

Ladies		No. Of Races Completed	The Dewsbury 10K	Village Bakery Wrexham ½ Marathon	Dentdale Run	Hollingworth Lake 5K Race Series (best race time of 4	Ian Casey Memorial Cowm 5K Race	Bernadette Flynn VBCU Cowm Reservoir 5K	Tatton 10K	Colshaw Hall 10K	Rochdale 10K	The Royton Trail	Prudent Riverside 10	Hopwood Trot	Heaton Park 10K	English Half ½ Marathon	Rochdale Half ½ Marathon	Holmfirth 15	Derwentwater 10	Total (Best 9 Races To Count)
1	Janet Jobey	8	50	50	50	50	50	50	50	50										400
2	Valerie Kilburn	7	49	49	49	49	49		49	49										343
3	Sarah Butler	8	34	33	39	36	39	40	44	41										306
4	Jillian Heywood	7	39	41	45	44	45	39		45										298
5	Vikki Smith	6	48	48	48	48	48			48										288
6	Gail Shaw	6	43	42		45	47		48	46										271
7	Bernadette Ball	7	33	34	40	33	38		45	39										262
8	Amanda Richardson	6	40	35		38	41	46		42										242
9	Sally Crewe	6	36			37	40	44	42	38										237
10	Martina Naismith	6	35	37	42	39	42			40										235
11	Claire Timms	5		38	43	41	44	47												213
12	June Allingan	6	30	28	37	30	34			36										195
13	Helen Radcliffe	4	47	46	47	46														186
14	Rochelle Evans	4	41			42	43	48												174
15	Elaine Whitehead*	4	38					45	46	44										173
16	Sharon Dracup	5	31	30		32	36	38												167
17	Lisa Cummins	4	42	40	44	40														166
18	Emma Bower	4					37	37	43	43										160
19	Jenny O'Callaghan	4	37	36	41	35														149
20	Leonie Glynn	3	46	47		47														140
21	Jillian Hickson	3	44					49		47										140
22	Judith Bradley	4				31	35	35		37										138
23	Teresa Hollins*	3		45	46		46													137
24	Diane Allingan	3	45	43		43														131
25	Mary Freer	3	30		35			33												98
26	Lynda Brookes	2						43	47											90
27	Susan Heaney	2				34		42												76
28	Charlotte Chadwick	2		31	38															69
29	Natalie Yates-Bolton	2		29	38															67
30	Tracey Hall	2	32	32																64
31	Angela Rogowskyj	2				29		32												61
32	Julie Greenwood	1		45																45
33	Liz Phillips	1						41												41
34	Eileen Ingham	1		39																39
35	Karen Stuttard*	1						37												37

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

