

Royton Road Runners - 2008 Road Race Championship

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Royton Road Runners - 2008 Road Race Championship

Group Results For Race 1, Dewsbury 10K, 3rd February 2008



10 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Stuart Carroll	0 . 38 . 06	6	36	Male	0.9729	0 . 37 . 04	72.44
Bernie Cassidy	0 . 38 . 15	5	49	Male	0.8817	0 . 33 . 43	79.61
Barry Greaves	0 . 39 . 48	4	51	Male	0.8676	0 . 34 . 31	77.76
Dave Emanuel	0 . 40 . 10	3	44	Male	0.9169	0 . 36 . 49	72.90
Chris Eavers	0 . 42 . 27	2	54	Male	0.8465	0 . 35 . 56	74.72
Ian Casey	0 . 42 . 31	1	44	Male	0.9169	0 . 38 . 59	68.88

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 40 . 37	6	36	Male	0.9729	0 . 39 . 30	67.95
Rob Kellett	0 . 41 . 04	5	41	Male	0.9380	0 . 38 . 31	69.70
Dave Phillips	0 . 43 . 49	4	64	Male	0.7761	0 . 34 . 00	78.96
Jeff Cordwell	0 . 48 . 40	3	57	Male	0.8254	0 . 40 . 10	66.84
Helen Knight	0 . 49 . 05	2	37	Female	0.9816	0 . 48 . 10	62.95
Trevor Grundy	0 . 49 . 17	1	64	Male	0.7761	0 . 38 . 14	70.20

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Tony Hunking	0 . 59 . 28	5	54	Male	0.8465	0 . 50 . 20	53.34
Brian Hurst	1 . 14 . 08	4	68	Male	0.7479	0 . 55 . 26	48.43

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Helen Knight	0 . 49 . 05	5	37	Female	0.9816	0 . 48 . 10	62.95

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 38 . 15	5	49	Male	0.8817	0 . 33 . 43	79.61
Dave Emanuel	0 . 40 . 10	4	44	Male	0.9169	0 . 36 . 49	72.90
Rob Kellett	0 . 41 . 04	3	41	Male	0.9380	0 . 38 . 31	69.70
Ian Casey	0 . 42 . 31	2	44	Male	0.9169	0 . 38 . 59	68.88

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	0 . 39 . 48	5	51	Male	0.8676	0 . 34 . 31	77.76
Chris Eavers	0 . 42 . 27	4	54	Male	0.8465	0 . 35 . 56	74.72
Jeff Cordwell	0 . 48 . 40	3	57	Male	0.8254	0 . 40 . 10	66.84
Tony Hunking	0 . 59 . 28	2	54	Male	0.8465	0 . 50 . 20	53.34

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	0 . 43 . 49	5	64	Male	0.7761	0 . 34 . 00	78.96
Trevor Grundy	0 . 49 . 17	4	64	Male	0.7761	0 . 38 . 14	70.20
Brian Hurst	1 . 14 . 08	3	68	Male	0.7479	0 . 55 . 26	48.43

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

* Denotes 2nd claim RRR member

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Group Results For Race 2, Great North West Half Marathon, 24th February 2008



Half Marathon Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	1 . 21 . 01	7	49	Male	0.8920	1 . 12 . 16	81.92
Stuart Carroll	1 . 22 . 26	6	37	Male	0.9820	1 . 20 . 56	73.13
Dave Emanuel	1 . 25 . 18	5	44	Male	0.9297	1 . 19 . 18	74.65
Bryan Lawton	1 . 28 . 57	4	42	Male	0.9448	1 . 24 . 02	70.44
Ian Casey	1 . 31 . 42	3	44	Male	0.9297	1 . 25 . 15	69.44
Chris Eavers	1 . 32 . 02	2	54	Male	0.8542	1 . 18 . 36	75.30
Colin Green	1 . 34 . 22	1	37	Male	0.9820	1 . 32 . 40	63.88

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	1 . 24 . 36	9	36	Male	0.9878	1 . 23 . 34	70.84
Rob Kellett	1 . 30 . 49	8	41	Male	0.9524	1 . 26 . 29	68.44
Dave Phillips	1 . 33 . 36	7	64	Male	0.7788	1 . 12 . 53	81.21
Debbie Shaw	1 . 36 . 46	6	44	Female	0.9238	1 . 29 . 23	73.66
Dean Burgess	1 . 38 . 09	5	43	Male	0.9373	1 . 31 . 59	64.35
Ged Navesey	1 . 39 . 45	4	41	Male	0.9524	1 . 35 . 00	62.31
Trevor Grundy	1 . 43 . 15	3	65	Male	0.7712	1 . 19 . 37	74.35
Jeff Cordwell	1 . 46 . 10	2	57	Male	0.8316	1 . 28 . 17	67.05
Helen Knight	2 . 00 . 39	1	37	Female	0.9783	1 . 58 . 01	55.79

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Teresa Hollins *	1 . 48 . 03	5	54	Female	0.8152	1 . 28 . 04	74.76
Vicky Bramley	1 . 57 . 42	4	43	Female	0.9337	1 . 49 . 53	59.92
Louise Saunders	1 . 57 . 53	3	26	Female	1.0000	1 . 57 . 53	55.86
Neil Barker	2 . 08 . 38	2	44	Male	0.9297	1 . 59 . 35	49.50
Natalie Yates-Bolton	2 . 15 . 24	1	41	Female	0.9513	2 . 08 . 48	51.12

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	1 . 36 . 46	6	44	Female	0.9238	1 . 29 . 23	73.66
Teresa Hollins *	1 . 48 . 03	5	54	Female	0.8152	1 . 28 . 04	74.76
Vicky Bramley	1 . 57 . 42	4	43	Female	0.9337	1 . 49 . 53	59.92
Louise Saunders	1 . 57 . 53	3	26	Female	1.0000	1 . 57 . 53	55.86
Helen Knight	2 . 00 . 39	2	37	Female	0.9783	1 . 58 . 01	55.79
Natalie Yates-Bolton	2 . 15 . 24	1	41	Female	0.9513	2 . 08 . 48	51.12

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	1 . 21 . 01	9	49	Male	0.8920	1 . 12 . 16	81.92
Dave Emanuel	1 . 25 . 18	8	44	Male	0.9297	1 . 19 . 18	74.65
Bryan Lawton	1 . 28 . 57	7	42	Male	0.9448	1 . 24 . 02	70.44
Rob Kellett	1 . 30 . 49	6	41	Male	0.9524	1 . 26 . 29	68.44
Ian Casey	1 . 31 . 42	5	44	Male	0.9297	1 . 25 . 15	69.44
Debbie Shaw	1 . 36 . 46	4	44	Female	0.9238	1 . 29 . 23	73.66
Dean Burgess	1 . 38 . 09	3	43	Male	0.9373	1 . 31 . 59	64.35
Ged Navesey	1 . 39 . 45	2	41	Male	0.9524	1 . 35 . 00	62.31
Vicky Bramley	1 . 57 . 42	1	43	Female	0.9337	1 . 49 . 53	59.92
Neil Barker	2 . 08 . 38	1	44	Male	0.9297	1 . 59 . 35	49.50
Natalie Yates-Bolton	2 . 15 . 24	1	41	Female	0.9513	2 . 08 . 48	51.12

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Group Results For Race 2, Great North West Half Marathon, 24th February 2008 - continued



Half Marathon Age Grading Tables Used

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Eavers	1 . 32 . 02	5	54	Male	0.8542	1 . 18 . 36	75.30
Jeff Cordwell	1 . 46 . 10	4	57	Male	0.8316	1 . 28 . 17	67.05
Teresa Hollins *	1 . 48 . 03	3	54	Female	0.8152	1 . 28 . 04	74.76

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	1 . 33 . 36	5	64	Male	0.7788	1 . 12 . 53	81.21
Trevor Grundy	1 . 43 . 15	4	65	Male	0.7712	1 . 19 . 37	74.35

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Group Results For Race 3, Dentdale Run, 8th March 2008



Modified Half Marathon Age Grading Tables Used (Dent)

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	1 . 32 . 04	9	35	Male	0.9925	1 . 31 . 22	70.29
Stuart Carroll	1 . 33 . 07	8	37	Male	0.9820	1 . 31 . 26	70.24
Bernie Cassidy	1 . 34 . 11	7	49	Male	0.8920	1 . 24 . 00	76.45
Bernie Goodwin	1 . 39 . 19	6	40	Male	0.9599	1 . 35 . 20	67.37
Dave Emanuel	1 . 39 . 28	5	44	Male	0.9297	1 . 32 . 28	69.46
Bryan Lawton	1 . 40 . 59	4	42	Male	0.9448	1 . 35 . 24	67.32
Ian Casey	1 . 43 . 59	3	44	Male	0.9297	1 . 36 . 40	66.44
Barry Greaves	1 . 44 . 04	2	51	Male	0.8769	1 . 31 . 15	70.38
Chris Eavers	1 . 45 . 01	1	54	Male	0.8542	1 . 29 . 42	71.60
Steve Shaw	1 . 51 . 55	1	50	Male	0.8844	1 . 38 . 58	64.89

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	1 . 37 . 40	9	36	Male	0.9878	1 . 36 . 28	66.58
Rob Kellett	1 . 43 . 01	8	41	Male	0.9524	1 . 38 . 06	65.47
John Kane	1 . 48 . 05	7	55	Male	0.8467	1 . 31 . 30	70.19
Dave Phillips	1 . 48 . 06	6	64	Male	0.7788	1 . 24 . 11	76.29
Shiela Waite *	1 . 49 . 00	5	43	Female	0.9337	1 . 41 . 46	70.21
Jeff Cordwell	1 . 55 . 50	4	57	Male	0.8316	1 . 36 . 19	66.68
Debbie Shaw	1 . 56 . 26	3	44	Female	0.9238	1 . 47 . 33	66.43
John Williamson	1 . 59 . 33	2	35	Male	0.9925	1 . 58 . 39	54.13
Trevor Grundy	2 . 02 . 21	1	65	Male	0.7712	1 . 34 . 21	68.07
Helen Knight	2 . 03 . 33	1	37	Female	0.9783	2 . 00 . 52	59.11
Lewis Shaw	2 . 15 . 00	1	40	Male	0.9599	2 . 09 . 35	49.57

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Bowler	2 . 16 . 47	8	50	Male	0.8844	2 . 00 . 58	53.10
Neil Barker	2 . 19 . 54	7	44	Male	0.9297	2 . 10 . 03	49.38
Vicky Bramley	2 . 19 . 55	6	43	Female	0.9337	2 . 10 . 38	54.69
Louise Saunders	2 . 19 . 58	5	26	Female	1.0000	2 . 19 . 58	51.05
Tony Hunking	2 . 21 . 26	4	54	Male	0.8542	2 . 00 . 48	53.17
Jenny Wood	2 . 26 . 14	3	50	Female	0.8588	2 . 05 . 35	56.89
Karen Evans	2 . 56 . 31	2	47	Female	0.8915	2 . 37 . 21	45.40
Melanie Cowen	2 . 56 . 31	1	41	Female	0.9513	2 . 47 . 55	42.55

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Shiela Waite *	1 . 49 . 00	8	43	Female	0.9337	1 . 41 . 46	70.21
Debbie Shaw	1 . 56 . 26	7	44	Female	0.9238	1 . 47 . 33	66.43
Helen Knight	2 . 03 . 33	6	37	Female	0.9783	2 . 00 . 52	59.11
Vicky Bramley	2 . 19 . 55	5	43	Female	0.9337	2 . 10 . 38	54.69
Louise Saunders	2 . 19 . 58	4	26	Female	1.0000	2 . 19 . 58	51.05
Jenny Wood	2 . 26 . 14	3	50	Female	0.8588	2 . 05 . 35	56.89
Karen Evans	2 . 56 . 31	2	47	Female	0.8915	2 . 37 . 21	45.40
Melanie Cowen	2 . 56 . 31	1	41	Female	0.9513	2 . 47 . 55	42.55

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	1 . 34 . 11	9	49	Male	0.8920	1 . 24 . 00	76.45
Dave Emanuel	1 . 39 . 28	8	44	Male	0.9297	1 . 32 . 28	69.46

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Royton Road Runners - 2008 Road Race Championship

Group Results For Race 3, Dentdale Run, 8th March 2008 - continued



Modified Half Marathon Age Grading Tables Used (Dent)

Over 40's - continued	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bryan Lawton	1 . 40 . 59	7	42	Male	0.9448	1 . 35 . 24	67.32
Rob Kellett	1 . 43 . 01	6	41	Male	0.9524	1 . 38 . 06	65.47
Ian Casey	1 . 43 . 59	5	44	Male	0.9297	1 . 36 . 40	66.44
Shiela Waite *	1 . 49 . 00	4	43	Female	0.9337	1 . 41 . 46	70.21
Debbie Shaw	1 . 56 . 26	3	44	Female	0.9238	1 . 47 . 33	66.43
Lewis Shaw	2 . 15 . 00	2	40	Male	0.9599	2 . 09 . 35	49.57
Neil Barker	2 . 19 . 54	1	44	Male	0.9297	2 . 10 . 03	49.38
Vicky Bramley	2 . 19 . 55	1	43	Female	0.9337	2 . 10 . 38	54.69
Karen Evans	2 . 56 . 31	1	47	Female	0.8915	2 . 37 . 21	45.40
Melanie Cowen	2 . 56 . 31	1	41	Female	0.9513	2 . 47 . 55	42.55

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	1 . 44 . 04	8	51	Male	0.8769	1 . 31 . 15	70.38
Chris Eavers	1 . 45 . 01	7	54	Male	0.8542	1 . 29 . 42	71.60
John Kane	1 . 48 . 05	6	55	Male	0.8467	1 . 31 . 30	70.19
Steve Shaw	1 . 51 . 55	5	50	Male	0.8844	1 . 38 . 58	64.89
Jeff Cordwell	1 . 55 . 50	4	57	Male	0.8316	1 . 36 . 19	66.68
Mike Bowler	2 . 16 . 47	3	50	Male	0.8844	2 . 00 . 58	53.10
Tony Hunking	2 . 21 . 26	2	54	Male	0.8542	2 . 00 . 48	53.17
Jenny Wood	2 . 26 . 14	1	50	Female	0.8588	2 . 05 . 35	56.89

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	1 . 48 . 06	5	64	Male	0.7788	1 . 24 . 11	76.29
Trevor Grundy	2 . 02 . 21	4	65	Male	0.7712	1 . 34 . 21	68.07

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Group Results For Race 4, Salford 10K, 21st March 2008



10 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Stuart Carroll	0 . 37 . 36	5	37	Male	0.9662	0 . 36 . 19	73.91
Bernie Cassidy	0 . 38 . 12	4	49	Male	0.8817	0 . 33 . 40	79.72
Bernie Goodwin	0 . 38 . 56	3	40	Male	0.9451	0 . 36 . 47	72.97
Dave Emanuel	0 . 40 . 42	2	44	Male	0.9169	0 . 37 . 19	71.95
Ian Casey	0 . 42 . 02	1	44	Male	0.9169	0 . 38 . 32	69.67

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 39 . 58	5	36	Male	0.9729	0 . 38 . 53	69.05
Rob Kellett	0 . 41 . 55	4	41	Male	0.9380	0 . 39 . 19	68.29
Dave Phillips	0 . 43 . 11	3	64	Male	0.7761	0 . 33 . 30	80.11
Ged Navesey	0 . 44 . 25	2	41	Male	0.9380	0 . 41 . 39	64.45
Debbie Shaw	0 . 44 . 37	1	44	Female	0.9355	0 . 41 . 44	72.67

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Teresa Hollins *	0 . 49 . 17	5	54	Female	0.8311	0 . 40 . 57	74.05
Louise Gilchrist *	0 . 51 . 48	4	75	Female	0.6022	0 . 31 . 11	97.23
Louise Saunders	0 . 52 . 39	3	26	Female	1.0000	0 . 52 . 38	57.61
Brian Hurst	1 . 12 . 49	2	69	Male	0.7402	0 . 53 . 53	49.82

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	0 . 44 . 37	5	44	Female	0.9355	0 . 41 . 44	72.67
Teresa Hollins *	0 . 49 . 17	4	54	Female	0.8311	0 . 40 . 57	74.05
Louise Gilchrist *	0 . 51 . 48	3	75	Female	0.6022	0 . 31 . 11	97.23
Louise Saunders	0 . 52 . 39	2	26	Female	1.0000	0 . 52 . 38	57.61

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 38 . 12	6	49	Male	0.8817	0 . 33 . 40	79.72
Dave Emanuel	0 . 40 . 42	5	44	Male	0.9169	0 . 37 . 19	71.95
Rob Kellett	0 . 41 . 55	4	41	Male	0.9380	0 . 39 . 19	68.29
Ian Casey	0 . 42 . 02	3	44	Male	0.9169	0 . 38 . 32	69.67
Ged Navesey	0 . 44 . 25	2	41	Male	0.9380	0 . 41 . 39	64.45
Debbie Shaw	0 . 44 . 37	1	44	Female	0.9355	0 . 41 . 44	72.67

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Teresa Hollins *	0 . 49 . 17	5	54	Female	0.8311	0 . 40 . 57	74.05

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	0 . 43 . 11	5	64	Male	0.7761	0 . 33 . 30	80.11
Louise Gilchrist *	0 . 51 . 48	4	75	Female	0.6022	0 . 31 . 11	97.23
Brian Hurst	1 . 12 . 49	3	69	Male	0.7402	0 . 53 . 53	49.82

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Group Results For Race 5, Vera Hirst 5K, 26th March 2008



5 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 17 . 27	8	35	Male	0.9788	0 . 17 . 04	75.53
Stuart Carroll	0 . 18 . 03	7	37	Male	0.9662	0 . 17 . 26	73.97
Bernie Cassidy	0 . 18 . 36	6	49	Male	0.8817	0 . 16 . 23	78.66
Dave Emanuel	0 . 19 . 29	5	44	Male	0.9169	0 . 17 . 51	72.21
Colin Green	0 . 19 . 44	4	37	Male	0.9662	0 . 19 . 03	67.66
Barry Greaves	0 . 20 . 12	3	52	Male	0.8606	0 . 17 . 23	74.21
Ian Casey	0 . 21 . 10	2	44	Male	0.9169	0 . 19 . 24	66.47
Steve Shaw	0 . 22 . 10	1	50	Male	0.8747	0 . 19 . 23	66.53

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Paul Whitehead	0 . 18 . 32	9	50	Male	0.8747	0 . 16 . 12	79.58
Dave Kershaw	0 . 18 . 58	8	36	Male	0.9729	0 . 18 . 27	69.91
Rob Kellett	0 . 20 . 00	7	41	Male	0.9380	0 . 18 . 45	68.76
John Williamson	0 . 20 . 42	6	35	Male	0.9788	0 . 20 . 15	63.67
Dave Phillips	0 . 20 . 51	5	64	Male	0.7761	0 . 16 . 10	79.72
John Kane	0 . 21 . 24	4	55	Male	0.8395	0 . 17 . 57	71.81
Bruce Whittam	0 . 21 . 45	3	44	Male	0.9169	0 . 19 . 56	64.69
Debbie Shaw	0 . 21 . 49	2	44	Female	0.9355	0 . 20 . 24	72.52
Shiela Waite *	0 . 22 . 17	1	43	Female	0.9438	0 . 21 . 01	70.37
Jeff Cordwell	0 . 22 . 40	1	57	Male	0.8254	0 . 18 . 42	68.95
Lewis Shaw	0 . 24 . 06	1	40	Male	0.9451	0 . 22 . 46	56.64

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Tony Kane	0 . 24 . 28	5	55	Male	0.8395	0 . 20 . 32	62.80
Mike Bowler	0 . 24 . 53	4	50	Male	0.8747	0 . 21 . 45	59.27
Louise Gilchrist *	0 . 25 . 16	3	75	Female	0.6022	0 . 15 . 12	97.27
June Allingan	0 . 34 . 32	2	64	Female	0.7221	0 . 24 . 56	59.35
Brian Hurst	0 . 38 . 55	1	69	Male	0.7402	0 . 28 . 48	44.78

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	0 . 21 . 49	5	44	Female	0.9355	0 . 20 . 24	72.52
Shiela Waite *	0 . 22 . 17	4	43	Female	0.9438	0 . 21 . 01	70.37
Louise Gilchrist *	0 . 25 . 16	3	75	Female	0.6022	0 . 15 . 12	97.27
June Allingan	0 . 34 . 32	2	64	Female	0.7221	0 . 24 . 56	59.35

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Paul Whitehead	0 . 18 . 32	9	50	Male	0.8747	0 . 16 . 12	79.58
Bernie Cassidy	0 . 18 . 36	8	49	Male	0.8817	0 . 16 . 23	78.66
Dave Emanuel	0 . 19 . 29	7	44	Male	0.9169	0 . 17 . 51	72.21
Rob Kellett	0 . 20 . 00	6	41	Male	0.9380	0 . 18 . 45	68.76
Ian Casey	0 . 21 . 10	5	44	Male	0.9169	0 . 19 . 24	66.47
Bruce Whittam	0 . 21 . 45	4	44	Male	0.9169	0 . 19 . 56	64.69
Debbie Shaw	0 . 21 . 49	3	44	Female	0.9355	0 . 20 . 24	72.52
Shiela Waite *	0 . 22 . 17	2	43	Female	0.9438	0 . 21 . 01	70.37
Lewis Shaw	0 . 24 . 06	1	40	Male	0.9451	0 . 22 . 46	56.64

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100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

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Royton Road Runners - 2008 Road Race Championship

Group Results For Race 5, Vera Hirst 5K, 26th March 2008 - continued



5 Kilometre Age Grading Tables Used

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	0 . 20 . 12	6	52	Male	0.8693	0 . 17 . 33	73.46
John Kane	0 . 21 . 24	5	55	Male	0.8395	0 . 17 . 57	71.81
Steve Shaw	0 . 22 . 10	4	50	Male	0.8747	0 . 19 . 23	66.53
Jeff Cordwell	0 . 22 . 40	3	57	Male	0.8254	0 . 18 . 42	68.95
Tony Kane	0 . 24 . 28	2	55	Male	0.8395	0 . 20 . 32	62.80
Mike Bowler	0 . 24 . 53	1	50	Male	0.8747	0 . 21 . 45	59.27

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	0 . 20 . 51	5	64	Male	0.7761	0 . 16 . 10	79.72
Louise Gilchrist *	0 . 25 . 16	4	75	Female	0.6022	0 . 15 . 12	97.27
June Allingan	0 . 34 . 32	3	64	Female	0.7221	0 . 24 . 56	59.35
Brian Hurst	0 . 38 . 55	2	69	Male	0.7402	0 . 28 . 48	44.78

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 6, Oldham Half Marathon, 6th April 2008



Half Marathon Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	1 . 21 . 20	6	35	Male	0.9925	1 . 20 . 43	73.34
Bernie Goodwin	1 . 29 . 36	5	40	Male	0.9599	1 . 26 . 00	68.83
Dave Emanuel	1 . 30 . 12	4	44	Male	0.9297	1 . 23 . 51	70.59
Barry Greaves	1 . 32 . 51	3	52	Male	0.8693	1 . 20 . 42	73.34
Ian Casey	1 . 39 . 33	2	44	Male	0.9297	1 . 32 . 33	63.96
Steve Shaw	1 . 43 . 44	1	50	Male	0.8844	1 . 31 . 44	64.53

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Rob Kellett	1 . 32 . 48	9	41	Male	0.9524	1 . 28 . 22	66.98
Bruce Whittam	1 . 39 . 25	8	44	Male	0.9297	1 . 32 . 25	64.05
Neil Dickinson	1 . 40 . 11	7	30	Male	1.0000	1 . 40 . 11	59.09
Shiela Waite *	1 . 41 . 52	6	44	Female	0.9238	1 . 34 . 06	69.98
Ged Navesey	1 . 44 . 38	5	41	Male	0.9524	1 . 39 . 39	59.41
Jeff Cordwell	1 . 46 . 15	4	57	Male	0.8316	1 . 28 . 21	67.00
Jamie Holdaway	1 . 49 . 02	3	32	Male	0.9998	1 . 49 . 00	54.31
John Kane	1 . 49 . 42	2	56	Male	0.8392	1 . 32 . 03	64.31
Trevor Grundy	1 . 51 . 12	1	65	Male	0.7712	1 . 25 . 45	69.03

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Bowler	1 . 55 . 57	5	51	Male	0.8769	1 . 41 . 40	58.22
Teresa Hollins *	1 . 58 . 09	4	54	Female	0.8152	1 . 36 . 18	68.37
Vicky Bramley	2 . 11 . 06	3	43	Female	0.9337	2 . 02 . 24	53.80
Neil Barker	2 . 11 . 06	2	45	Male	0.9222	2 . 00 . 54	48.97

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Shiela Waite *	1 . 41 . 52	5	44	Female	0.9238	1 . 34 . 06	69.98
Teresa Hollins *	1 . 58 . 09	4	54	Female	0.8152	1 . 36 . 18	68.37
Vicky Bramley	2 . 11 . 06	3	43	Female	0.9337	2 . 02 . 24	53.80

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Emanuel	1 . 30 . 12	8	44	Male	0.9297	1 . 23 . 51	70.59
Rob Kellett	1 . 32 . 48	7	41	Male	0.9524	1 . 28 . 22	66.98
Bruce Whittam	1 . 39 . 25	6	44	Male	0.9297	1 . 32 . 25	64.05
Ian Casey	1 . 39 . 33	5	44	Male	0.9297	1 . 32 . 33	63.96
Shiela Waite *	1 . 41 . 52	4	44	Female	0.9238	1 . 34 . 06	69.98
Ged Navesey	1 . 44 . 38	3	41	Male	0.9524	1 . 39 . 39	59.41
Vicky Bramley	2 . 11 . 06	2	43	Female	0.9337	2 . 02 . 24	53.80
Neil Barker	2 . 11 . 06	1	45	Male	0.9222	2 . 00 . 54	48.97

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	1 . 32 . 51	6	52	Male	0.8693	1 . 20 . 42	73.34
Steve Shaw	1 . 43 . 44	5	50	Male	0.8844	1 . 31 . 44	64.53
Jeff Cordwell	1 . 46 . 15	4	57	Male	0.8316	1 . 28 . 21	67.00
John Kane	1 . 49 . 42	3	56	Male	0.8392	1 . 32 . 03	64.31
Mike Bowler	1 . 55 . 57	2	51	Male	0.8769	1 . 41 . 40	58.22
Teresa Hollins *	1 . 58 . 09	1	54	Female	0.8152	1 . 36 . 18	68.37

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 6, Oldham Half Marathon, 6th April 2008 - continued



Half Marathon Age Grading Tables Used

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Trevor Grundy	1 . 51 . 12	5	65	Male	0.7712	1 . 25 . 45	69.03

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 7, Geoff Doggett 5K, 13th May 2008



5 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 17 . 35	6	35	Male	0.9788	0 . 17 . 12	74.95
Stuart Carroll	0 . 18 . 22	5	37	Male	0.9662	0 . 17 . 44	72.69
Bernie Goodwin	0 . 18 . 41	4	40	Male	0.9451	0 . 17 . 39	73.06
Bernie Cassidy	0 . 18 . 50	3	49	Male	0.8817	0 . 16 . 36	77.69
Dave Emanuel	0 . 19 . 34	2	44	Male	0.9169	0 . 17 . 56	71.90
Steve Shaw	0 . 22 . 02	1	51	Male	0.8676	0 . 19 . 06	67.48

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 19 . 11	7	36	Male	0.9729	0 . 18 . 39	69.12
Rob Kellett	0 . 19 . 38	6	41	Male	0.9380	0 . 18 . 24	70.05
Bruce Whittam	0 . 20 . 33	5	44	Male	0.9169	0 . 18 . 50	68.46
Dave Phillips	0 . 20 . 58	4	64	Male	0.7761	0 . 16 . 16	79.28
Debbie Shaw	0 . 21 . 19	3	44	Female	0.9355	0 . 19 . 56	74.22
Dave Smith	0 . 22 . 13	2	53	Male	0.8536	0 . 18 . 57	68.02
Helen Knight	0 . 23 . 08	1	37	Female	0.9816	0 . 22 . 42	65.18

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Teresa Hollins *	0 . 24 . 07	7	54	Female	0.8311	0 . 20 . 02	73.84
Mike Bowler	0 . 24 . 09	6	51	Male	0.8676	0 . 20 . 57	61.57
Louise Saunders	0 . 24 . 40	5	26	Female	1.0000	0 . 24 . 40	60.00
Louise Gilchrist *	0 . 24 . 42	4	75	Female	0.6022	0 . 14 . 52	99.50
Jenny Wood	0 . 27 . 08	3	50	Female	0.8747	0 . 23 . 44	62.36
June Allingan	0 . 32 . 38	2	64	Female	0.7221	0 . 23 . 33	62.81
Brian Hurst	0 . 33 . 35	1	69	Male	0.7402	0 . 24 . 51	51.89

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	0 . 21 . 19	7	44	Female	0.9355	0 . 19 . 56	74.22
Helen Knight	0 . 23 . 08	6	37	Female	0.9816	0 . 22 . 42	65.18
Teresa Hollins *	0 . 24 . 07	5	54	Female	0.8311	0 . 20 . 02	73.84
Louise Saunders	0 . 24 . 40	4	26	Female	1.0000	0 . 24 . 40	60.00
Louise Gilchrist *	0 . 24 . 42	3	75	Female	0.6022	0 . 14 . 52	99.50
Jenny Wood	0 . 27 . 08	2	50	Female	0.8747	0 . 23 . 44	62.36
June Allingan	0 . 32 . 38	1	64	Female	0.7221	0 . 23 . 33	62.81

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 18 . 50	5	49	Male	0.8817	0 . 16 . 36	77.69
Dave Emanuel	0 . 19 . 34	4	44	Male	0.9169	0 . 17 . 56	71.90
Rob Kellett	0 . 19 . 38	3	41	Male	0.9380	0 . 18 . 24	70.05
Bruce Whittam	0 . 20 . 33	2	44	Male	0.9169	0 . 18 . 50	68.46
Debbie Shaw	0 . 21 . 19	1	44	Female	0.9355	0 . 19 . 56	74.22

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Steve Shaw	0 . 22 . 02	5	51	Male	0.8676	0 . 19 . 06	67.48
Dave Smith	0 . 22 . 13	4	53	Male	0.8536	0 . 18 . 57	68.02
Teresa Hollins *	0 . 24 . 07	3	54	Female	0.8311	0 . 20 . 02	73.84
Mike Bowler	0 . 24 . 09	2	51	Male	0.8676	0 . 20 . 57	61.57

Guide To % Performance Figures :-

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* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 7, Geoff Doggett 5K, 13th May 2008 - continued



5 Kilometre Age Grading Tables Used

Over 50's - continued	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Jenny Wood	0 . 27 . 08	1	50	Female	0.8747	0 . 23 . 44	62.36

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	0 . 20 . 58	5	64	Male	0.7761	0 . 16 . 16	79.28
Louise Gilchrist *	0 . 24 . 42	4	75	Female	0.6022	0 . 14 . 52	99.50
June Allingan	0 . 32 . 38	3	64	Female	0.7221	0 . 23 . 33	62.81
Brian Hurst	0 . 33 . 35	2	69	Male	0.7402	0 . 24 . 51	51.89

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 8, Chester Half Marathon, 18th May 2008



Half Marathon Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	1 . 22 . 27	7	49	Male	0.8920	1 . 13 . 32	80.49
Stuart Carroll	1 . 23 . 11	6	37	Male	0.9820	1 . 21 . 41	72.47
Bernie Goodwin	1 . 26 . 57	5	40	Male	0.9599	1 . 23 . 27	70.93
Chris Eavers	1 . 30 . 33	4	54	Male	0.8542	1 . 17 . 20	76.54
Ian Casey	1 . 32 . 29	3	44	Male	0.9297	1 . 25 . 58	68.85
Colin Green	1 . 33 . 08	2	37	Male	0.9820	1 . 31 . 27	64.73
Barry Greaves	1 . 35 . 02	1	52	Male	0.8693	1 . 22 . 36	71.66

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Rob Kellett	1 . 28 . 16	7	41	Male	0.9524	1 . 24 . 03	70.42
Dave Phillips	1 . 35 . 29	6	64	Male	0.7788	1 . 14 . 21	79.61
Debbie Shaw	1 . 35 . 43	5	44	Female	0.9238	1 . 28 . 25	74.47
Ged Navesey	1 . 39 . 05	4	42	Male	0.9448	1 . 33 . 36	63.24
Dean Burgess	1 . 39 . 32	3	43	Male	0.9373	1 . 33 . 17	63.46
Trevor Grundy	1 . 48 . 53	2	65	Male	0.7712	1 . 23 . 58	70.50
Helen Knight	1 . 49 . 01	1	37	Female	0.9783	1 . 46 . 39	61.74

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
No runners from Group 3 took part							

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	1 . 35 . 43	5	44	Female	0.9238	1 . 28 . 25	74.47
Helen Knight	1 . 49 . 01	4	37	Female	0.9783	1 . 46 . 39	61.74

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	1 . 22 . 27	6	49	Male	0.8920	1 . 13 . 32	80.49
Rob Kellett	1 . 28 . 16	5	41	Male	0.9524	1 . 24 . 03	70.42
Ian Casey	1 . 32 . 29	4	44	Male	0.9297	1 . 25 . 58	68.85
Debbie Shaw	1 . 35 . 43	3	44	Female	0.9238	1 . 28 . 25	74.47
Ged Navesey	1 . 39 . 05	2	42	Male	0.9448	1 . 33 . 36	63.24
Dean Burgess	1 . 39 . 32	1	43	Male	0.9373	1 . 33 . 17	63.46

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Eavers	1 . 30 . 33	5	54	Male	0.8542	1 . 17 . 20	76.54
Barry Greaves	1 . 35 . 02	4	52	Male	0.8693	1 . 22 . 36	71.66

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	1 . 35 . 29	5	64	Male	0.7788	1 . 14 . 21	79.61
Trevor Grundy	1 . 48 . 53	4	65	Male	0.7712	1 . 23 . 58	70.50

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 9, Freckleton Half Marathon, 22nd June 2008



Half Marathon Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	1 . 24 . 53	8	49	Male	0.8920	1 . 15 . 42	78.19
Stuart Carroll	1 . 26 . 56	7	37	Male	0.9820	1 . 25 . 22	69.35
Dave Emanuel	1 . 30 . 20	6	44	Male	0.9297	1 . 23 . 58	70.49
Colin Green	1 . 30 . 57	5	37	Male	0.9820	1 . 29 . 18	66.28
Bryan Lawton	1 . 33 . 55	4	42	Male	0.9448	1 . 28 . 43	66.72
Ian Casey	1 . 34 . 29	3	45	Male	0.9222	1 . 27 . 07	67.94
Chris Eavers	1 . 39 . 24	2	54	Male	0.8542	1 . 24 . 54	69.72
Steve Shaw	1 . 41 . 42	1	51	Male	0.8769	1 . 29 . 10	66.38

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	1 . 28 . 41	9	37	Male	0.9820	1 . 27 . 05	67.98
Rob Kellett	1 . 34 . 57	8	41	Male	0.9524	1 . 30 . 25	65.46
Debbie Shaw	1 . 38 . 59	7	44	Female	0.9238	1 . 31 . 26	72.01
Shiela Waite *	1 . 41 . 39	6	44	Female	0.9238	1 . 33 . 54	70.12
Dave Phillips	1 . 41 . 46	5	64	Male	0.7788	1 . 19 . 15	74.69
John Kane	1 . 43 . 38	4	56	Male	0.8392	1 . 26 . 58	68.07
Lewis Shaw	1 . 44 . 13	3	40	Male	0.9599	1 . 40 . 02	59.18
John Williamson	1 . 44 . 58	2	35	Male	0.9925	1 . 44 . 10	56.83
Helen Knight	1 . 48 . 09	1	37	Female	0.9783	1 . 45 . 48	62.24

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Teresa Hollins *	1 . 49 . 21	5	54	Female	0.8152	1 . 29 . 08	73.87
Louise Saunders	1 . 56 . 25	4	26	Female	1.0000	1 . 56 . 24	56.56

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	1 . 38 . 59	5	44	Female	0.9238	1 . 31 . 26	72.01
Shiela Waite *	1 . 41 . 39	4	44	Female	0.9238	1 . 33 . 54	70.12
Helen Knight	1 . 48 . 09	3	37	Female	0.9783	1 . 45 . 48	62.24
Teresa Hollins *	1 . 49 . 21	2	54	Female	0.8152	1 . 29 . 08	73.87
Louise Saunders	1 . 56 . 25	1	26	Female	1.0000	1 . 56 . 24	56.56

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	1 . 24 . 53	8	49	Male	0.8920	1 . 15 . 42	78.19
Dave Emanuel	1 . 30 . 20	7	44	Male	0.9297	1 . 23 . 58	70.49
Bryan Lawton	1 . 33 . 55	6	42	Male	0.9448	1 . 28 . 43	66.72
Ian Casey	1 . 34 . 29	5	45	Male	0.9222	1 . 27 . 07	67.94
Rob Kellett	1 . 34 . 57	4	41	Male	0.9524	1 . 30 . 25	65.46
Debbie Shaw	1 . 38 . 59	3	44	Female	0.9238	1 . 31 . 26	72.01
Shiela Waite *	1 . 41 . 39	2	44	Female	0.9238	1 . 33 . 54	70.12
Lewis Shaw	1 . 44 . 13	1	40	Male	0.9599	1 . 40 . 02	59.18

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Chris Eavers	1 . 39 . 24	5	54	Male	0.8542	1 . 24 . 54	69.72
Steve Shaw	1 . 41 . 42	4	51	Male	0.8769	1 . 29 . 10	66.38
John Kane	1 . 43 . 38	3	56	Male	0.8392	1 . 26 . 58	68.07
Teresa Hollins *	1 . 49 . 21	2	54	Female	0.8152	1 . 29 . 08	73.87

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 9, Freckleton Half Marathon, 22nd June 2008 - continued



Half Marathon Age Grading Tables Used

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	1 . 41 . 46	5	64	Male	0.7788	1 . 19 . 15	74.69

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 10, Rochdale 10K, 1st July 2008



10 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 36 . 10	9	35	Male	0.9788	0 . 35 . 23	75.85
Bernie Cassidy	0 . 38 . 13	8	49	Male	0.8817	0 . 33 . 41	79.68
Bernie Goodwin	0 . 39 . 06	7	40	Male	0.9451	0 . 36 . 57	72.66
Bryan Lawton	0 . 41 . 39	6	42	Male	0.9310	0 . 38 . 46	69.24
Barry Greaves	0 . 41 . 43	5	52	Male	0.8606	0 . 35 . 54	74.79
Dave Emanuel	0 . 41 . 55	4	44	Male	0.9169	0 . 38 . 26	69.86
Colin Green	0 . 42 . 37	3	37	Male	0.9662	0 . 41 . 10	65.21
Ian Casey	0 . 43 . 48	2	45	Male	0.9099	0 . 39 . 51	67.37
Steve Shaw	0 . 44 . 41	1	51	Male	0.8676	0 . 38 . 46	69.26

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 39 . 38	8	37	Male	0.9662	0 . 38 . 17	70.12
Rob Kellett	0 . 42 . 22	7	41	Male	0.9380	0 . 39 . 44	67.56
Bruce Whittam	0 . 43 . 20	6	45	Male	0.9099	0 . 39 . 25	68.10
Debbie Shaw	0 . 46 . 37	5	44	Female	0.9355	0 . 43 . 36	69.55
Shiela Waite *	0 . 46 . 40	4	44	Female	0.9355	0 . 43 . 39	69.47
Andy Nuttall	0 . 47 . 12	3	28	Male	0.9999	0 . 47 . 11	56.89
Helen Knight	0 . 49 . 02	2	37	Female	0.9816	0 . 48 . 07	63.02
Jeff Cordwell	0 . 49 . 36	1	58	Male	0.8184	0 . 40 . 35	66.14

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Tony Kane	0 . 48 . 41	6	55	Male	0.8395	0 . 40 . 52	65.70
Teresa Hollins *	0 . 50 . 32	5	54	Female	0.8311	0 . 41 . 59	72.22
Louise Saunders	0 . 50 . 53	4	26	Female	1.0000	0 . 50 . 53	59.61
Mike Bowler	0 . 51 . 28	3	51	Male	0.8676	0 . 44 . 39	60.13
Louise Gilchrist *	0 . 53 . 37	2	75	Female	0.6022	0 . 32 . 17	93.94
Brian Hurst	1 . 18 . 19	1	69	Male	0.7402	0 . 57 . 58	46.32

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	0 . 46 . 37	6	44	Female	0.9355	0 . 43 . 36	69.55
Shiela Waite *	0 . 46 . 40	5	44	Female	0.9355	0 . 43 . 39	69.47
Helen Knight	0 . 49 . 02	4	37	Female	0.9816	0 . 48 . 07	63.02
Teresa Hollins *	0 . 50 . 32	3	54	Female	0.8311	0 . 41 . 59	72.22
Louise Saunders	0 . 50 . 53	2	26	Female	1.0000	0 . 50 . 53	59.61
Louise Gilchrist *	0 . 53 . 37	1	75	Female	0.6022	0 . 32 . 17	93.94

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 38 . 13	8	49	Male	0.8817	0 . 33 . 41	79.68
Bryan Lawton	0 . 41 . 39	7	42	Male	0.9310	0 . 38 . 46	69.24
Dave Emanuel	0 . 41 . 55	6	44	Male	0.9169	0 . 38 . 26	69.86
Rob Kellett	0 . 42 . 22	5	41	Male	0.9380	0 . 39 . 44	67.56
Bruce Whittam	0 . 43 . 20	4	45	Male	0.9099	0 . 39 . 25	68.10
Ian Casey	0 . 43 . 48	3	45	Male	0.9099	0 . 39 . 51	67.37
Debbie Shaw	0 . 46 . 37	2	44	Female	0.9355	0 . 43 . 36	69.55
Shiela Waite *	0 . 46 . 40	1	44	Female	0.9355	0 . 43 . 39	69.47

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 10, Rochdale 10K, 1st July 2008 - continued



10 Kilometre Age Grading Tables Used

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	0 . 41 . 43	6	52	Male	0.8606	0 . 35 . 54	74.79
Steve Shaw	0 . 44 . 41	5	51	Male	0.8676	0 . 38 . 46	69.26
Tony Kane	0 . 48 . 41	4	55	Male	0.8395	0 . 40 . 52	65.70
Jeff Cordwell	0 . 49 . 36	3	58	Male	0.8184	0 . 40 . 35	66.14
Teresa Hollins *	0 . 50 . 32	2	54	Female	0.8311	0 . 41 . 59	72.22
Mike Bowler	0 . 51 . 28	1	51	Male	0.8676	0 . 44 . 39	60.13

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Louise Gilchrist *	0 . 53 . 37	5	75	Female	0.6022	0 . 32 . 17	93.94
Brian Hurst	1 . 18 . 19	4	69	Male	0.7402	0 . 57 . 58	46.32

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 11, City of Manchester 10K, 6th July 2008



10 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 35 . 41	7	35	Male	0.9788	0 . 34 . 55	76.87
Bernie Cassidy	0 . 38 . 05	6	49	Male	0.8817	0 . 33 . 34	79.96
Stuart Carroll	0 . 38 . 20	5	37	Male	0.9662	0 . 37 . 02	72.49
Bernie Goodwin	0 . 39 . 41	4	40	Male	0.9451	0 . 37 . 30	71.59
Dave Emanuel	0 . 40 . 33	3	44	Male	0.9169	0 . 37 . 10	72.22
Colin Green	0 . 41 . 52	2	37	Male	0.9662	0 . 40 . 27	66.38
Ian Casey	0 . 43 . 13	1	45	Male	0.9099	0 . 39 . 19	68.28

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 39 . 35	5	37	Male	0.9662	0 . 38 . 14	70.20
Rob Kellett	0 . 41 . 38	4	41	Male	0.9380	0 . 39 . 03	68.75
Bruce Whittam	0 . 42 . 54	3	45	Male	0.9099	0 . 39 . 02	68.78
Helen Knight	0 . 48 . 58	2	37	Female	0.9816	0 . 48 . 03	63.10

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Bowler	0 . 49 . 30	5	51	Male	0.8676	0 . 42 . 56	62.52
Teresa Hollins *	0 . 50 . 22	4	54	Female	0.8311	0 . 41 . 51	72.46
Louise Gilchrist *	0 . 51 . 23	3	75	Female	0.6022	0 . 30 . 56	98.02
Tony Hunking	0 . 56 . 19	2	54	Male	0.8465	0 . 47 . 40	56.32
Brian Hurst	1 . 16 . 17	1	69	Male	0.7402	0 . 56 . 27	47.55

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Helen Knight	0 . 48 . 58	5	37	Female	0.9816	0 . 48 . 03	63.10
Teresa Hollins *	0 . 50 . 22	4	54	Female	0.8311	0 . 41 . 51	72.46
Louise Gilchrist *	0 . 51 . 23	3	75	Female	0.6022	0 . 30 . 56	98.02

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 38 . 05	5	49	Male	0.8817	0 . 33 . 34	79.96
Dave Emanuel	0 . 40 . 33	4	44	Male	0.9169	0 . 37 . 10	72.22
Rob Kellett	0 . 41 . 38	3	41	Male	0.9380	0 . 39 . 03	68.75
Bruce Whittam	0 . 42 . 54	2	45	Male	0.9099	0 . 39 . 02	68.78
Ian Casey	0 . 43 . 13	1	45	Male	0.9099	0 . 39 . 19	68.28

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Bowler	0 . 49 . 30	5	51	Male	0.8676	0 . 42 . 56	62.52
Teresa Hollins *	0 . 50 . 22	4	54	Female	0.8311	0 . 41 . 51	72.46
Tony Hunking	0 . 56 . 19	3	54	Male	0.8465	0 . 47 . 40	56.32

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Louise Gilchrist *	0 . 51 . 23	5	75	Female	0.6022	0 . 30 . 56	98.02
Brian Hurst	1 . 16 . 17	4	69	Male	0.7402	0 . 56 . 27	47.55

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 12, Royton Trail, 16th July 2008



Modified 10K Age Grading Tables Used (Royton Trail)

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 34 . 39	9	35	Male	0.9788	0 . 33 . 54	72.83
Bernie Cassidy	0 . 35 . 16	8	49	Male	0.8817	0 . 31 . 05	79.43
Stuart Carroll	0 . 35 . 51	7	37	Male	0.9662	0 . 34 . 38	71.31
Bernie Goodwin	0 . 36 . 21	6	40	Male	0.9451	0 . 34 . 21	71.90
Ian Casey	0 . 38 . 30	5	45	Male	0.9099	0 . 35 . 01	70.51
Dave Emanuel	0 . 38 . 48	4	44	Male	0.9169	0 . 35 . 34	69.43
Barry Greaves	0 . 38 . 50	3	52	Male	0.8606	0 . 33 . 25	73.91
Colin Green	0 . 39 . 16	2	37	Male	0.9662	0 . 37 . 56	65.10
Chris Eavers	0 . 41 . 08	1	54	Male	0.8465	0 . 34 . 49	70.94
Steve Shaw	0 . 41 . 37	1	51	Male	0.8676	0 . 36 . 06	68.41

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Paul Whitehead	0 . 36 . 49	9	50	Male	0.8747	0 . 32 . 12	76.70
Dave Kershaw	0 . 38 . 11	8	37	Male	0.9662	0 . 36 . 53	66.95
David Hall	0 . 38 . 47	7	48	Male	0.8888	0 . 34 . 28	71.66
Bruce Whittam	0 . 39 . 01	6	45	Male	0.9099	0 . 35 . 30	69.57
Rob Kellett	0 . 39 . 47	5	41	Male	0.9380	0 . 37 . 19	66.19
Stuart Hulme	0 . 39 . 58	4	28	Male	0.9999	0 . 39 . 57	61.81
Dave Phillips	0 . 40 . 29	3	64	Male	0.7761	0 . 31 . 25	78.61
Jamie Holdaway	0 . 41 . 56	2	32	Male	0.9922	0 . 41 . 36	59.37
Shiela Waite *	0 . 43 . 08	1	44	Female	0.9355	0 . 40 . 21	69.14
Andy Nuttall	0 . 43 . 30	1	28	Male	0.9999	0 . 43 . 29	56.79
Dave Smith	0 . 45 . 03	1	53	Male	0.8536	0 . 38 . 27	64.23
Helen Knight	0 . 45 . 20	1	37	Female	0.9816	0 . 44 . 29	62.70
George Meynell	0 . 45 . 56	1	63	Male	0.7832	0 . 35 . 58	68.66

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Louise Saunders	0 . 46 . 29	9	26	Female	1.0000	0 . 46 . 29	60.02
Mike Bowler	0 . 47 . 06	8	51	Male	0.8676	0 . 40 . 51	60.44
Teresa Hollins *	0 . 47 . 39	7	54	Female	0.8311	0 . 39 . 36	70.45
Neil Barker	0 . 51 . 17	6	45	Male	0.9099	0 . 46 . 39	52.93
Vicky Bramley	0 . 51 . 34	5	43	Female	0.9438	0 . 48 . 40	57.33
Tony Hunking	0 . 52 . 45	4	54	Male	0.8465	0 . 44 . 39	55.32
Jenny Wood	0 . 53 . 14	3	50	Female	0.8747	0 . 46 . 33	59.92
June Allingan	1 . 03 . 49	2	65	Female	0.7112	0 . 45 . 23	61.47
Karen Evans	1 . 03 . 49	1	47	Female	0.9071	0 . 57 . 53	48.20
Brian Hurst	1 . 17 . 14	1	69	Male	0.7402	0 . 57 . 10	43.21

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Shiela Waite *	0 . 43 . 08	8	44	Female	0.9355	0 . 40 . 21	69.14
Helen Knight	0 . 45 . 20	7	37	Female	0.9816	0 . 44 . 29	62.70
Louise Saunders	0 . 46 . 29	6	26	Female	1.0000	0 . 46 . 29	60.02
Teresa Hollins *	0 . 47 . 39	5	54	Female	0.8311	0 . 39 . 36	70.45
Vicky Bramley	0 . 51 . 34	4	43	Female	0.9438	0 . 48 . 40	57.33
Jenny Wood	0 . 53 . 14	3	50	Female	0.8747	0 . 46 . 33	59.92
June Allingan	1 . 03 . 49	2	65	Female	0.7112	0 . 45 . 23	61.47
Karen Evans	1 . 03 . 49	1	47	Female	0.9071	0 . 57 . 53	48.20

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 12, Royton Trail, 16th July 2008 - continued



Modified 10K Age Grading Tables Used (Royton Trail)

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 35 . 16	9	49	Male	0.8817	0 . 31 . 05	79.43
Paul Whitehead	0 . 36 . 49	8	50	Male	0.8747	0 . 32 . 12	76.70
Ian Casey	0 . 38 . 30	7	45	Male	0.9099	0 . 35 . 01	70.51
David Hall	0 . 38 . 47	6	48	Male	0.8888	0 . 34 . 28	71.66
Dave Emanuel	0 . 38 . 48	5	44	Male	0.9169	0 . 35 . 34	69.43
Bruce Whittam	0 . 39 . 01	4	45	Male	0.9099	0 . 35 . 30	69.57
Rob Kellett	0 . 39 . 47	3	41	Male	0.9380	0 . 37 . 19	66.19
Shiela Waite *	0 . 43 . 08	2	44	Female	0.9355	0 . 40 . 21	69.14
Neil Barker	0 . 51 . 17	1	45	Male	0.9099	0 . 46 . 39	52.93
Vicky Bramley	0 . 51 . 34	1	43	Female	0.9438	0 . 48 . 40	57.33
Karen Evans	1 . 03 . 49	1	47	Female	0.9071	0 . 57 . 53	48.20

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	0 . 38 . 50	8	52	Male	0.8606	0 . 33 . 25	73.91
Chris Eavers	0 . 41 . 08	7	54	Male	0.8465	0 . 34 . 49	70.94
Steve Shaw	0 . 41 . 37	6	51	Male	0.8676	0 . 36 . 06	68.41
Dave Smith	0 . 45 . 03	5	53	Male	0.8536	0 . 38 . 27	64.23
Mike Bowler	0 . 47 . 06	4	51	Male	0.8676	0 . 40 . 51	60.44
Teresa Hollins *	0 . 47 . 39	3	54	Female	0.8311	0 . 39 . 36	70.45
Tony Hunking	0 . 52 . 45	2	54	Male	0.8465	0 . 44 . 39	55.32
Jenny Wood	0 . 53 . 14	1	50	Female	0.8747	0 . 46 . 33	59.92

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	0 . 40 . 29	5	64	Male	0.7761	0 . 31 . 25	78.61
George Meynell	0 . 45 . 56	4	63	Male	0.7832	0 . 35 . 58	68.66
June Allingan	1 . 03 . 49	3	65	Female	0.7112	0 . 45 . 23	61.47
Brian Hurst	1 . 17 . 14	2	69	Male	0.7402	0 . 57 . 10	43.21

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 13, Middleton Moonraker 10K, 27th July 2008



10 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 36 . 16	9	35	Male	0.9788	0 . 35 . 29	75.64
Stuart Carroll	0 . 38 . 46	8	37	Male	0.9662	0 . 37 . 27	71.68
Bernie Cassidy	0 . 39 . 11	7	50	Male	0.8747	0 . 34 . 16	78.34
Colin Green	0 . 41 . 35	6	37	Male	0.9662	0 . 40 . 10	66.83
Dave Emanuel	0 . 41 . 43	5	44	Male	0.9169	0 . 38 . 15	70.20
Barry Greaves	0 . 43 . 04	4	52	Male	0.8606	0 . 37 . 03	72.44
Chris Eavers	0 . 43 . 31	3	54	Male	0.8465	0 . 36 . 50	72.89
Ian Casey	0 . 45 . 22	2	45	Male	0.9099	0 . 41 . 16	65.04
Steve Shaw	0 . 47 . 39	1	51	Male	0.8676	0 . 41 . 20	64.95

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 40 . 08	9	37	Male	0.9662	0 . 38 . 46	69.24
Paul Whitehead	0 . 40 . 34	8	50	Male	0.8747	0 . 35 . 29	75.67
David Hall	0 . 41 . 11	7	48	Male	0.8888	0 . 36 . 36	73.35
Bruce Whittam	0 . 42 . 33	6	45	Male	0.9099	0 . 38 . 42	69.35
Rob Kellett	0 . 43 . 24	5	41	Male	0.9380	0 . 40 . 42	65.96
Debbie Shaw	0 . 44 . 50	4	44	Female	0.9355	0 . 41 . 56	72.31
Dave Phillips	0 . 46 . 16	3	64	Male	0.7761	0 . 35 . 54	74.78
Dave Smith	0 . 47 . 09	2	53	Male	0.8536	0 . 40 . 14	66.71
Jeff Cordwell	0 . 48 . 14	1	58	Male	0.8184	0 . 39 . 28	68.02

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Tony Kane	0 . 49 . 05	5	55	Male	0.8395	0 . 41 . 12	65.16
Teresa Hollins *	0 . 51 . 43	4	54	Female	0.8311	0 . 42 . 58	70.56
Brian Hurst	1 . 01 . 24	3	69	Male	0.7402	0 . 45 . 26	59.08

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	0 . 44 . 50	5	44	Female	0.9355	0 . 41 . 56	72.31
Teresa Hollins *	0 . 51 . 43	4	54	Female	0.8311	0 . 42 . 58	70.56

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 39 . 11	8	50	Male	0.8747	0 . 34 . 16	78.34
Paul Whitehead	0 . 40 . 34	7	50	Male	0.8747	0 . 35 . 29	75.67
David Hall	0 . 41 . 11	6	48	Male	0.8888	0 . 36 . 36	73.35
Dave Emanuel	0 . 41 . 43	5	44	Male	0.9169	0 . 38 . 15	70.20
Bruce Whittam	0 . 42 . 33	4	45	Male	0.9099	0 . 38 . 42	69.35
Rob Kellett	0 . 43 . 24	3	41	Male	0.9380	0 . 40 . 42	65.96
Debbie Shaw	0 . 44 . 50	2	44	Female	0.9355	0 . 41 . 56	72.31
Ian Casey	0 . 45 . 22	1	45	Male	0.9099	0 . 41 . 16	65.04

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	0 . 43 . 04	7	52	Male	0.8606	0 . 37 . 03	72.44
Chris Eavers	0 . 43 . 31	6	54	Male	0.8465	0 . 36 . 50	72.89
Dave Smith	0 . 47 . 09	5	53	Male	0.8536	0 . 40 . 14	66.71
Steve Shaw	0 . 47 . 39	4	51	Male	0.8676	0 . 41 . 20	64.95
Jeff Cordwell	0 . 48 . 14	3	58	Male	0.8184	0 . 39 . 28	68.02

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 13, Middleton Moonraker 10K, 27th July 2008 - continued



10 Kilometre Age Grading Tables Used

Over 50's - continued	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Tony Kane	0 . 49 . 05	2	55	Male	0.8395	0 . 41 . 12	65.16
Teresa Hollins *	0 . 51 . 43	1	54	Female	0.8311	0 . 42 . 58	70.56

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	0 . 46 . 16	5	64	Male	0.7761	0 . 35 . 54	74.78
Brian Hurst	1 . 01 . 24	4	69	Male	0.7402	0 . 45 . 26	59.08

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 14, Saddleworth 6, 13th August 2008



Modified 10K Age Grading Tables Used (Saddleworth 6)

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 34 . 29	7	35	Male	0.9788	0 . 33 . 45	77.15
Bernie Goodwin	0 . 36 . 48	6	40	Male	0.9451	0 . 34 . 46	74.87
Bernie Cassidy	0 . 36 . 56	5	50	Male	0.8747	0 . 32 . 18	80.61
Colin Green	0 . 39 . 07	4	37	Male	0.9662	0 . 37 . 47	68.90
Dave Emanuel	0 . 39 . 16	3	44	Male	0.9169	0 . 36 . 00	72.33
Ian Casey	0 . 40 . 53	2	45	Male	0.9099	0 . 37 . 11	70.00
Steve Shaw	0 . 41 . 31	1	51	Male	0.8676	0 . 36 . 01	72.29

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 38 . 03	9	37	Male	0.9662	0 . 36 . 45	70.83
David Hall	0 . 39 . 08	8	48	Male	0.8888	0 . 34 . 46	74.87
Rob Kellett	0 . 39 . 55	7	41	Male	0.9380	0 . 37 . 26	69.55
Bruce Whittam	0 . 40 . 07	6	45	Male	0.9099	0 . 36 . 30	71.34
John Higgins	0 . 41 . 24	5	54	Male	0.8465	0 . 35 . 02	74.30
Stuart Hulme	0 . 41 . 33	4	28	Male	0.9999	0 . 41 . 32	62.68
Andrew Tyas	0 . 41 . 45	3	47	Male	0.8958	0 . 37 . 23	69.63
Debbie Shaw	0 . 41 . 49	2	44	Female	0.9355	0 . 39 . 07	75.21
Shiela Waite *	0 . 44 . 41	1	44	Female	0.9355	0 . 41 . 48	70.38
Trevor Grundy	0 . 50 . 05	1	65	Male	0.7691	0 . 38 . 31	67.60
Dave Smith	0 . 51 . 21	1	53	Male	0.8536	0 . 43 . 49	59.41

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Louise Saunders	0 . 48 . 26	5	26	Female	1.0000	0 . 48 . 25	60.74
Mike Bowler	0 . 49 . 21	4	51	Male	0.8676	0 . 42 . 48	60.82
Louise Gilchrist *	0 . 49 . 35	3	75	Female	0.6022	0 . 29 . 51	98.53
Brian Hurst	1 . 13 . 03	2	69	Male	0.7402	0 . 54 . 04	48.16

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	0 . 41 . 49	5	44	Female	0.9355	0 . 39 . 07	75.21
Shiela Waite *	0 . 44 . 41	4	44	Female	0.9355	0 . 41 . 48	70.38
Louise Saunders	0 . 48 . 26	3	26	Female	1.0000	0 . 48 . 25	60.74
Louise Gilchrist *	0 . 49 . 35	2	75	Female	0.6022	0 . 29 . 51	98.53

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 36 . 56	9	50	Male	0.8747	0 . 32 . 18	80.61
David Hall	0 . 39 . 08	8	48	Male	0.8888	0 . 34 . 46	74.87
Dave Emanuel	0 . 39 . 16	7	44	Male	0.9169	0 . 36 . 00	72.33
Rob Kellett	0 . 39 . 55	6	41	Male	0.9380	0 . 37 . 26	69.55
Bruce Whittam	0 . 40 . 07	5	45	Male	0.9099	0 . 36 . 30	71.34
Ian Casey	0 . 40 . 53	4	45	Male	0.9099	0 . 37 . 11	70.00
Andrew Tyas	0 . 41 . 45	3	47	Male	0.8958	0 . 37 . 23	69.63
Debbie Shaw	0 . 41 . 49	2	44	Female	0.9355	0 . 39 . 07	75.21
Shiela Waite *	0 . 44 . 41	1	44	Female	0.9355	0 . 41 . 48	70.38

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
John Higgins	0 . 41 . 24	5	54	Male	0.8465	0 . 35 . 02	74.30

Guide To % Performance Figures :-

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* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 14, Saddleworth 6, 13th August 2008 - continued



Modified 10K Age Grading Tables Used (Saddleworth 6)

Over 50's - continued	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Steve Shaw	0 . 41 . 31	4	51	Male	0.8676	0 . 36 . 01	72.29
Mike Bowler	0 . 49 . 21	3	51	Male	0.8676	0 . 42 . 48	60.82
Dave Smith	0 . 51 . 21	2	53	Male	0.8536	0 . 43 . 49	59.41

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Louise Gilchrist *	0 . 49 . 35	5	75	Female	0.6022	0 . 29 . 51	98.53
Trevor Grundy	0 . 50 . 05	4	65	Male	0.7691	0 . 38 . 31	67.60
Brian Hurst	1 . 13 . 03	3	69	Male	0.7402	0 . 54 . 04	48.16

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 15, Ron Hill 5K, 25th September 2008



5 Kilometre Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Owen Flage *	0 . 17 . 17	5	36	Male	0.9729	0 . 16 . 48	76.72
Bernie Cassidy	0 . 18 . 47	4	50	Male	0.8747	0 . 16 . 25	78.52
Colin Green	0 . 19 . 32	3	38	Male	0.9592	0 . 18 . 44	68.85
Dave Emanuel	0 . 19 . 57	2	44	Male	0.9169	0 . 18 . 17	70.52
Ian Casey	0 . 20 . 57	1	45	Male	0.9099	0 . 19 . 03	67.67

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Kershaw	0 . 18 . 55	9	37	Male	0.9662	0 . 18 . 16	70.58
Bruce Whittam	0 . 19 . 58	8	45	Male	0.9099	0 . 18 . 10	71.01
Rob Kellett	0 . 20 . 00	7	41	Male	0.9380	0 . 18 . 45	68.76
David Hall	0 . 20 . 20	6	48	Male	0.8888	0 . 18 . 04	71.38
Stuart Hulme	0 . 20 . 21	5	28	Male	0.9999	0 . 20 . 20	63.40
John Higgins	0 . 20 . 45	4	54	Male	0.8465	0 . 17 . 33	73.44
Andrew Tyas	0 . 20 . 53	3	47	Male	0.8958	0 . 18 . 42	68.96
Dave Phillips	0 . 21 . 12	2	64	Male	0.7761	0 . 16 . 27	78.40
Debbie Shaw	0 . 21 . 17	1	44	Female	0.9355	0 . 19 . 54	74.33
Shiela Waite *	0 . 22 . 25	1	44	Female	0.9355	0 . 20 . 58	70.57
Andy Nuttall	0 . 22 . 42	1	28	Male	0.9999	0 . 22 . 41	56.83
Dave Smith	0 . 22 . 53	1	53	Male	0.8536	0 . 19 . 31	66.04
Helen Knight	0 . 23 . 39	1	37	Female	0.9816	0 . 23 . 12	63.75
George Meynell	0 . 25 . 41	1	63	Male	0.7832	0 . 20 . 06	64.13

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Teresa Hollins *	0 . 24 . 08	6	54	Female	0.8311	0 . 20 . 03	73.79
Mike Bowler	0 . 24 . 39	5	51	Male	0.8676	0 . 21 . 23	60.32
Louise Gilchrist *	0 . 24 . 58	4	75	Female	0.6022	0 . 15 . 02	98.44
Tony Hunking	0 . 28 . 19	3	54	Male	0.8465	0 . 23 . 58	53.82
June Allingan	0 . 32 . 15	2	65	Female	0.7112	0 . 22 . 56	64.53
Brian Hurst	0 . 36 . 30	1	69	Male	0.7402	0 . 27 . 01	47.75

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Debbie Shaw	0 . 21 . 17	6	44	Female	0.9355	0 . 19 . 54	74.33
Shiela Waite *	0 . 22 . 25	5	44	Female	0.9355	0 . 20 . 58	70.57
Helen Knight	0 . 23 . 39	4	37	Female	0.9816	0 . 23 . 12	63.75
Teresa Hollins *	0 . 24 . 08	3	54	Female	0.8311	0 . 20 . 03	73.79
Louise Gilchrist *	0 . 24 . 58	2	75	Female	0.6022	0 . 15 . 02	98.44
June Allingan	0 . 32 . 15	1	65	Female	0.7112	0 . 22 . 56	64.53

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bernie Cassidy	0 . 18 . 47	9	50	Male	0.8747	0 . 16 . 25	78.52
Dave Emanuel	0 . 19 . 57	8	44	Male	0.9169	0 . 18 . 17	70.52
Bruce Whittam	0 . 19 . 58	7	45	Male	0.9099	0 . 18 . 10	71.01
Rob Kellett	0 . 20 . 00	6	41	Male	0.9380	0 . 18 . 45	68.76
David Hall	0 . 20 . 20	5	48	Male	0.8888	0 . 18 . 04	71.38
Andrew Tyas	0 . 20 . 53	4	47	Male	0.8958	0 . 18 . 42	68.96
Ian Casey	0 . 20 . 57	3	45	Male	0.9099	0 . 19 . 03	67.67
Debbie Shaw	0 . 21 . 17	2	44	Female	0.9355	0 . 19 . 54	74.33

Guide To % Performance Figures :-

100% = World Record Level, 90 to 99.99% = World Class
80 to 89.99% = National Class & 70 to 79.99% = Regional Class

* Denotes 2nd claim RRR member

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 15, Ron Hill 5K, 25th September 2008 - continued



5 Kilometre Age Grading Tables Used

Over 40's - continued	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Shiela Waite *	0 . 22 . 25	1	44	Female	0.9355	0 . 20 . 58	70.57

Over 50's	Race Time	Points	Age On Day Of Race		Age Adjusting Factor	Time After Age Adjustment	% Performance
John Higgins	0 . 20 . 45	5	54	Male	0.8465	0 . 17 . 33	73.44
Dave Smith	0 . 22 . 53	4	53	Male	0.8536	0 . 19 . 31	66.04
Teresa Hollins *	0 . 24 . 08	3	54	Female	0.8311	0 . 20 . 03	73.79
Mike Bowler	0 . 24 . 39	2	51	Male	0.8676	0 . 21 . 23	60.32
Tony Hunking	0 . 28 . 19	1	54	Male	0.8465	0 . 23 . 58	53.82

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Phillips	0 . 21 . 12	5	64	Male	0.7761	0 . 16 . 27	78.40
Louise Gilchrist *	0 . 24 . 58	4	75	Female	0.6022	0 . 15 . 02	98.44
George Meynell	0 . 25 . 41	3	63	Male	0.7832	0 . 20 . 06	64.13
June Allingan	0 . 32 . 15	2	65	Female	0.7112	0 . 22 . 56	64.53
Brian Hurst	0 . 36 . 30	1	69	Male	0.7402	0 . 27 . 01	47.75

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 16, Bridlington Half Marathon, 19th October 2008



Half Marathon Age Grading Tables Used

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Emanuel	1 . 29 . 22	5	44	Male	0.9297	1 . 23 . 05	71.25
Ian Casey	1 . 46 . 38	4	45	Male	0.9222	1 . 38 . 20	60.20

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Rob Kellett	1 . 33 . 33	7	41	Male	0.9524	1 . 29 . 05	66.44
Bruce Whittam	1 . 34 . 21	6	45	Male	0.9222	1 . 27 . 00	68.04
Shiela Waite *	1 . 39 . 44	5	44	Female	0.9238	1 . 32 . 08	71.47
Dave Smith	1 . 46 . 38	4	53	Male	0.8618	1 . 31 . 53	64.42
Lewis Shaw	1 . 47 . 51	3	41	Male	0.9524	1 . 42 . 42	57.63
Jeff Cordwell	1 . 52 . 27	2	58	Male	0.8241	1 . 32 . 40	63.88
Helen Knight	1 . 55 . 16	1	37	Female	0.9783	1 . 52 . 45	58.40

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Mike Bowler	2 . 01 . 53	5	51	Male	0.8769	1 . 46 . 52	55.39

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Shiela Waite *	1 . 39 . 44	5	44	Female	0.9238	1 . 32 . 08	71.47
Helen Knight	1 . 55 . 16	4	37	Female	0.9783	1 . 52 . 45	58.40

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Emanuel	1 . 29 . 22	6	44	Male	0.9297	1 . 23 . 05	81.59
Rob Kellett	1 . 33 . 33	5	41	Male	0.9524	1 . 29 . 05	76.09
Bruce Whittam	1 . 34 . 21	4	45	Male	0.9222	1 . 27 . 00	77.91
Shiela Waite *	1 . 39 . 44	3	44	Female	0.9238	1 . 32 . 08	81.84
Ian Casey	1 . 46 . 38	2	45	Male	0.9222	1 . 38 . 20	68.94
Lewis Shaw	1 . 47 . 51	1	41	Male	0.9524	1 . 42 . 42	66.00

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Smith	1 . 46 . 38	5	53	Male	0.8618	1 . 31 . 53	73.77
Jeff Cordwell	1 . 52 . 27	4	58	Male	0.8241	1 . 32 . 40	73.15
Mike Bowler	2 . 01 . 53	3	51	Male	0.8769	1 . 46 . 52	63.43

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
No runners from the Over 60's took part							

Royton Road Runners - 2008 Road Race Championship

Group Results For Race 17, Holmfirth 15, 26th October 2008



Modified Half Marathon Age Grading Tables Used (Holmfirth 15)

Group 1	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Emanuel	1 . 42 . 10	5	44	Male	0.9297	1 . 34 . 59	71.37
Colin Green	1 . 44 . 35	4	38	Male	0.9750	1 . 41 . 58	66.48
Barry Greaves	1 . 52 . 10	3	52	Male	0.8693	1 . 37 . 30	69.52

Group 2	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Bruce Whittam	1 . 49 . 59	6	45	Male	0.9222	1 . 41 . 25	66.84
Stuart Hulme	1 . 50 . 58	5	28	Male	1.0000	1 . 50 . 58	61.09
Shiela Waite *	1 . 53 . 37	4	44	Female	0.9238	1 . 44 . 57	71.84
Debbie Shaw	1 . 57 . 06	3	44	Female	0.9238	1 . 48 . 10	69.70
John Kane	2 . 00 . 03	2	56	Male	0.8392	1 . 40 . 44	67.29
Lewis Shaw	2 . 05 . 40	1	41	Male	0.9524	1 . 59 . 41	56.64

Group 3	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Teresa Hollins *	2 . 12 . 04	5	54	Female	0.8152	1 . 47 . 39	70.03

Ladies	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Shiela Waite *	1 . 53 . 37	5	44	Female	0.9238	1 . 44 . 57	71.84
Debbie Shaw	1 . 57 . 06	4	44	Female	0.9238	1 . 48 . 10	69.70
Teresa Hollins *	2 . 12 . 04	3	54	Female	0.8152	1 . 47 . 39	70.03

Over 40's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Dave Emanuel	1 . 42 . 10	5	44	Male	0.9297	1 . 34 . 59	71.37
Bruce Whittam	1 . 49 . 59	4	45	Male	0.9222	1 . 41 . 25	66.84
Shiela Waite *	1 . 53 . 37	3	44	Female	0.9238	1 . 44 . 57	71.84
Debbie Shaw	1 . 57 . 06	2	44	Female	0.9238	1 . 48 . 10	69.70
Lewis Shaw	2 . 05 . 40	1	41	Male	0.9524	1 . 59 . 41	56.64

Over 50's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
Barry Greaves	1 . 52 . 10	5	52	Male	0.8693	1 . 37 . 30	69.52
John Kane	2 . 00 . 03	4	56	Male	0.8392	1 . 40 . 44	67.29
Teresa Hollins *	2 . 12 . 04	3	54	Female	0.8152	1 . 47 . 39	70.03

Over 60's	Race Time	Points	Age On Day Of Race	Gender	Age Adjusting Factor	Time After Age Adjustment	% Performance
No runners from the Over 60's took part							