

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|----------------------|-----------|----------|---------|------------------------|--------|------------|--------------------------------------|-----------|
| 1 | 3 | Lawrence Fairclough | 00:36:30 | M Sen | 1 | | Male | 1 | Rossendale Harriers | 16.4 km/h |
| 2 | 1 | Ian McBride | 00:37:52 | M Sen | 2 | 00:01:22 | Male | 2 | Bury Athletic Club | 15.8 km/h |
| 3 | 8 | Jordan Eastwood | 00:38:54 | M Sen | 3 | 00:02:24 | Male | 3 | | 15.4 km/h |
| 4 | 14 | Christopher Merchant | 00:38:54 | MV45 | 1 | | Male | 4 | Rochdale Harriers & Ac | 15.4 km/h |
| 5 | 11 | Daniel Bennett | 00:39:30 | MV50 | 1 | | Male | 5 | Rochdale Harriers & Ac | 15.2 km/h |
| 6 | 9 | Richard Stirzaker | 00:39:56 | M Sen | 4 | 00:03:27 | Male | 6 | Rochdale Harriers & Ac | 15.0 km/h |
| 7 | 67 | Michael Wildbore | 00:41:05 | MV40 | 1 | | Male | 7 | Saddleworth Runners Club | 14.6 km/h |
| 8 | 19 | Jorden Burke | 00:41:23 | MV40 | 2 | 00:00:18 | Male | 8 | Middleton Harriers Ac | 14.5 km/h |
| 9 | 17 | Jonathan Moon | 00:41:29 | M Sen | 5 | 00:04:59 | Male | 9 | Sowerby Bridge Snails Running Club | 14.5 km/h |
| 10 | 13 | Christopher Wray | 00:41:33 | MV45 | 2 | 00:02:39 | Male | 10 | | 14.4 km/h |
| 11 | 10 | Paul Timms | 00:42:18 | MV40 | 3 | 00:01:13 | Male | 11 | Royton Road Runners | 14.2 km/h |
| 12 | 15 | Harry Clayton | 00:42:24 | M Sen | 6 | 00:05:54 | Male | 12 | | 14.2 km/h |
| 13 | 21 | Darren Smith | 00:42:25 | MV40 | 4 | 00:01:21 | Male | 13 | East Cheshire Harriers & Tameside Ac | 14.1 km/h |
| 14 | 100 | Paul Cain | 00:42:36 | M Sen | 7 | 00:06:06 | Male | 14 | | 14.1 km/h |
| 15 | 12 | Michael Fleming | 00:43:01 | MV40 | 5 | 00:01:56 | Male | 15 | | 14.0 km/h |
| 16 | 16 | George Clayton | 00:43:22 | M Sen | 8 | 00:06:52 | Male | 16 | | 13.8 km/h |
| 17 | 218 | Simon Burrow | 00:44:02 | M Sen | 9 | 00:07:32 | Male | 17 | Marple Runners | 13.6 km/h |
| 18 | 62 | Kevin Holland | 00:45:39 | MV40 | 6 | 00:04:34 | Male | 18 | Rochdale Harriers & Ac | 13.1 km/h |
| 19 | 29 | Shane Reading | 00:45:42 | MV45 | 3 | 00:06:48 | Male | 19 | Royton Road Runners | 13.1 km/h |
| 20 | 34 | Ian Dale | 00:46:01 | MV55 | 1 | | Male | 20 | Royton Road Runners | 13.0 km/h |
| 21 | 32 | Alex Frost | 00:46:06 | MV50 | 2 | 00:06:36 | Male | 21 | Rochdale Harriers & Ac | 13.0 km/h |
| 22 | 73 | Anjum Ahmed | 00:46:10 | MV50 | 3 | 00:06:40 | Male | 22 | Rochdale Harriers & Ac | 13.0 km/h |
| 23 | 39 | Hayley Simpson | 00:46:22 | F Sen | 1 | | Female | 1 | East Cheshire Harriers & Tameside Ac | 12.9 km/h |
| 24 | 80 | Mark Kelly | 00:46:31 | MV45 | 4 | 00:07:37 | Male | 23 | Royton Road Runners | 12.9 km/h |
| 25 | 37 | Richard Williams | 00:46:33 | MV45 | 5 | 00:07:39 | Male | 24 | Marple Runners | 12.9 km/h |
| 26 | 71 | Carl O'Callaghan | 00:46:39 | MV45 | 6 | 00:07:45 | Male | 25 | Royton Road Runners | 12.9 km/h |
| 27 | 54 | Brett King | 00:46:41 | M Sen | 10 | 00:10:12 | Male | 26 | Royton Road Runners | 12.9 km/h |
| 28 | 41 | Decland Harrison | 00:46:42 | M Sen | 11 | 00:10:12 | Male | 27 | | 12.8 km/h |
| 29 | 133 | Neil Brock | 00:46:55 | MV55 | 2 | 00:00:55 | Male | 28 | Royton Road Runners | 12.8 km/h |
| 30 | 43 | Leo Cain | 00:46:57 | MV40 | 7 | 00:05:52 | Male | 29 | Middleton Harriers Ac | 12.8 km/h |
| 31 | 96 | Luke Spiby | 00:47:12 | M Sen | 12 | 00:10:42 | Male | 30 | | 12.7 km/h |
| 32 | 56 | Charlie Owen | 00:47:26 | M Sen | 13 | 00:10:57 | Male | 31 | | 12.6 km/h |
| 33 | 72 | Elliot Stone | 00:47:59 | MV45 | 7 | 00:09:05 | Male | 32 | Royton Road Runners | 12.5 km/h |
| 34 | 31 | Andy Armstrong | 00:48:01 | MV50 | 4 | 00:08:31 | Male | 33 | Belle Vue Racers | 12.5 km/h |
| 35 | 61 | Rob Marsden | 00:48:05 | M Sen | 14 | 00:11:35 | Male | 34 | Sale Harriers Manchester | 12.5 km/h |

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|------------------|-----------|----------|---------|------------------------|--------|------------|--------------------------------------|-----------|
| 36 | 87 | Emma Barrington | 00:48:05 | F Sen | 2 | 00:01:44 | Female | 2 | Rochdale Harriers & Ac | 12.5 km/h |
| 37 | 121 | Glyn Williams | 00:48:44 | MV50 | 5 | 00:09:15 | Male | 35 | Prestwich Ac | 12.3 km/h |
| 38 | 76 | John Felton | 00:48:45 | MV50 | 6 | 00:09:16 | Male | 36 | Oldham & Royton H & Ac | 12.3 km/h |
| 39 | 105 | James Hartshorne | 00:48:56 | M Sen | 15 | 00:12:26 | Male | 37 | East Cheshire Harriers & Tameside Ac | 12.3 km/h |
| 40 | 149 | Steven Cook | 00:49:02 | M Sen | 16 | 00:12:32 | Male | 38 | | 12.2 km/h |
| 41 | 55 | Chris Davies | 00:49:06 | M Sen | 17 | 00:12:36 | Male | 39 | | 12.2 km/h |
| 42 | 81 | Janet Jobey | 00:49:11 | FV45 | 1 | | Female | 3 | Royton Road Runners | 12.2 km/h |
| 43 | 125 | Ian Connolly | 00:49:20 | MV55 | 3 | 00:03:20 | Male | 40 | | 12.2 km/h |
| 44 | 98 | Jason Oliver | 00:49:20 | MV45 | 8 | 00:10:27 | Male | 41 | | 12.2 km/h |
| 45 | 77 | Wayne Jones | 00:49:22 | MV50 | 7 | 00:09:52 | Male | 42 | Marple Runners | 12.2 km/h |
| 46 | 65 | Matthew Jones | 00:49:28 | MV40 | 8 | 00:08:23 | Male | 43 | Rochdale Harriers & Ac | 12.1 km/h |
| 47 | 129 | John Fay | 00:49:54 | MV40 | 9 | 00:08:50 | Male | 44 | Royton Road Runners | 12.0 km/h |
| 48 | 89 | Martin Sampson | 00:50:06 | MV40 | 10 | 00:09:01 | Male | 45 | Middleton Harriers Ac | 12.0 km/h |
| 49 | 323 | Andrew Schofield | 00:50:12 | MV50 | 8 | 00:10:42 | Male | 46 | Royton Road Runners | 12.0 km/h |
| 50 | 84 | Eamonn Nolan | 00:50:15 | MV55 | 4 | 00:04:15 | Male | 47 | Royton Road Runners | 11.9 km/h |
| 51 | 91 | Dan Britton | 00:50:22 | MV45 | 9 | 00:11:28 | Male | 48 | Marple Runners | 11.9 km/h |
| 52 | 64 | Michael Harrison | 00:50:29 | MV40 | 11 | 00:09:24 | Male | 49 | Royton Road Runners | 11.9 km/h |
| 53 | 86 | Mark Heaney | 00:50:31 | MV60 | 1 | | Male | 50 | Royton Road Runners | 11.9 km/h |
| 54 | 92 | Glenn Walsh | 00:50:36 | MV45 | 10 | 00:11:42 | Male | 51 | | 11.9 km/h |
| 55 | 175 | Terry Keating | 00:51:07 | MV50 | 9 | 00:11:37 | Male | 52 | Prestwich Ac | 11.7 km/h |
| 56 | 124 | Richard Furniss | 00:51:10 | MV55 | 5 | 00:05:10 | Male | 53 | Marple Runners | 11.7 km/h |
| 57 | 30 | Garry Bower | 00:51:11 | MV50 | 10 | 00:11:41 | Male | 54 | | 11.7 km/h |
| 58 | 49 | Ian Aitchison | 00:51:15 | MV65 | 1 | | Male | 55 | Rochdale Harriers & Ac | 11.7 km/h |
| 59 | 188 | Martha Urwin | 00:51:19 | FV45 | 2 | 00:02:09 | Female | 4 | Middleton Harriers Ac | 11.7 km/h |
| 60 | 106 | Helena Butler | 00:51:20 | FV35 | 1 | | Female | 5 | Saddleworth Runners Club | 11.7 km/h |
| 61 | 159 | Gregg Boughey | 00:51:22 | MV40 | 12 | 00:10:17 | Male | 56 | | 11.7 km/h |
| 62 | 68 | Alan Reynolds | 00:51:26 | MV40 | 13 | 00:10:22 | Male | 57 | | 11.7 km/h |
| 63 | 82 | Adam Stirling | 00:51:27 | M Sen | 18 | 00:14:57 | Male | 58 | Royton Road Runners | 11.7 km/h |
| 64 | 217 | Garreth Chambers | 00:51:37 | M Sen | 19 | 00:15:07 | Male | 59 | Rochdale Harriers & Ac | 11.6 km/h |
| 65 | 35 | Stephen Leak | 00:51:45 | MV55 | 6 | 00:05:45 | Male | 60 | Rochdale Harriers & Ac | 11.6 km/h |
| 66 | 104 | Amanda Armstrong | 00:51:46 | FV35 | 2 | 00:00:26 | Female | 6 | Prestwich Ac | 11.6 km/h |
| 67 | 66 | Ben Robinson | 00:51:54 | MV40 | 14 | 00:10:49 | Male | 61 | | 11.6 km/h |
| 68 | 122 | Mark Seed | 00:52:04 | MV50 | 11 | 00:12:34 | Male | 62 | Salford Harriers & AC | 11.5 km/h |
| 69 | 90 | Lee Ogden | 00:52:16 | MV40 | 15 | 00:11:11 | Male | 63 | | 11.5 km/h |
| 70 | 322 | Zara Hirst | 00:52:17 | F Sen | 3 | 00:05:56 | Female | 7 | Rochdale Harriers & Ac | 11.5 km/h |

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|---------------------|-----------|----------|---------|------------------------|--------|------------|--------------------------|-----------|
| 71 | 79 | Jonathan Ford | 00:52:40 | MV45 | 11 | 00:13:47 | Male | 64 | | 11.4 km/h |
| 72 | 85 | Bernard Cassidy | 00:52:47 | MV60 | 2 | 00:02:16 | Male | 65 | Royton Road Runners | 11.4 km/h |
| 73 | 78 | Duncan Shuttleworth | 00:53:00 | MV60 | 3 | 00:02:29 | Male | 66 | Prestwich Ac | 11.3 km/h |
| 74 | 51 | Paul Clynes | 00:53:11 | MV40 | 16 | 00:12:06 | Male | 67 | Rochdale Triathlon Club | 11.3 km/h |
| 75 | 95 | Ronnie Quinn | 00:53:18 | MV65 | 2 | 00:02:03 | Male | 68 | Royton Road Runners | 11.3 km/h |
| 76 | 70 | Mark Foran | 00:53:23 | MV45 | 12 | 00:14:29 | Male | 69 | Royton Road Runners | 11.2 km/h |
| 77 | 120 | Mark Phelan | 00:53:28 | MV50 | 12 | 00:13:58 | Male | 70 | Royton Road Runners | 11.2 km/h |
| 78 | 75 | Bernard Goodwin | 00:53:37 | MV50 | 13 | 00:14:08 | Male | 71 | Royton Road Runners | 11.2 km/h |
| 79 | 246 | Steven Allingan | 00:53:38 | MV50 | 14 | 00:14:08 | Male | 72 | | 11.2 km/h |
| 80 | 166 | Rach Garner | 00:53:52 | FV45 | 3 | 00:04:42 | Female | 8 | Prestwich Ac | 11.1 km/h |
| 81 | 63 | David Bostock | 00:53:55 | MV40 | 17 | 00:12:50 | Male | 73 | | 11.1 km/h |
| 82 | 171 | Karen Day | 00:54:03 | FV50 | 1 | | Female | 9 | Rochdale Triathlon Club | 11.1 km/h |
| 83 | 101 | Adrian Brown | 00:54:18 | M Sen | 20 | 00:17:49 | Male | 74 | Royton Road Runners | 11.0 km/h |
| 84 | 47 | Philip Wilcoxon | 00:54:31 | MV60 | 4 | 00:04:00 | Male | 75 | Belle Vue Racers | 11.0 km/h |
| 85 | 242 | Tracey Nash | 00:54:38 | FV45 | 4 | 00:05:28 | Female | 10 | | 11.0 km/h |
| 86 | 234 | Peter Clegg | 00:54:39 | MV45 | 13 | 00:15:45 | Male | 76 | LABC Runners | 11.0 km/h |
| 87 | 294 | Anne Marie Lord | 00:54:58 | FV50 | 2 | 00:00:55 | Female | 11 | | 10.9 km/h |
| 88 | 115 | Rochelle Evans | 00:55:06 | FV45 | 5 | 00:05:56 | Female | 12 | Royton Road Runners | 10.9 km/h |
| 89 | 114 | Chris Gee | 00:55:23 | MV45 | 14 | 00:16:30 | Male | 77 | | 10.8 km/h |
| 90 | 83 | Gary Marshall | 00:55:27 | M Sen | 21 | 00:18:57 | Male | 78 | Royton Road Runners | 10.8 km/h |
| 91 | 186 | Lambros Siros | 00:55:35 | MV40 | 18 | 00:14:30 | Male | 79 | | 10.8 km/h |
| 92 | 184 | Alan Garvey | 00:55:39 | MV65 | 3 | 00:04:24 | Male | 80 | | 10.8 km/h |
| 93 | 243 | Craig Wellens | 00:55:48 | MV50 | 15 | 00:16:18 | Male | 81 | | 10.8 km/h |
| 94 | 158 | Katrina Stephens | 00:55:59 | FV40 | 1 | | Female | 13 | Marple Runners | 10.7 km/h |
| 95 | 213 | Emma Bower | 00:56:03 | F Sen | 4 | 00:09:41 | Female | 14 | | 10.7 km/h |
| 96 | 116 | Nicholas Gudegast | 00:56:05 | MV45 | 15 | 00:17:11 | Male | 82 | Marple Runners | 10.7 km/h |
| 97 | 139 | Victoria Smith | 00:56:07 | FV45 | 6 | 00:06:57 | Female | 15 | Royton Road Runners | 10.7 km/h |
| 98 | 161 | David Royle | 00:56:09 | MV40 | 19 | 00:15:04 | Male | 83 | | 10.7 km/h |
| 99 | 134 | Donna Gardner | 00:56:16 | FV35 | 3 | 00:04:56 | Female | 16 | Rochdale Triathlon Club | 10.7 km/h |
| 100 | 110 | Mark Beard | 00:56:16 | MV40 | 20 | 00:15:11 | Male | 84 | Rochdale Triathlon Club | 10.7 km/h |
| 101 | 211 | Bryony Jones | 00:56:24 | F Sen | 5 | 00:10:03 | Female | 17 | | 10.6 km/h |
| 102 | 132 | Jeni Harvey | 00:56:31 | FV35 | 4 | 00:05:11 | Female | 18 | Steel City Striders | 10.6 km/h |
| 103 | 219 | Martin Jones | 00:56:31 | M Sen | 22 | 00:20:02 | Male | 85 | | 10.6 km/h |
| 104 | 248 | Stephanie Goodchild | 00:56:48 | FV55 | 1 | | Female | 19 | Manchester Ymca Harriers | 10.6 km/h |
| 105 | 38 | John Archer | 00:56:49 | MV70 | 1 | | Male | 86 | Winston Runners | 10.6 km/h |

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|--------------------------|-----------|----------|---------|------------------------|--------|------------|-------------------------|-----------|
| 106 | 245 | Simon Howard | 00:56:50 | MV50 | 16 | 00:17:20 | Male | 87 | Royton Road Runners | 10.6 km/h |
| 107 | 250 | Anna Ashton | 00:56:50 | FV60 | 1 | | Female | 20 | Marple Runners | 10.6 km/h |
| 108 | 53 | Danielle Fiona Dignan | 00:56:58 | F Sen | 6 | 00:10:37 | Female | 21 | Rochdale Triathlon Club | 10.5 km/h |
| 109 | 131 | Karen Hassall | 00:57:03 | FV40 | 2 | 00:01:05 | Female | 22 | | 10.5 km/h |
| 110 | 36 | Robert Nixon | 00:57:13 | MV65 | 4 | 00:05:58 | Male | 88 | | 10.5 km/h |
| 111 | 182 | Tracy Johnson | 00:57:18 | FV50 | 3 | 00:03:16 | Female | 23 | Royton Road Runners | 10.5 km/h |
| 112 | 145 | Bethany Clayton | 00:57:29 | F Sen | 7 | 00:11:08 | Female | 24 | | 10.4 km/h |
| 113 | 150 | Trish Murdin | 00:57:35 | FV35 | 5 | 00:06:16 | Female | 25 | Royton Road Runners | 10.4 km/h |
| 114 | 189 | Amanda Collinge | 00:57:42 | FV45 | 7 | 00:08:32 | Female | 26 | Marple Runners | 10.4 km/h |
| 115 | 321 | Susie Hirst | 00:57:51 | FV45 | 8 | 00:08:41 | Female | 27 | Rochdale Harriers & Ac | 10.4 km/h |
| 116 | 60 | John Linstead | 00:57:54 | M Sen | 23 | 00:21:24 | Male | 89 | | 10.4 km/h |
| 117 | 288 | Clare Darraugh | 00:57:58 | FV45 | 9 | 00:08:48 | Female | 28 | | 10.4 km/h |
| 118 | 170 | Karen Molloy | 00:58:02 | FV50 | 4 | 00:03:59 | Female | 29 | Marple Runners | 10.3 km/h |
| 119 | 102 | Gareth McCaffery | 00:58:10 | M Sen | 24 | 00:21:40 | Male | 90 | Royton Road Runners | 10.3 km/h |
| 120 | 167 | Michael Grimshaw | 00:58:29 | MV45 | 16 | 00:19:35 | Male | 91 | | 10.3 km/h |
| 121 | 99 | Liane Gilligan | 00:58:32 | FV35 | 6 | 00:07:13 | Female | 30 | Royton Road Runners | 10.3 km/h |
| 122 | 235 | Christie-Anne Cunningham | 00:58:37 | FV45 | 10 | 00:09:27 | Female | 31 | LABC Runners | 10.2 km/h |
| 123 | 226 | Louise Saunders | 00:58:44 | FV35 | 7 | 00:07:24 | Female | 32 | LABC Runners | 10.2 km/h |
| 124 | 176 | Ray Williams | 00:58:46 | MV55 | 7 | 00:12:46 | Male | 92 | Royton Road Runners | 10.2 km/h |
| 125 | 113 | Elizabeth Guirguis | 00:58:47 | FV45 | 11 | 00:09:37 | Female | 33 | Prestwich Ac | 10.2 km/h |
| 126 | 24 | Andy Chadwick | 00:59:00 | M Sen | 25 | 00:22:30 | Male | 93 | Royton Road Runners | 10.2 km/h |
| 127 | 258 | Emma Wall | 00:59:03 | FV40 | 3 | 00:03:05 | Female | 34 | | 10.2 km/h |
| 128 | 93 | Michael Williams | 00:59:04 | MV55 | 8 | 00:13:03 | Male | 94 | LABC Runners | 10.2 km/h |
| 129 | 118 | Karen Charters | 00:59:04 | FV45 | 12 | 00:09:54 | Female | 35 | Belle Vue Racers | 10.2 km/h |
| 130 | 269 | Louise Butterworth | 00:59:04 | FV50 | 5 | 00:05:02 | Female | 36 | Middleton Harriers Ac | 10.2 km/h |
| 131 | 135 | David Thornton | 00:59:10 | MV40 | 21 | 00:18:06 | Male | 95 | Marple Runners | 10.1 km/h |
| 132 | 156 | Simon Scarfe | 00:59:11 | M Sen | 26 | 00:22:41 | Male | 96 | | 10.1 km/h |
| 133 | 152 | Michael Jackson | 00:59:15 | M Sen | 27 | 00:22:45 | Male | 97 | LABC Runners | 10.1 km/h |
| 134 | 187 | Elaine Blades-Jordan | 00:59:17 | FV40 | 4 | 00:03:18 | Female | 37 | Rochdale Triathlon Club | 10.1 km/h |
| 135 | 178 | Paul Cooke | 00:59:29 | MV55 | 9 | 00:13:29 | Male | 98 | Royton Road Runners | 10.1 km/h |
| 136 | 255 | Michael Winstanley | 00:59:30 | MV70 | 2 | 00:02:42 | Male | 99 | Rochdale Harriers & Ac | 10.1 km/h |
| 137 | 165 | Caroline Johnston | 00:59:32 | FV45 | 13 | 00:10:22 | Female | 38 | | 10.1 km/h |
| 138 | 225 | Colette Cooke | 00:59:39 | FV35 | 8 | 00:08:20 | Female | 39 | Rochdale Harriers & Ac | 10.1 km/h |
| 139 | 221 | Lorna Brown | 00:59:49 | FV35 | 9 | 00:08:30 | Female | 40 | | 10.0 km/h |

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|-------------------|-----------|----------|---------|------------------------|--------|------------|-------------------------|-----------|
| 140 | 151 | Lisa Raynor | 00:59:54 | FV35 | 10 | 00:08:35 | Female | 41 | | 10.0 km/h |
| 141 | 123 | Janet Hunt | 01:00:02 | FV55 | 2 | 00:03:15 | Female | 42 | Middleton Harriers Ac | 10.0 km/h |
| 142 | 140 | Alistair Jordan | 01:00:09 | MV55 | 10 | 00:14:09 | Male | 100 | Marple Runners | 10.0 km/h |
| 143 | 206 | Janet Shepherd | 01:00:10 | FV50 | 6 | 00:06:07 | Female | 43 | Belle Vue Racers | 10.0 km/h |
| 144 | 141 | Martin Shepherd | 01:00:10 | MV55 | 11 | 00:14:10 | Male | 101 | Rochdale Triathlon Club | 10.0 km/h |
| 145 | 126 | Jenny Grindrod | 01:00:14 | FV50 | 7 | 00:06:11 | Female | 44 | Rochdale Triathlon Club | 10.0 km/h |
| 146 | 252 | Craig Sutherland | 01:00:16 | MV60 | 5 | 00:09:45 | Male | 102 | Middleton Harriers Ac | 10.0 km/h |
| 147 | 197 | Paul Shelmerdine | 01:00:23 | MV40 | 22 | 00:19:19 | Male | 103 | | 9.9 km/h |
| 148 | 142 | John Hall | 01:00:28 | MV70 | 3 | 00:03:40 | Male | 104 | Middleton Harriers Ac | 9.9 km/h |
| 149 | 183 | Fiona Bolton | 01:00:33 | FV65 | 1 | | Female | 45 | Middleton Harriers Ac | 9.9 km/h |
| 150 | 203 | David Phillips | 01:00:33 | MV70 | 4 | 00:03:45 | Male | 105 | Royton Road Runners | 9.9 km/h |
| 151 | 204 | Nicky Ford | 01:00:35 | FV40 | 5 | 00:04:37 | Female | 46 | | 9.9 km/h |
| 152 | 261 | Rose Rowson | 01:00:37 | FV60 | 2 | 00:03:48 | Female | 47 | Middleton Harriers Ac | 9.9 km/h |
| 153 | 148 | Patrick Shaw | 01:00:49 | M Sen | 28 | 00:24:19 | Male | 106 | | 9.9 km/h |
| 154 | 163 | Carol Robinson | 01:00:49 | FV45 | 14 | 00:11:39 | Female | 48 | | 9.9 km/h |
| 155 | 172 | Karen Vale | 01:01:09 | FV50 | 8 | 00:07:07 | Female | 49 | Rochdale Triathlon Club | 9.8 km/h |
| 156 | 112 | Adrian Calvert | 01:01:28 | MV45 | 17 | 00:22:34 | Male | 107 | Prestwich Ac | 9.8 km/h |
| 157 | 238 | Catherine Vaneris | 01:01:29 | FV45 | 15 | 00:12:19 | Female | 50 | | 9.8 km/h |
| 158 | 185 | Mark Andrew Brown | 01:01:30 | MV65 | 5 | 00:10:15 | Male | 108 | Stockport Harriers & Ac | 9.8 km/h |
| 159 | 228 | Rachel Boorer-May | 01:02:06 | FV35 | 11 | 00:10:46 | Female | 51 | Glossopdale Harriers | 9.7 km/h |
| 160 | 191 | Tony Taylor | 01:02:09 | MV70 | 5 | 00:05:21 | Male | 109 | Northern Masters Ac | 9.7 km/h |
| 161 | 144 | Olivia Phillips | 01:02:14 | F Sen | 8 | 00:15:53 | Female | 52 | | 9.6 km/h |
| 162 | 179 | Linzi Lloyd-Henry | 01:02:16 | FV55 | 3 | 00:05:29 | Female | 53 | Prestwich Ac | 9.6 km/h |
| 163 | 231 | Chris Nicholson | 01:03:07 | MV40 | 23 | 00:22:02 | Male | 110 | Royton Road Runners | 9.5 km/h |
| 164 | 210 | Helen Veitch | 01:03:13 | FV65 | 2 | 00:02:41 | Female | 54 | Prestwich Ac | 9.5 km/h |
| 165 | 157 | Matthew Holloway | 01:03:19 | MV40 | 24 | 00:22:14 | Male | 111 | | 9.5 km/h |
| 166 | 254 | Sue Exon | 01:03:24 | FV65 | 3 | 00:02:52 | Female | 55 | Trafford Athletic Club | 9.5 km/h |
| 167 | 200 | Susan Heaney | 01:03:30 | FV60 | 3 | 00:06:41 | Female | 56 | Royton Road Runners | 9.4 km/h |
| 168 | 212 | Shannon Wood | 01:03:34 | F Sen | 9 | 00:17:13 | Female | 57 | | 9.4 km/h |
| 169 | 306 | David Smith | 01:03:40 | MV65 | 6 | 00:12:25 | Male | 112 | Royton Road Runners | 9.4 km/h |
| 170 | 202 | Teresa Hollins | 01:03:42 | FV65 | 4 | 00:03:10 | Female | 58 | Middleton Harriers Ac | 9.4 km/h |
| 171 | 196 | Vicki Faulkner | 01:03:52 | F Sen | 10 | 00:17:31 | Female | 59 | LABC Runners | 9.4 km/h |
| 172 | 256 | George Meynell | 01:04:00 | MV70 | 6 | 00:07:12 | Male | 113 | | 9.4 km/h |
| 173 | 194 | David Thompson | 01:04:30 | MV50 | 17 | 00:25:00 | Male | 114 | | 9.3 km/h |
| 174 | 57 | Graham Pitchforth | 01:05:06 | M Sen | 29 | 00:28:37 | Male | 115 | | 9.2 km/h |

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|----------------------|-----------|----------|---------|------------------------|--------|------------|--------------------------|----------|
| 175 | 195 | Catherine Murphy | 01:05:42 | FV50 | 9 | 00:11:39 | Female | 60 | Middleton Harriers Ac | 9.1 km/h |
| 176 | 162 | Selina McLean | 01:05:52 | FV45 | 16 | 00:16:42 | Female | 61 | Mossley AFC Running Club | 9.1 km/h |
| 177 | 236 | Lisa Fenton | 01:05:58 | FV45 | 17 | 00:16:48 | Female | 62 | LABC Runners | 9.1 km/h |
| 178 | 220 | Lyndsey Heaney | 01:06:01 | FV35 | 12 | 00:14:41 | Female | 63 | | 9.1 km/h |
| 179 | 295 | Debbie Cash | 01:06:18 | FV55 | 4 | 00:09:31 | Female | 64 | Royton Road Runners | 9.0 km/h |
| 180 | 260 | Stephanie Caldwell | 01:06:26 | FV65 | 5 | 00:05:54 | Female | 65 | Prestwich Ac | 9.0 km/h |
| 181 | 103 | Emma Thetford | 01:07:01 | FV35 | 13 | 00:15:42 | Female | 66 | | 9.0 km/h |
| 182 | 227 | Kate O'Connor | 01:07:01 | FV35 | 14 | 00:15:42 | Female | 67 | | 9.0 km/h |
| 183 | 277 | Joanne Houghton | 01:07:09 | MV55 | 12 | 00:21:09 | Male | 116 | Prestwich Ac | 8.9 km/h |
| 184 | 315 | Lisa Southward | 01:07:11 | FV50 | 10 | 00:13:09 | Female | 68 | Royton Road Runners | 8.9 km/h |
| 185 | 155 | Nichola Cooke | 01:07:16 | FV35 | 15 | 00:15:56 | Female | 69 | Prestwich Ac | 8.9 km/h |
| 186 | 292 | Amanda Richardson | 01:07:17 | FV50 | 11 | 00:13:15 | Female | 70 | Royton Road Runners | 8.9 km/h |
| 187 | 244 | James Wright | 01:07:25 | MV50 | 18 | 00:27:55 | Male | 117 | Royton Road Runners | 8.9 km/h |
| 188 | 272 | Stephen Rogowskyj | 01:07:26 | MV60 | 6 | 00:16:55 | Male | 118 | Royton Road Runners | 8.9 km/h |
| 189 | 223 | Deborah Green | 01:07:32 | FV35 | 16 | 00:16:13 | Female | 71 | | 8.9 km/h |
| 190 | 296 | Carol McDonald | 01:07:37 | FV55 | 5 | 00:10:50 | Female | 72 | LABC Runners | 8.9 km/h |
| 191 | 199 | Shirley Sneddon | 01:07:54 | FV55 | 6 | 00:11:06 | Female | 73 | Rochdale Triathlon Club | 8.8 km/h |
| 192 | 290 | Lee Gerrard | 01:08:01 | MV45 | 18 | 00:29:07 | Male | 119 | | 8.8 km/h |
| 193 | 305 | Neil Barker | 01:08:03 | MV55 | 13 | 00:22:03 | Male | 120 | | 8.8 km/h |
| 194 | 207 | John Norris | 01:08:15 | MV55 | 14 | 00:22:14 | Male | 121 | Marple Runners | 8.8 km/h |
| 195 | 251 | Ian Floyd | 01:08:37 | MV60 | 7 | 00:18:06 | Male | 122 | | 8.7 km/h |
| 196 | 168 | Jillian Heywood | 01:09:02 | FV50 | 12 | 00:14:59 | Female | 74 | Royton Road Runners | 8.7 km/h |
| 197 | 253 | Peter Malone | 01:09:13 | MV65 | 7 | 00:17:58 | Male | 123 | | 8.7 km/h |
| 198 | 154 | Janine Jordan | 01:09:24 | FV35 | 17 | 00:18:04 | Female | 75 | Middleton Harriers Ac | 8.6 km/h |
| 199 | 271 | Ann-Marie Fairclough | 01:09:26 | FV55 | 7 | 00:12:38 | Female | 76 | Marple Runners | 8.6 km/h |
| 200 | 275 | Mark Cartwright | 01:09:40 | MV45 | 19 | 00:30:46 | Male | 124 | | 8.6 km/h |
| 201 | 240 | Karen Doherty | 01:10:17 | FV45 | 18 | 00:21:07 | Female | 77 | Radcliffe Ac | 8.5 km/h |
| 202 | 267 | Michelle Grisdale | 01:10:22 | FV50 | 13 | 00:16:19 | Female | 78 | LABC Runners | 8.5 km/h |
| 203 | 284 | Geoff Abram | 01:10:29 | MV40 | 25 | 00:29:24 | Male | 125 | | 8.5 km/h |
| 204 | 283 | Kathryn Abram | 01:10:29 | FV40 | 6 | 00:14:31 | Female | 79 | | 8.5 km/h |
| 205 | 249 | Andrew Potts | 01:10:31 | MV60 | 8 | 00:20:01 | Male | 126 | | 8.5 km/h |
| 206 | 259 | Elaine Whitehead | 01:10:41 | FV45 | 19 | 00:21:31 | Female | 80 | Royton Road Runners | 8.5 km/h |
| 207 | 298 | Linda Seedall | 01:11:08 | FV65 | 6 | 00:10:36 | Female | 81 | | 8.4 km/h |
| 208 | 301 | Judith Bradley | 01:11:27 | FV50 | 14 | 00:17:25 | Female | 82 | Royton Road Runners | 8.4 km/h |
| 209 | 266 | Tricia North | 01:11:51 | FV50 | 15 | 00:17:48 | Female | 83 | | 8.4 km/h |

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|-----------------------|-----------|----------|---------|------------------------|--------|------------|-------------------------|----------|
| 210 | 302 | Mark Higgs | 01:11:55 | MV55 | 15 | 00:25:54 | Male | 127 | | 8.3 km/h |
| 211 | 293 | Diane Thompson | 01:12:02 | FV50 | 16 | 00:17:59 | Female | 84 | | 8.3 km/h |
| 212 | 268 | Samantha Cook | 01:12:06 | FV50 | 17 | 00:18:03 | Female | 85 | Marple Runners | 8.3 km/h |
| 213 | 263 | Liz Phillips | 01:12:59 | FV40 | 7 | 00:17:00 | Female | 86 | Royton Road Runners | 8.2 km/h |
| 214 | 173 | Julie Felton | 01:13:41 | FV50 | 18 | 00:19:39 | Female | 87 | Oldham & Royton H & Ac | 8.1 km/h |
| 215 | 320 | Sarah Fitton | 01:14:06 | F Sen | 11 | 00:27:44 | Female | 88 | Royton Road Runners | 8.1 km/h |
| 216 | 304 | Kay Fitton | 01:14:08 | FV55 | 8 | 00:17:21 | Female | 89 | | 8.1 km/h |
| 217 | 174 | Tony Pratt | 01:14:21 | MV50 | 19 | 00:34:51 | Male | 128 | Marple Runners | 8.1 km/h |
| 218 | 282 | Sally Crewe | 01:14:22 | FV35 | 18 | 00:23:02 | Female | 90 | Royton Road Runners | 8.1 km/h |
| 219 | 278 | Steven Chambers | 01:14:30 | MV60 | 9 | 00:23:59 | Male | 129 | | 8.1 km/h |
| 220 | 312 | Amanda Welby | 01:15:36 | FV50 | 19 | 00:21:33 | Female | 91 | Royton Road Runners | 7.9 km/h |
| 221 | 287 | Darren Whiston | 01:16:01 | MV45 | 20 | 00:37:07 | Male | 130 | | 7.9 km/h |
| 222 | 316 | Suzanne Cain | 01:16:04 | FV50 | 20 | 00:22:01 | Female | 92 | | 7.9 km/h |
| 223 | 193 | Vicky Gilbertson | 01:16:27 | FV45 | 20 | 00:27:17 | Female | 93 | Prestwich Ac | 7.8 km/h |
| 224 | 264 | Jennifer Archer-Power | 01:16:34 | FV40 | 8 | 00:20:35 | Female | 94 | | 7.8 km/h |
| 225 | 117 | Jacinta Yates | 01:16:36 | FV45 | 21 | 00:27:26 | Female | 95 | Prestwich Ac | 7.8 km/h |
| 226 | 262 | Bernadette Ball | 01:16:59 | FV65 | 7 | 00:16:27 | Female | 96 | Royton Road Runners | 7.8 km/h |
| 227 | 274 | Janet Appleyard | 01:17:10 | FV65 | 8 | 00:16:38 | Female | 97 | Oldham & Royton H & Ac | 7.8 km/h |
| 228 | 276 | Kay England | 01:17:25 | FV45 | 22 | 00:28:15 | Female | 98 | Royton Road Runners | 7.8 km/h |
| 229 | 265 | Karen Rush | 01:17:26 | FV45 | 23 | 00:28:16 | Female | 99 | Royton Road Runners | 7.7 km/h |
| 230 | 314 | Lindsay Gregory | 01:17:27 | FV55 | 9 | 00:20:40 | Female | 100 | Royton Road Runners | 7.7 km/h |
| 231 | 208 | Stephen Bostock | 01:17:28 | MV60 | 10 | 00:26:58 | Male | 131 | | 7.7 km/h |
| 232 | 300 | Angela Buckley | 01:17:45 | FV45 | 24 | 00:28:34 | Female | 101 | | 7.7 km/h |
| 233 | 215 | Jessica Scott | 01:17:45 | F Sen | 12 | 00:31:24 | Female | 102 | | 7.7 km/h |
| 234 | 286 | Zoe McMunn | 01:18:01 | FV45 | 25 | 00:28:51 | Female | 103 | | 7.7 km/h |
| 235 | 136 | Sharon Leach | 01:18:15 | FV50 | 21 | 00:24:12 | Female | 104 | Royton Road Runners | 7.7 km/h |
| 236 | 280 | Natalie White | 01:18:22 | F Sen | 13 | 00:32:01 | Female | 105 | | 7.7 km/h |
| 237 | 281 | Joseph Broome | 01:18:24 | M Sen | 30 | 00:41:54 | Male | 132 | | 7.7 km/h |
| 238 | 303 | Angela Rogowskyj | 01:18:44 | FV55 | 10 | 00:21:56 | Female | 106 | Royton Road Runners | 7.6 km/h |
| 239 | 128 | Michael Buck | 01:20:34 | MV70 | 7 | 00:23:46 | Male | 133 | Middleton Harriers Ac | 7.4 km/h |
| 240 | 313 | David Leyland | 01:23:47 | MV55 | 16 | 00:37:47 | Male | 134 | Rochdale Triathlon Club | 7.2 km/h |
| 241 | 307 | June Allingan | 01:24:33 | FV70 | 1 | | Female | 107 | Royton Road Runners | 7.1 km/h |
| 242 | 310 | Adam Wood | 01:27:24 | MV50 | 20 | 00:47:54 | Male | 135 | | 6.9 km/h |
| 243 | 319 | David Emanuel | 01:30:06 | MV55 | 17 | 00:44:06 | Male | 136 | Royton Road Runners | 6.7 km/h |
| 244 | 318 | Anne Jones | 01:30:06 | FV60 | 4 | 00:33:17 | Female | 108 | Royton Road Runners | 6.7 km/h |

| Overall Position | Race No | Name | Chip Time | Category | Cat Pos | Behind Category Winner | Gender | Gender Pos | Club | Pace |
|------------------|---------|------------------|-----------|----------|---------|------------------------|--------|------------|-------------------------|----------|
| 245 | 317 | Alison Cresswell | 01:30:08 | FV55 | 11 | 00:33:20 | Female | 109 | Royton Road Runners | 6.7 km/h |
| | 138 | Louise Warwick | DNF | FV35 | | | Female | | Prestwich Ac | |
| | 229 | Rachel Almond | DNF | FV40 | | | Female | | Rochdale Triathlon Club | |