

Premiership		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)	
1	Rob James	11				25	25	25	25	25	25	25	25	25			25	25		225	
2	Shane Reading	17	25	25	25	22	24	20	19	23	23	19	21	24	25	24	23	22	23	218	
3	Chris Lowe	10				24		23	21		21	23	24			25	24	24	25	213	
4	Robert Fairbanks	14	21	23	19	20	22	21		20	18	21	20	22	24	21			24	199	
5	Nick Cuff	11				24	23	24	24	22	20	22			21	16		18	17	198	
6	Dave Emanuel	16	24	24	23	15	15	15	17	21		14	10	21	23	17	21	13	19	193	
7	Shaun Armstrong	13	15		20	19	21	17	18		14	18	22			19	22	21	21	183	
8	Owen Flage *	10	22			17	18	14	22	24	19			23	19		17			181	
9	Ian Dale	15	17	19	22	18	20	16	13		11	17	16	19	18	22		15	20	175	
10	Bernie Goodwin	15	13	22	21	14		13	15		13	15	13	17	20	18	18	17	18	166	
11	Neil Brock	10	19	18	18		17		12	18	17			19	22		16			164	
12	Dave Peart	11	16	20	24				11	19	15		14	15		14	19	16		158	
13	Jennifer Bloor	11	18	17		13			14		12	16	12	20	17	15		19		149	
14	Rob Battye	6				21		22			22	24	17					23		129	
15	Dave Freer	9	12	16		12	16	12		17			9	14		13				121	
16	Michael Harrison	7	20			16	19	19	20		16		8							118	
17	Daniel McManus	5	23	21					16			20	23							103	
18	Michael Pickering	4											19			23	20	20		82	
19	Richard Cummins	3											18			20			22	60	
20	Paul Joyce	2							23		24									47	
21	Alan Bodell	2						18					15							33	
22	Dan Yarwood	2	14															14		28	
23	David McBride	2											11	16						27	

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Championship		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Michael Fleming	11				25	25	25	25		24	24	25	23		24	24	24		221
2	Brad Howard	9				24		24			22	25	24	25		23	23	23		213
3	Jarrold Gritt	9				23					19	19	23	21		25	25	25	25	205
4	Kirsty White	11		24		19	23	20	21		21	22	22	22	24			20		199
5	Bryan Lawton	10	23		24	22	24	21	22		20	21		20					21	198
6	Mark Wilde	8	25		25				24	25	25			24	25				23	196
7	David Hall	8				20		22	23	24	23	23	21					22		178
8	Ronnie Garrod	8	24			21		19	19		18		20					18	22	161
9	Richard Fiddling	6		25				23		23		20						21	24	136
10	Barry Greaves	2				18												19		37
11	Brian Moore *	1							20											20

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Group 1		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Eamonn Nolan	11				25	19	24	24	25	25	25	25	25	24		23			222
2	Elliot Stone	11	25			23	23	23	23			24	24	24	25	25			25	218
3	Matthew Kershaw	9				24	24	25	25			23	23	23		24	22			213
4	Matthew Kilburn	15			25	21	22	21	19	24	24	19	18	21	22	23	24	25	23	212
5	Lee Higginbottom	17	24	25	24	22	25	20	22	22	22	22	22	17	20	20	20	23	20	209
6	Rob Marsden	11				20	21	19		23	19	21	19	19	21	22			24	190
7	Jason Keast	13	23		21	18	20		21	20	20		17	20		19	19	24	21	190
8	Stuart Hulme	7						22	20	21	21	20	20	18						142
9	Andy Schofield	6			23						18	18		22	23	21				125
10	John Williamson	5						18	18		23						21		22	102
11	Bernie Cassidy	6				16		16	17		17	17	16							99
12	Alan Reynolds	4				19		17					21				25			82
13	Andy Hayhurst	3		24	22	17														63
14	Jimmy Beadman	1	22																	22
15	Mike Bundy	1							16											16

Rob Marsden placed above Jason Keast on the basis of criteria 1 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Group 2		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cown 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Carl O'Callaghan	15	25	22	25	25		25	25	25	25	25	25	25	25	25		25	25	225
2	Debbie Shaw	16	24	25	24	22		24	24	23	24	24	24	24	24	24	25	23	23	218
3	Ronnie Quinn	14	23	21		24	24	22			20	21	21	23	21	23	24	20	19	205
4	John Higgins	9				23	25	23	23		23	20	23	21		22				203
5	Garry Bower	17	19	18	20	21	23	18	22	22	21	22	22	19	20	20	20	18	20	193
6	Natalie Fitzpatrick	9				20	22	21	20		22	18		22		21	23			189
7	Rochelle Evans	12	18	20		19		15	19		19	19		20	23	18	21		21	181
8	Neil Farrell	8		23	22			17						18	22		22	22	18	164
9	Martin Jones	8	17		19	17			17	21	15		18					15		139
10	Dave Phillips	8				13	21	14	18		18	17	19					17		137
11	Stewart Jones	7	22	19							17		17		19			21	22	137
12	Debbie Fiddling	5						19		24		23						24	24	114
13	Chris Eavers	5		24	23	16		20											17	100
14	Mark Heaney	5	20						16		16			17		19				88
15	Simon Bruce Lake	4	21			18		16	21											76
16	Adam Stirling	4	15			14									18	17				64
17	Gary Smith	4	16			15												16	16	63
18	David Crewe	3			21								20					19		60
19	Paul Leech	2	14		18															32

Dave Phillips placed above Stewart Jones on the basis of criteria 1 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Group 3		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cown 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Michael Wildbore	10				24		22	20		25	25	25	25	24	25		25		220
2	Janet Jobey	13	24	25		21		24	23		23	23	22		25	24	25	24	25	219
3	Valerie Kilburn	13			25	22	25		22		21	21	19	22	23	23	24	23	24	211
4	Mark Brynes	8	25			25		25	25		24	24	24	24						196
5	Simon Howard	13			20	20	22	20	18			17	17	18	19	20	22	21	21	185
6	Adrian Marshall	8				23	24	23	24		22	22	23	23						184
7	Damian Mercer	9	21			19	21	19			20	20		19	21			16		176
8	Steve Shaw	8			22		23				19	19	20	21	22		23			169
9	Ray Williams	9				18	19	18	17		18	18	18				20	22		168
10	Dave Watt	11	20			16		17	16	25		16	14	16	20		19	19		168
11	Tony Kane	8	22		21								16	17		22	21	18	22	159
12	Helen Radcliffe	7				17	20				17			20		21		17	23	135
13	James Wright	6		24	24		18		21									20	20	127
14	Iain Dredge	3						21	19				21							61
15	Chris Nicholson	2	23	23																46
16	John Sweeney	2			23								13							36
17	Helen Knight	1											15							15

Ray Williams placed above Dave Watt on the basis of criteria 1 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Group 4		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Nicholas Mallon	10				25	24	24	21		24	25	25	25			25	25	25	222
2	Paul Cooke	13				24	22	21	25	25	25	24	23	24		24	24	23	24	219
3	Vikki Smith	10		24						22	20	23	24	23	25		25	24	23	213
4	Selina McLean	13	25	25		21		23	24	23	21	22		22	23	23		22	22	210
5	Stephen Rogowskyj	12	21			23	23	20	22	24	23	21	21			22		21	19	200
6	Rebecca Mercer	10	24			20		22	23		22	20	20	21	24			18		196
7	Clare Darraugh	9	23		21	16	21	17	20		19		22						20	179
8	Susan Heaney	10	20		22	18		19	16		17			18	21	20	21			176
9	Margaret Bluer	10				14	19	15	19	21	18	19	19		22	21				173
10	Ben Ruscillo	9	19			15		16	18		16	18	16	20		19				157
11	Teresa Hollins *	7		23					17		14	17	17				20	20		128
12	James Cashin	4				22	25	25								25				97
13	Paul Craddock	4			23								15	17	20					75
14	Ben Lawton	4	22			19		18			15									74
15	Kevin Kennedy	3															23	19	21	63
16	George Meynell	3			24	17	20													61
17	Rachel Wood	3				13							18	19						50
18	Julie Greenwood	1			25															25
19	Dave Smith	1															22			22

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Group 5		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Lisa Howarth	12	25			25	25	25	25	25	24		24	24	25			20	23	223
2	Adrian Bowcock *	14	22	25	25	23	21	23	20		18	24	21	20	23		25	24		214
3	Chloe Clegg	10	24				23	24	23		23			23	24	22		21	24	210
4	Stephen Jones	10	23		24	22	24	22	24		22					24	24	22		209
5	Lisa Cummins	9					20		21		21	23	22	22		25		25	25	204
6	Jillian Heywood	12				20	19	20	19	24	19	22	19	21	22			23	22	193
7	Diane Allingan	5				24					25	25	25	25						124
8	Rachael Kilburn	5				21	22		22		20					23				108
9	Eloise Bartlett	5	21			19	18				17	21								96
10	Neil Barker	3			23			21					20							64
11	Linda Isherwood	1											23							23
12	Eileen Ingham	1			22															22

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Group 6		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5K Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Jenny O'Callaghan	11				22		25	17		20	23	22	24	25	24		25	23	213
2	Anne Jones	12	24		25	23	25	24	21	25	19					21	22	21	21	210
3	Niparun Nessa	11	23	25	24		24	22		23			8			20	21	19	16	201
4	Bernadette Ball	12	18			15	21		19		18	21	15	23		22	23	22	22	191
5	Liz Phillips	7	25			24			22		22	25	24	25						167
6	Amanda Lane	9	21		22	17	19	19			14	19	9		20					160
7	Sharon Dracup	8	14			14	23	21			16				22		24		14	148
8	June Allingan	8				18	18	20	15		15		14	20	21					141
9	Angela Rogowskyj	12	11			10	15	16	12	21	11	17	4			19		14	15	140
10	Carol Robinson	8	15			16	17		14	22				19				18	18	139
11	Amanda Richardson	6				20		23	20		21		16	22						122
12	Stacey Andrew	6			21				18			22	17				25		19	122
13	Sheila Phillips	8	13			11	16	18	13		13	18	3							105
14	Karen Stuttard *	6	19			21			16			20	7					15		98
15	Brian Swindells	6	20			12	20				17		5						24	98
16	Gail Shaw	4									24	24		18					25	91
17	Chris Whiteman	4							25		23		21					20		89
18	Mary Freer	4	17			19	22			24										82
19	Emma Wall	3									23					25				71
20	Tracey Hall	3	22										20						17	59
21	Gary Marshall	2				25							25							50
22	Sally Wood	2							24		25									49
23	Fiona O'Sullivan	2												21				24		45
24	Claire Timms	2																23	20	43
25	Emma Bower	3	16			13							10							39
26	Joanne Webb	2											13			23				36
27	Sarah Butler	2											11		24					35
28	Wendy Leech	2	12		23															35
29	Natalie Yates-Bolton	1													23					23
30	Peter Boulton	1											19							19
31	Cindy Carroll	1											18							18
32	Louise Gilchrist *	1						17												17
33	Tansy Wilson	1																17		17
34	Charlotte Chadwick	1																16		16
35	Jacqueline Eatough	1											12							12
36	Ann Leyland	1									12									12
37	Nicola O'Connor	1											6							6
38	Monica Allen	1											2							2

Amanda Ruchardson placed above Stacey Andrew on the basis of criteria 2 below.

Karen Stuttard placed above Brian Swindells on the basis of criteria 1 below.

Sarah Butler placed above Wendy Leech on the basis of criteria 4 below.

Louise Gilchrist placed above Tansy Wilson on the basis of criteria 4 below.

Jacqueline Eatough placed above Ann Leyland on the basis of criteria 4 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Ladies		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5K Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Jennifer Bloor	11	50	50		50			50		50	50	50	50	50	50		50		450
2	Kirsty White	11		49		49	50	50	49		49	49	49	49	49			49		443
3	Debbie Shaw	16	49	48	50	48		49	48	49	48	48	48	48	47	48	49	47	48	438
4	Janet Jobey	13	48	47		46		48	47		47	47	47		48	49	50	46	50	434
5	Valerie Kilburn	13			49	47	49		46		45	45	46	46	46	47	48	45	46	424
6	Natalie Fitzpatrick	9				45	48	47	45		46	43		47		46	47			414
7	Rochelle Evans	12	47	46		44		43	44		44	44		45	45	45	46		47	409
8	Vikki Smith	10		44						47	41	42	45	44	44		45	44	45	400
9	Selina McLean	13	46	45		43		45	43	48	42	40		41	42	43		43	43	399
10	Rebecca Mercer	10	45			42		44	42		43	39	41	40	43			40		380
11	Lisa Howarth	12	43			41	45	42	41	45	39		40	39	39			36	40	376
12	Clare Darraugh	9	44		46	37	46	39	40		38		43						39	372
13	Susan Heaney	10	41		47	39		41	37		36			35	40	40	44			365
14	Margaret Bluer	10				36	42	38	39	46	37	38	39		41	41				361
15	Chloe Clegg	10	42				44	40	36		35			38	38	38		37	41	354
16	Lisa Cummins	9					41		34		33	37	36	37		42		39	42	341
17	Anne Jones	12	39		44	32	40	35	30	43	24					33	39	31	34	339
18	Niparun Nessa	11	38	42	43		39	33		41			19			32	38	30	29	336
19	Jillian Heywood	12				31	38	37	21	44	30	34	33	34	37			38	37	332
20	Jenny O'Callaghan	11				30		36	26		25	32	31	32	36	36		35	36	304
21	Bernadette Ball	12	33			22	35		28		23	30	26	31		34	40	32	35	298
22	Helen Radcliffe	7				40	47				34			42		44		41	44	292
23	Teresa Hollins *	7		43					38		32	36	35				43	42		269
24	Amanda Lane	9	35		41	24	34	30			20	28	20		31					263
25	Angela Rogowskyj	12	26			18	29	27	20	39	17	25	16			31		25	28	250
26	Sharon Dracup	8	29			21	37	32			22				33		41		27	242
27	Debbie Fiddling	5						46		50		46						48	49	239
28	Carol Robinson	8	30			23	31		23	40				27				29	31	234
29	Liz Phillips	7	40			33			31		27	35	34	33						233
30	June Allingan	8				25	32	31	24		21		25	28	32					218
31	Diane Allingan	5				38					40	41	44	43						206
32	Stacey Andrew	6			40				27			31	28				42		32	200
33	Sheila Phillips	8	28			19	30	29	22		19	26	15							188
34	Rachael Kilburn	5				35	43		35		31					39				183
35	Amanda Richardson	6				27		34	29		26		27	30						173
36	Karen Stuttard *	6	34			28			25			29	18					26		160
37	Eloise Bartlett	5	37			29	33				16	27								142
38	Mary Freer	4	32			26	36			42										136
39	Gail Shaw	4									28	33		26					38	125
40	Rachel Wood	3				34							37	36						107
41	Emma Wall	3							32				32			37				101
42	Tracey Hall	3	36										30						30	96
43	Emma Bower	3	31			20							21							72
44	Wendy Leech	2	27		42															69
45	Claire Timms	2																33	33	66
46	Fiona O'Sullivan	2											29					34		63
47	Sally Wood	2							33		29									62
48	Joanne Webb	2											24			35				59
49	Sarah Butler	2											22		35					57
50	Julie Greenwood	1			48															48

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Ladies - continued		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)		
51	Eileen Ingham	1			45																45	
52	Helen Knight	1											42									42
53	Linda Isherwood	1											38									38
54	Natalie Yates-Bolton	1													34							34
55	Cindy Carroll	1											29									29
56	Louise Gilchrist *	1						28														28
57	Tansy Wilson	1																		28		28
58	Charlotte Chadwick	1																			27	27
59	Jacqueline Eatough	1											23									23
60	Ann Leyland	1									18											18
61	Nicola O'Connor	1											17									17
62	Monica Allen	1											14									14

Louise Gilchrist placed above Tansy Wilson on the basis of criteria 4 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Male Over 40's		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5K Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cown 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)	
1	Chris Lowe	10				25		25	24		23	24	25			25	25	25	25	223	
2	Shane Reading	17	25	25	25	24	25	23	23	24	25	23	24	25	25	24	24	23	24	223	
3	Owen Flage *	10	24			22	24	22	25	25	22			24	24		23			213	
4	Carl O'Callaghan	15	22	24	24	19		18	21	23	20	20	19	20	22	22		21	23	202	
5	Elliot Stone	11	23			20	23	20	22			21	20	21	23	23			22	198	
6	Brad Howard	9				21		21			21	22	22	23		21	21	22		194	
7	Ronnie Garrod	8	21			18		17	19		18		18					20	21	152	
8	Rob Battye	6				23		24			24	25	23					24		143	
9	Stewart Jones	7	20	23							17		17		21			19	19	136	
10	John Williamson	5						19	20		19						22		20	100	
11	Paul Craddock	4			22								15	19	20					76	
12	David McBride	2											21	22						43	
13	John Sweeney	2			23								16							39	
14	Mike Bundy	1							18											18	

Chrs Lowe placed above Shane Reading on the basis of criteria 1 below.

- Criteria order for separating runners on equal points are as follows:
- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
 - 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Male Over 45's		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cown 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Bernie Goodwin	15	24	25	24	25		25	25		24	25	24	25	25	25	24	25	25	225
2	Dave Peart	11	25	24	25				22	25	25		25	24		24	25	24		222
3	Matthew Kilburn	15			23	23	24	23	23	23	23	23	22	22	23	23	23	22	23	208
4	Dave Freer	9	23	22		24	25	22		22			23	21		21				203
5	Jason Keast	13	22		21	22	23		24	21	22		21	20		20	22	20	21	198
6	Garry Bower	17	21	20	20	21	22	21	21	20	20	21	20	19	22	19	20	19	20	189
7	Simon Howard	13			18	20	21	20	19			20	19	18	21	18	21	21	19	182
8	Richard Fiddling	6		23				24		24		24						23	24	142
9	Andy Schofield	6			22						21	22		23	24	22				134
10	James Wright	6		21	19		20		20									18	18	116
11	Colin Green	1																	22	22
12	Jimmy Beadman	1	20																	20

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Male Over 50's		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Dave Emanuel	16	25	25	25	24	23	23	25	25		24	21	25	25	23	25	24	23	224
2	Ian Dale	15	23	24	24	25	25	24	24		24	25	24	24	23	25		25	24	221
3	Neil Brock	10	24	23	23		24		23	24	25			24	24		21			214
4	Eamonn Nolan	11				23	21	22	21	22	22	23	22	22	22		24			202
5	Bryan Lawton	10	22		22	22	22	20	20		21	21		21					22	193
6	Paul Cooke	13				20	18	16	16	21	19	18	17	20		21	19	19	21	178
7	David Hall	8				21		21	22	23	23	22	20					23		175
8	Neil Farrell	8		22	21			19						18	21		22	21	20	164
9	Stephen Rogowskyj	12	18			16	19	15	14	20	18	17	15			20		18	17	163
10	Steve Shaw	8			20		20				17	19	19	19	20		23			157
11	Adrian Bowcock *	14	16	21	19	13	16	12	12		13	14	13	15	19		17	15		152
12	Ray Williams	9				14	17	14	15		16	16	16				20	20		148
13	Ben Ruscillo	9	17			12		13	13		14	15	14	16		19				133
14	Bernie Cassidy	6				17		18	18		20	20	18							111
15	Mark Heaney	5	20						11		15			17		22				85
16	Richard Cummins	3											25			24			25	74
17	Simon Bruce Lake	4	21			19		17	17											74
18	Gary Smith	4	19			15												16	18	68
19	Kevin Kennedy	3															18	17	19	54
20	Alan Bodell	2						25					23							48
21	Neil Barker	3			18			11					12							41
22	Barry Greaves	2				18												22		40
23	Paul Leech	2	15		17															32
24	Brian Moore *	1							19											19

Richard Cummins placed above Simon Bruce Lake on the basis of criteria 3 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Male Over 60's		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cown 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)	
1	Ronnie Quinn	14	25	24		25	24	24			24	25	24	25	25	25	25	25	25	25	225
2	John Higgins	9				24	25	25	25		25	24	25	24		24					221
3	Stephen Jones	10	23		22	20	22	21	23		22					22	22	22			199
4	Tony Kane	8	24		23								22	23		23	24	23	24		186
5	Dave Phillips	8				22	23	22	24		23	23	23						24		184
6	Brian Swindells	6	22			19	20				21		20							22	124
7	Chris Eavers	5		25	25	23		23												23	119
8	George Meynell	3			24	21	21														66
9	Dave Smith	1															23				23
10	Peter Boulton	1											21								21

Criteria order for separating runners on equal points are as follows:
1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Female Over 35's		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Kirsty White	11		25		25	25	25	25		25	25	25	25	25			25		225
2	Janet Jobey	13	25	24		24		24	24		24	24	24		24	25	25	24	25	220
3	Natalie Fitzpatrick	9				23	24	23	23		23	22		24		24	24			210
4	Rochelle Evans	12	24	23		22		21	22		22	23		23	23	23	23		24	208
5	Vikki Smith	10		21						24	20	21	23	22	22		22	23	23	201
6	Selina McLean	13	23	22		21		22	21	25	21	20		20	21	21		22	21	198
7	Clare Darraugh	9	22		25	19	22	20	20		19		22						20	189
8	Jenny O'Callaghan	11				17		19	16		15	18	19	18	20	19		20	19	169
9	Amanda Lane	9	20		24	15	20	18			14	17	15		18					161
10	Helen Radcliffe	7				20	23				18			21		22		21	22	147
11	Carol Robinson	8	18			14	19		15	22				17				18	17	140
12	Liz Phillips	7	21			18			17		16	19	21	19						131
13	Mary Freer	4	19			16	21			23										79
14	Emma Wall	3							18				20			20				58
15	Claire Timms	2																19	18	37
16	Sally Wood	2							19		17									36
17	Sarah Butler	2											16		19					35
18	Cindy Carroll	1											18							18
19	Jacqueline Eatough	1											17							17
20	Tansy Wilson	1																17		17
21	Charlotte Chadwick	1																16		16
22	Nicola O'Connor	1											14							14
23	Ann Leyland	1									13									13

Jacqueline Eatough placed above Tansy Wilson on the basis of criteria 4 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Female Over 45's		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allington Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Debbie Shaw	16	25	25	25	25		25	25	24	25	25	25	25	25	25	25	24	24	225
2	Valerie Kilburn	13			24	24	25		24		24	23	24	24	24	24	24	23	23	217
3	Susan Heaney	10	24		22	23		23	23		23			22	23	22	23			206
4	Lisa Cummins	9					24		22		22	22	21	23		23		22	22	201
5	Jillian Heywood	12				22	23	22	19	23	21	21	20	21	22			21	20	196
6	Angela Rogowskyj	12	19			18	21	19	18	22	17	18	15			20		19	18	174
7	Sharon Dracup	8	21			19	22	20			18				20		22		17	159
8	Debbie Fiddling	5						24		25		24						25	25	123
9	Amanda Richardson	6				20		21	21		19		18	20						119
10	Karen Stuttard *	6	22			21			20			19	16					20		118
11	Gail Shaw	4									20	20		19					21	80
12	Tracey Hall	3	23										19						19	61
13	Wendy Leech	2	20		21															41
14	Joanne Webb	2											17			21				38
15	Julie Greenwood	1			23															23
16	Helen Knight	1											23							23
17	Linda Isherwood	1											22							22
18	Natalie Yates-Bolton	1													21					21

Julie Greenwood placed above Helen Knight on the basis of criteria 4 below.

Criteria order for separating runners on equal points are as follows:

- 1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
- 3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)

Female Over 55's		No. Of Races Completed	The Southport Mad Dog 10K	Oulton Park ½ Marathon	Dentdale Run	Littleborough 5k Road Race Series	Ray Shaw & June Allingan Trail 5K	Ian Casey Memorial Cowm 5K Race	Milltown Oldham 7K	Huddersfield ½ Marathon	Milltown Oldham 10K	Rochdale 10K	Royton Trail	Mossley 10K	Prudent Riverside 10	Middleton 10K	Rochdale ½ Marathon	Mill Town to Moors ½ Marathon	Derwentwater 10	Total (Best 9 Races To Count)
1	Margaret Bluer	10				24	25	25	25	25	24	24	24		25	25				222
2	Anne Jones	12	25		24	23	24	24	23	24	22					23	23	23	24	214
3	Bernadette Ball	12	24			21	23		22		21	22	22	24		24	24	24	25	212
4	June Allingan	8				22	22	23	21		20		21	23	24					176
5	Teresa Hollins *	7		25					24		23	23	23				25	25		168
6	Sheila Phillips	8	23			20	21	22	20		19	21	20							166
7	Diane Allingan	5				25					25	25	25	25						125
8	Eileen Ingham	1			25															25
9	Louise Gilchrist *	1						21												21
10	Monica Allen	1											19							19

Criteria order for separating runners on equal points are as follows:
1 - Superior Head-to-Head record, 2 - If Head-to-Head record equal, lowest cumulative time in Head-to-Head races
3 - Higher points per race average (all races taken into account), 4 - Faster average pace per mile (all races taken into account)