

Sheila Philips 70th Birthday 5k Cowm Trail Race- Individual Results

Race Pos.	Race No.	Name	Club	Gender	Gender Position	Age Cat.	Age Cat. Position	Time
1	778	Tony Muir	Oldham & Royton Harriers & A.C.	M	1/52	M	1/6	0:18:12
2	782	Peter Moore	Unattached	M	2/52	MV40	1/4	0:18:52
3	928	David McCabe	Trawden A.C.	M	3/52	MV40	2/4	0:19:05
4	929	Bernie Goodwin	Royton Road Runners	M	4/52	MV45	1/9	0:19:08
5	792	Matthew Jackson	Clayton-le-Moors Harriers	M	5/52	MJ	1/3	0:19:12
6	921	Ian Jackson	Oldham & Royton Harriers & A.C.	M	6/52	MV40	3/4	0:19:28
7	982	Andrew Whipp	Unattached	M	7/52	M	2/6	0:19:43
8	976	Paul Wolstenhulme	Royton Road Runners	M	8/52	MV40	4/4	0:19:47
9	901	Elliot Stone	Royton Road Runners	M	9/52	MV45	2/9	0:19:51
10	967	Neil Brock	Royton Road Runners	M	10/52	MV50	1/14	0:19:53
11	918	Ian Stainthorpe	Rochdale Harriers & A.C.	M	11/52	MV55	1/5	0:20:07
12	926	Ian Dale	Royton Road Runners	M	12/52	MV50	2/14	0:20:16
13	983	Michael C??????	Unattached	M	13/52	MV45	3/9	0:20:35
14	972	Dan Taylor	Todmorden Harriers	M	14/52	M	3/6	0:20:36
15	968	Richard Fiddling	Royton Road Runners	M	15/52	MV45	4/9	0:20:52
16	973	Stuart Wolstenhulme	Todmorden Harriers	M	16/52	MV45	5/9	0:20:56
17	916	Rob Kellett	Royton Road Runners	M	17/52	MV50	3/14	0:20:57
18	979	Stephanie Harrison	Rochdale Harriers & A.C.	F	1/37	F	1/5	0:21:03
19	783	Kimberley Thorpe	Unattached	F	2/37	F	2/5	0:21:06
20	912	Matthew Kilburn	Royton Road Runners	M	18/52	MV45	6/9	0:21:13
21	935	Eamonn Nolan	Royton Road Runners	M	19/52	MV50	4/14	0:21:14
22	989	Stephen Leak	Rochdale Harriers & A.C.	M	20/52	MV55	2/5	0:21:15
23	978	Mark Heaney	Royton Road Runners	M	21/52	MV55	3/5	0:21:36
24	958	Jenson Keeley	Rossendale Harriers	M	22/52	MV50	5/14	0:21:43
25	932	John McDonald	Trawden A.C.	M	23/52	MV50	6/14	0:21:44
26	966	Jason Keast	Royton Road Runners	M	24/52	MV45	7/9	0:21:51
27	776	Garry Bower	Royton Road Runners	M	25/52	MV45	8/9	0:22:02
28	911	Val Kilburn	Royton Road Runners	F	3/37	FV50	1/8	0:22:16
29	790	Michelle Abbott	Clayton-le-Moors Harriers	F	4/37	FV35	1/2	0:22:20
30	925	Carole Fryer	Calder Valley Fell Runners	F	5/37	FV50	2/8	0:22:24
31	913	Angie Hart	Oldham & Royton Harriers & A.C.	F	6/37	FV40	1/6	0:22:26
32	963	Simon Bolton	Cheshire Hill Runners	M	26/52	MV50	7/14	0:22:35
33	907	Andy Chadwick	Royton Road Runners	M	27/52	M	4/6	0:22:36
34	962	Kyle Whitehead	Unattached	M	28/52	M	5/6	0:22:42
35	906	Rob Nixon	Royton Road Runners	M	29/52	MV60	1/8	0:23:06
36	934	Jan Needham	Rochdale Harriers & A.C.	F	7/37	FV60	1/4	0:23:06
37	988	Vikki Smith	Royton Road Runners	F	8/37	FV45	1/5	0:23:41
38	933	Stephen Senior	Middleton Harriers A.C.	M	30/52	MV60	2/8	0:24:04
39	795	Liam Quinn	Unattached	M	31/52	M	6/6	0:24:22
40	796	Ronnie Quinn	Royton Road Runners	M	32/52	MV60	3/8	0:24:23
41	799	Simon Bruce Lake	Royton Road Runners	M	33/52	MV60	4/8	0:24:26
42	964	Richard Mason	Rochdale Harriers & A.C.	M	34/52	MV55	4/5	0:24:40
43	791	Lennon Jackson	Clayton-le-Moors Harriers	M	35/52	MJ	2/3	0:24:53
44	915	Adam Kasporowicz	Andems Runners	M	36/52	MV50	8/14	0:24:59
45	914	Tom Kasporowicz	Road Runners Club	M	37/52	MV50	9/14	0:25:06
46	960	Peter O'Gorman	Rossendale Harriers	M	38/52	MV55	5/5	0:25:08
47	798	Rose Rowson	Rochdale Triathlon Club	F	9/37	FV55	1/2	0:25:10
48	800	George Meynell	Royton Road Runners	M	39/52	MV70	1/2	0:25:14
49	965	Jillian Hickson	Royton Road Runners	F	10/37	FV40	2/6	0:25:17
50	974	Gemma Lord	Unattached	F	11/37	FV50	3/8	0:25:21
51	904	Simon Howard	Royton Road Runners	M	40/52	MV45	9/9	0:25:25
52	902	Diane Allingan	Royton Road Runners	F	12/37	FV55	2/2	0:25:55
53	919	Jake Jackson	Oldham & Royton Harriers & A.C.	M	41/52	MJ	3/3	0:26:20
54	936	Virginia Lewin	Halifax Harriers	F	13/37	FV65	1/3	0:26:21
55	953	Ian Digweed	Unattached	M	42/52	MV50	10/14	0:26:36
56	780	Gail Shaw	Royton Road Runners	F	14/37	FV50	4/8	0:26:43
57	910	Stephen Jones	Royton Road Runners	M	43/52	MV60	5/8	0:27:03
58	969	Debbie Fiddling	Royton Road Runners	F	15/37	FV50	5/8	0:27:06
59	927	Jill Heywood	Royton Road Runners	F	16/37	FV45	2/5	0:27:44
60	781	Martina Naismith	Royton Road Runners	F	17/37	FV40	3/6	0:28:01

