2	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
4	Kevin Hutchings	2	22	0	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
5	Bryan Lawton	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23
6	Paul Cooke	1	21	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	21
7	Dave Leyland	1	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	20
8	Neil Ogden	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
8	Eamonn Nolan	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 65's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernard Cassidy	4	24	23	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	95
2	Stephen Rogowskyj	3	23	22	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	69
3	Gary Smith	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
5	Mark Heaney	1	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
4	Barry Greaves	1	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
6	Ian Floyd	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Steve Goddard	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 70's**

	<b>No of Races Completed</b>	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1 Ronnie Quinn	2	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
2 Chris Eavers	1	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25
3 Tony Kane	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 75's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Howard Mills	5	25	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	100
2	Peter Boulton	1	0	0	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Male over 80's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall Half	Royton Hall 10K	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	David Phillips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 35's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Billie Chamberlain	4	24	25	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	98
2	Trish Callan	2	25	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
3	Lisa Wilson	1	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	23

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 40's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Natali Brown	4	23	24	25	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	96
2	Stacey Douglas	4	21	22	24	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	89
3	Rachel Chadwick	3	25	25	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
4	Samantha Tattersall	3	22	23	0	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	68
5	Kirsty Agnew	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
6	Sarah Tomassi	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
6	Michelle Chapman	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 45's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Lauren Lewis	3	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
2	Karen Jones	1	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	24
3	Joanne Egerton	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Karen Price	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Liz Phillips-Rennie	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
3	Kay England	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 50's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Martina Naismith	4	20	20	21	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	85
2	Nicky Hall	4	19	21	20	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	83
3	Rochelle Reading	3	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
4	Suzanne Darke	3	24	0	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	72
5	Katherine Brierley	3	23	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
6	Claire Timms	3	21	22	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	65
7	Sam Wright	2	22	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	45
8	Alison Royle	2	18	0	19	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	37
9	Jillian Hickson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Janet Jobey	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Nikki Forster	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
9	Karen Rush	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 55's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Amanda Richardson	3	23	24	0	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	71
2	Anne Marie Lord	2	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	50
3	Susan Levins	2	24	0	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	49
4	Sharon Leach	2	0	23	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
5	Gill Bardsley	2	21	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	43
6	Joanne Lawton	1	22	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	22
7	Tracey Hall	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Amanda Welby	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Judith Bradley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lisa Southward	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Lynda Brookes	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 60's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow 5K	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Elaine Brown	4	24	24	24	24	0	0	0	0	0	0	0	0	0	0	0	0	0	0	96
2	Gail Shaw	3	25	0	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75
3	Sharon Dracup	2	0	25	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	48
4	Alison Cresswell	2	23	23	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	46
5	Angela Rogowskyj	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Susan Heaney	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
5	Alison Parkinson	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 65's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Diane Johnson	1	0	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	25

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 70's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	Bernadette Ball	3	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)



**Female over 80's**

		No of Races Completed	Stockport Daffodil 10K	Hale 10K	Tameside 5K	Wilmslow Half	Track 5K	Worden Park 10K	Jubilee Bridge Half	Colshaw Hall 10K	Royton Trail	Sale Sizzler	Hopwood Trot	Mossley 10K	NWC Road Relays 5K	Knutsford 10K	Rainford 10K	Oldham Half	Derwentwater 10 Mile	Total (Best 7 Races To Count)	
1	June Allingan	3	25	25	25	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	75

Criteria order for separating runners on equal points are as follows:

- 1 - Superior head-to-head record
- 2 - If head-to-head record equal, lowest cumulative time in head-to-head races
- 3 - Higher points per race average (all races taken into account)
- 4 - Faster average pace per mile (all races taken into account)